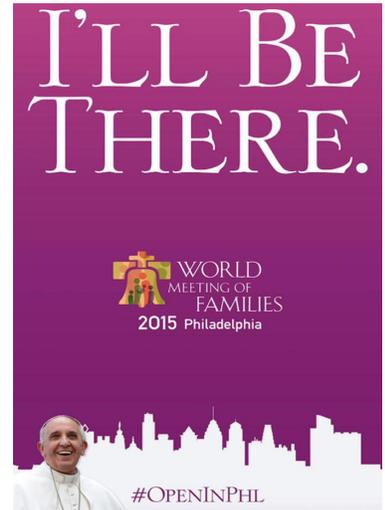


2015 World Meeting of Families Papal Visit

- Pope Francis will be in Philadelphia from **Saturday, Sept. 26th through Sunday, Sept. 27th**. *Over a million extra visitors are expected to be in the City that weekend to enjoy the festivities.*
- Many stores plan to be open. However, it may be easier to bring your own items to avoid crowds and long lines. Check the City's website for a map of convenience stores within the Francis Festival grounds.
- **The Papal Visit will affect the travel of people who visit, live and work in certain areas of the City.**



Will you be **staying in Philadelphia** during the Papal Visit?
If so, **MAKE YOUR PLANS TODAY** to enjoy the festivities safely:

- **PILGRIMS SHOULD BE PREPARED TO WALK AT LEAST 1.5 MILES, WHICH MAY TAKE 20 MINUTES TO WALK.** Sections within the Francis Festival grounds will be closed to vehicles. Plan to wear comfortable shoes. If you normally use a walker, cane, or crutches, think about using them for this trip.
- **KEEP YOUR BATTERIES CHARGED.** Charge up the batteries of your cell phones and any powered equipment you use (such as wheelchairs, oxygen concentrators, or communication devices). Plan to **bring chargers for your cell phone and equipment** if you will be traveling within Philadelphia.
- **PRINT AND FILL OUT A HEALTH INFORMATION CARD.** This will help first responders assist you in an emergency. Be sure to include all your current health information (medications and conditions, doctors, etc.). You can find the Health Information Card online at http://www.phila.gov/health/pdfs/PDPH_Web_HealthInfoCard.pdf.
- **PACK PLENTY OF MEDICATIONS AND MEDICAL SUPPLIES.** Think about your needs for the following:
 - Medications • Inhalers • EpiPens® • Nutritional supplements • Medical alert bracelet
 - Diabetes supplies • Oxygen supplies
- **PACK A SMALL FIRST AID KIT.** Plan to bring it with you to treat minor cuts, scrapes, or blisters.
- **PACK SOME HAND SANITIZER.** There may not be many places where you can wash your hands.
- **PACK WATER AND SNACKS.** Pack small bottles of water and non-perishable snacks to take with you. Include foods with protein and carbohydrates.
- **PACK SUPPLIES FOR YOUR FAMILY AND SERVICE ANIMALS.** Consider their clothing, food, water, toiletry, safety, and entertainment needs.

IMPORTANT: TALK WITH YOUR HEALTHCARE PROVIDERS (especially if you have any chronic conditions). Ask if they will be open or available to you during the Papal Visit. Ask if they have recommendations to help keep you healthy during the visit.

Will you be going to the Parkway or Independence Mall to hear the Pope speak?
If so, **PUT YOUR PLANS INTO ACTION** to stay safe and healthy:

- **WEAR COMFORTABLE SHOES AND CLOTHING.** Wear sunblock and weather-appropriate clothing. Wear diabetic shoes or loose-fitting socks if recommended by your doctor.
- **TALK WITH YOUR FAMILY ABOUT WHAT TO DO IF YOU ARE SEPARATED.** Wear something bright or distinctive that will help people in your group find you easily. Use the “buddy system” (travel in pairs). Bring a map. Include watches, cell phones, maps, and meeting points in your plan. Be sure to charge phones in advance.

While on the Ben Franklin Parkway, look for Location Markers. The markers are posted along the Parkway to clearly and easily identify a location or section by letter and number, such as CD-2. These Location Markers can help you find people in your group easily.



- **BRING A LIGHT-WEIGHT BLANKET TO SIT ON.**
- **BRING A ONE-DAY SUPPLY OF PERSONAL MEDICATIONS, MEDICAL SUPPLIES, AND EQUIPMENT.**
 - If you are diabetic, bring any supplies you need:
 - Testing supplies
 - Cool packs
 - Candy or glucose tabs
 - Insulin vials and syringes
 - If you use any electronic devices for communication or mobility, be sure to bring extra batteries and charging equipment.
- **BRING HAND SANITIZER, WATER AND SNACKS.**
- **BRING YOUR COMPLETED HEALTH INFORMATION CARD FOR EACH MEMBER OF THE FAMILY.**
- **BRING ANY NEEDED COMFORT OR ENTERTAINMENT ITEMS, LIKE A FAVORITE STUFFED ANIMAL OR EVEN A BOOK .** These are important for children and people with mental health or cognitive challenges.

PLEASE REMEMBER:

- Hard coolers **ARE NOT** allowed on the Ben Franklin Parkway or Independence Mall.
- Soft-sided thermal coolers **ARE** allowed.
- Backpacks and bags larger than 18” x 13” x 7” **ARE NOT** allowed.



PRACTICE CROWD SAFETY.

- ⇒ Be aware of your surroundings at all times.
- ⇒ Do not wear any dangling items that could become tangled or pulled.
- ⇒ Try to walk around crowds (not through them).
- ⇒ If you are caught in a tight crowd:
 - * Stay on your feet. Do not sit down or bend over to pick anything up. You might get stepped on!
 - * If you fall, get back on your feet right away.
 - * Move with the flow and work your way towards the edge of the crowd.
 - * Bend or raise your arms to maximize your height and personal space.

Go to these **websites** for up-to-date **INFORMATION** about the Papal visit:

<http://www.phila.gov/InformationCenters/pope/Pages/default.aspx>

<http://www.worldmeeting2015.org/>

<http://www.visitphilly.com/events/philadelphia/world-meeting-of-families-2015-philadelphia/>