



# PHILADELPHIA PARKS & RECREATION

## 2017 Summer Rowing Camp at Lloyd Hall



### **Rowing is fun... Friends, Fitness, Fantastic!**

Have you ever dreamed of rowing on the river? Are you interested in learning how to row? Well, here is a great opportunity for local teenagers to do just that.

Philadelphia Parks & Recreation will offer four (4) two-week sessions, for youth ages 13 to 17 years old, beginning on Monday, June 26, 2017. Encampments are \$25 per session. **(Please make checks payable to Lloyd Hall Advisory Council.)** During each session, campers will be taught the basics of the sport. Camp is held at Lloyd Hall on historic Boathouse Row. The camp hours are 9 a.m. to 3 p.m. Breakfast and a snack will be provided. Campers must bring their own lunch.

Safety is a top priority; we emphasize and teach personal safety to each camper through lessons on equipment handling, equipment maintenance and boat/water safety. Camp staff is comprised of veteran Crew Coaches, experienced rowers and certified Lifeguards.

Campers must be able to:

- **Swim and pass a swimming test on the first day of camp.**
  - **This test includes swimming multiple laps & treading water**
- **Be physically fit and able to participate in running and exercise drills.**
  - **Please note: 1-3 mile runs are common during a camp week. (Usually every other day is a 'run day') Some other activities include: Rowing Machines Challenges, running of the Art Museum Stairs, Volleyball, Yoga, dodge- ball & a variety of different gym activities**
- **Participate in other camp activities when not on the river.**
  - **A tour of Boathouse Row, The Fairmount Waterworks**
  - **Guest Speakers**

Every day, campers should bring the following: a bathing suit, sunscreen, and a towel. Campers should wear old summer clothing and old sneakers. Hats or sun visors are optional but highly recommended. **The camper can pack a lunch or lunch can be purchased at Cosmic Café located at Lloyd Hall.**

There will be space to secure personal items but Campers should not bring jewelry, portable electronic devices, or any valuables that could be lost, stolen, or dropped in the water. Philadelphia Parks & Recreation is not responsible for the loss of any such items under any conditions.

**IMPORTANT: Your child must complete the swim test (1<sup>st</sup> day of the session) before being allowed on the river. Please make sure the child has a bathing suit for the first day of camp.**

# Register Now!

We have a limited number of spots available and applications are processed in the order that they are received...so apply early!

**Please note: If your child has attended this camp in the past, they may not attend again, except if the camper was 13 years old during the 2016 camp.** This is to ensure that as many children as possible can have the Rowing Camp experience.

**Classes are \$25.00 per session. Campers may register for one session only.**

Please place a 1 by the session you wish to attend, a 2 by your second choice, and a 3 by your third choice:

\_\_\_ Session 1: June 26<sup>th</sup> – July 7<sup>th</sup>\*                      \_\_\_ Session 2: July 10<sup>th</sup> – July 21<sup>st</sup>

\_\_\_ Session 3: July 24<sup>th</sup> – August 4<sup>th</sup>                      \_\_\_ Session 4: August 7<sup>th</sup> – August 18<sup>th</sup>

**\*No camp Tuesday, July 4, 2017 (Independence Day Observed)**

**IMPORTANT: If you have an email address, please be sure to include it on the application.**

**\*\*A COPY OF BIRTH CERTIFICATE IS REQUIRED WITH APPLICATION\*\***

**Rowers will not be registered without first submitting a copy of a birth certificate or passport**

*IMPORTANT: Keep page 1 for your records and send all other pages and checks made payable to Lloyd Hall Advisory Council to:*

**2016 Summer Rowing Camp  
Lloyd Hall, 1 Boathouse Row  
Philadelphia, PA 19130**

Please email [lloydhall.staff@gmail.com](mailto:lloydhall.staff@gmail.com) with any questions.

## **Additional rowing opportunities for select campers who have completed the LLOYD HALL Rowing Camp:**

In partnership with Philadelphia Parks and Recreation, St. Joseph's University will conduct 3 one-week camps starting July 11th with sessions running from 9 a.m.-12 p.m. daily. Please note that only campers who have completed current or previous LLOYD HALL Rowing Camps are eligible for these encampments.

Please indicate which session would be your first preference:

\_\_\_ July 10<sup>th</sup> - July 14<sup>th</sup>                      \_\_\_ July 17<sup>th</sup>-July 21<sup>st</sup>                      \_\_\_ July 24<sup>th</sup> - July 28<sup>th</sup>

**For friends and family:**

Philadelphia Learn to Row and Paddle Day: 2017 TBD



# YOUTH PARTICIPANT REGISTRATION FORM

<i>Staff only</i>
ID#
Date Enrolled

## Program & Enrollment Information

Facility Name	Program Name	Season / Year
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## Youth Participant Information

First and Last Name						Date of Birth				Age					
Residential Address						City				Zip					
Primary Language Spoken at Home						Gender		Is the participant of Hispanic, Latino, or Spanish Origin?				Yes	No		
Race (circle one)		Black/ African American		White/ Caucasian		Asian		American Indian/ Pacific Islander		Multi-racial					
Home Phone			Cell Phone			Email									
School Name						Student ID Number									
Grade (circle one)		K	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>	9 <sup>th</sup>	10 <sup>th</sup>	11 <sup>th</sup>	12 <sup>th</sup>	
Shirt Size (circle one)		Child's Small		Child's Medium		Child's Large		Adult Small		Adult Medium		Adult Large		Adult X-Large	Other

## Parent, Guardian and Emergency Contact Information

Contact 1				Check all that apply		
First & Last Name		Relationship		Caregiver <input type="checkbox"/>	Emergency Contact <input type="checkbox"/>	Authorized for Pick Up <input type="checkbox"/>
Email Address		Phone				
Contact 2				Check all that apply		
First & Last Name		Relationship		Caregiver <input type="checkbox"/>	Emergency Contact <input type="checkbox"/>	Authorized for Pick Up <input type="checkbox"/>
Email Address		Phone				
Contact 3				Check all that apply		
First & Last Name		Relationship		Caregiver <input type="checkbox"/>	Emergency Contact <input type="checkbox"/>	Authorized for Pick Up <input type="checkbox"/>
Email Address		Phone				
Contact 4				Check all that apply		
First & Last Name		Relationship		Caregiver <input type="checkbox"/>	Emergency Contact <input type="checkbox"/>	Authorized for Pick Up <input type="checkbox"/>
Email Address		Phone				



# YOUTH PARTICIPANT WAIVERS

## Dismissal

By signing below, I will allow my child to walk home by themselves.

<i>Signature of responsible party</i>	<i>Relationship</i>	<i>Date</i>

## Emergency Clause

In the event I cannot be reached in an emergency, I hereby give my permission to employees of the **Philadelphia Parks & Recreation** to secure proper medical care for my child as deemed necessary. This permission extends from minor first-aid treatment to (under a doctor's orders) hospitalization injections, anesthesia, and other medical procedures deemed necessary.

<i>Signature of responsible party</i>	<i>Relationship</i>	<i>Date</i>

## Media Release

I hereby grant permission to record my child's/ward's likeness and/or voice for use by television, films, radio or printed media to further the aims of **Philadelphia Parks & Recreation** in related campaigns and magazine articles, booklets, posters and in any other ways they may see fit.

<i>Signature of Responsible Party</i>	<i>Relationship</i>	<i>Date</i>

## Staff Alerts

*Please list any behavioral problems, diet restrictions, medical conditions, or any other important information for our staff to know.*


PHILADELPHIA PARKS & RECREATION ASSURES THAT ALL FACILITIES AND SERVICES ARE AVAILABLE FOR PUBLIC USE WITHOUT REGARD TO RACE, COLOR, RELIGION, ANCESTRY, SEX, AGE, DISABILITY, NATIONAL ORIGIN, SEXUAL OR AFFECTIONAL PREFERENCE OF MARITAL STATUS. IF ANYONE BELIEVES HE OR SHE HAS BEEN SUBJECTED TO DISCRIMINATION ON THESE BASES, HE/SHE MAY FILE A COMPLAINT ALLEGING DISCRIMINATION WITH EITHER THE PHILADELPHIA PARKS & RECREATION OR THE OFFICE FOR EQUAL OPPORTUNITY, U.S. DEPARTMENT OF INTERIOR, WASHINGTON, D.C. 20240.

# Medical History Form

Child's Name: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Does your child have any medical problems (*e.g.*, diabetes, asthma, seizure disorder, etc.)?

YES  NO

If YES, list medical problem(s): \_\_\_\_\_

\_\_\_\_\_

Does your child take any medication?  YES  NO

If YES, list medication(s) with dosages and frequency of dosage: \_\_\_\_\_

\_\_\_\_\_

Does your child have any allergies?  YES  NO

If YES, list allergies: \_\_\_\_\_

\_\_\_\_\_

Has your child suffered any injuries in the last 18 months?  YES  NO

If YES, please describe the injury and your child's current condition:

\_\_\_\_\_

\_\_\_\_\_

Will these medical problem(s), your child's use of medication, allergies, injuries, etc. affect your child while he/she is rowing, running or swimming?  YES  NO

If YES, what precautions should be taken while your child is participating in rowing, running or swimming?

\_\_\_\_\_

\_\_\_\_\_

Does your family have any history of heart problems at a young age?  YES  NO

If YES, please explain: \_\_\_\_\_

\_\_\_\_\_

Is there anything else that you feel the Lloyd Hall Staff should know about your child's health condition?  YES  NO

If YES, please explain:

\_\_\_\_\_

\_\_\_\_\_

Date of last physical exam (must be within one year to participate in rowing): \_\_\_\_/\_\_\_\_/\_\_\_\_

Does your family have medical insurance?  YES  NO

Name of Insurance Carrier: \_\_\_\_\_

Plan or Policy No. \_\_\_\_\_

Additional medical information may be requested by PPR.