



Find a *Free Quit* Program That's Right for YOU!



Young Adults (18-25)

Locations: City-wide
Sponsor: Drexel University
Community Relations
Phone # (215) 255-7894

Chinese-Speaking Adults

Locations: City-wide
Sponsor: SEAMAAC
Phone # (215) 467-0690

Spanish-Speaking Adults

Locations: City-wide
Sponsor: Concilio
Phone # (215) 627-3100

Health Center-Based

Locations: Various locations
Sponsor: Health Federation
of Philadelphia
Phone # (215) 246-5584

Jobless Adults

Locations: Various locations
Sponsor: Temple University Health
Behavior Research Clinic
Phone # (215) 204-6251



The Outline provides phone-based counseling and information about other quit smoking programs.

Free Pennsylvania Quitline: 1-800-QUIT-NOW

For more information about quitting smoking,
log on to: www.smokefreephilly.org

GET HEALTHY PHILLY



COMMUNITIES
PUTTING PREVENTION
TO WORK

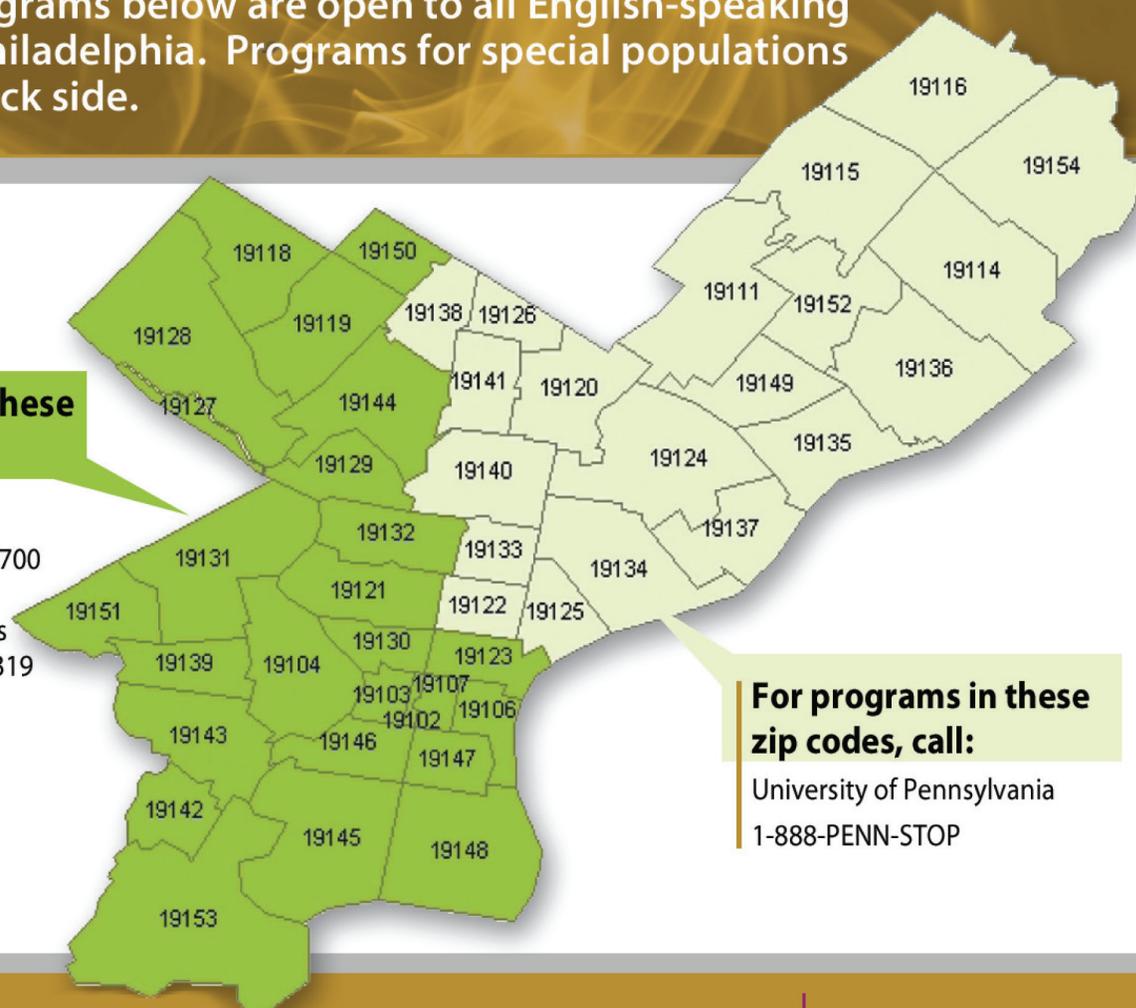
All programs listed are free. Programs are supported by the Philadelphia Department of Public Health and the Pennsylvania Department of Health.

Ready to Quit Smoking?

Call to find out more about a **FREE** quit program near you.



The free quit programs below are open to all English-speaking adults (18+) in Philadelphia. Programs for special populations appear on the back side.



For programs in these zip codes, call:

Mercy Hospital of Philadelphia (215) 748-9700

National Nursing Centers Consortium (267) 765-2319

For programs in these zip codes, call:

University of Pennsylvania
1-888-PENN-STOP

Want Extra Support?

SmokeFree Philly programs also offer monthly support groups. Groups are open to former smokers and people who are trying to break the addiction. Get support from people who know what it feels like to quit smoking!



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