

Communities Putting Prevention to Work/ Get Healthy Philly Recreation Specialty Intern

ORGANIZATIONAL APPOINTMENT: Office of After School Programs, Philadelphia Parks & Recreation

NUMBER OF POSITIONS: 8

GENERAL POSITION DESCRIPTION: This is a 10/hr per week internship to provide support and instruction of a structured physical activity program for children between the ages of 5-14. The primary goal of the program is to provide increased opportunities for physical activity among youth who participate in citywide Parks and Recreation after school programs. The position will report to the Physical Activity Program Coordinator and travel to a variety of recreation centers throughout one assigned district.

SPECIFIC ACTIVITIES

The Recreation Specialty Intern will accomplish the following:

- Promote and enhance the FLIP fitness initiative with each of the after school programs visited.
- Work with After School Coordinator to begin and establish a run/walk program at each of the after school sites visited.
- Participate during the fitness/health culminating event for the after school program in the spring.
- Advise the Physical Activity Program Coordinator on strategies to increase physical activity among children in recreation centers' after-school programs.
- Implement a variety of innovative physical activities in a structured manner to engage children in recreation centers' after-school programs.
- Assist recreation center staff member(s) in developing a customized and sustainable physical activity plan.
- Train recreation staff on structured physical activity lesson plans.
- Provide input in conjunction with staff members in the selection of physical activity equipment.
- Troubleshoot barriers to implementation with Physical Activity Program Coordinator.

REQUIRED QUALIFICATIONS

- Pursuing a degree in exercise science or other health-related field
- Experience working with youth of all ages in an urban setting
- Experience facilitating sports and physical activities
- Ability to physically perform the duties and work in the environmental conditions related to this position

OR

Any equivalent combination of education and experience determined to be acceptable by Department of Public Health or Philadelphia Parks & Recreation.

QUALIFIED APPLICANTS: If you are interested in applying for this internship, please contact Staci Stills at Staci.Stills@phila.gov. The position will start approximately November 15, 2010.