

Stressed?

Tense?

Anxious?

Burnt Out?

The Philadelphia Prison System provides a wide variety of free confidential services that help employees resolve personal and work-related problems.

Contact us if you have questions or would like to schedule an appointment, please call:



Capt. John Hudson (Employee Assistance Professional) specializing in:

- Critical Incident Stress Debriefing
- Substance Abuse
- Relationship Issues
 - Family
 - Marital
- Behavioral Health
- Grief Counseling
- Illness in the family

Contact Number: **(215) 685-8265**

Phyllis Taylor, Chaplain **(215) 685-8512**



Or, you can contact the primary care provider of your health plan and ask for a referral.