# How are you feeling right now?

### lam feeling:

1.

2

3.

4









**5.** 

**6.** 

7.

8.









9.















13.















17.

18.













Office of the Youth Ombudsperson (OYO)

(om-budz-per-son)



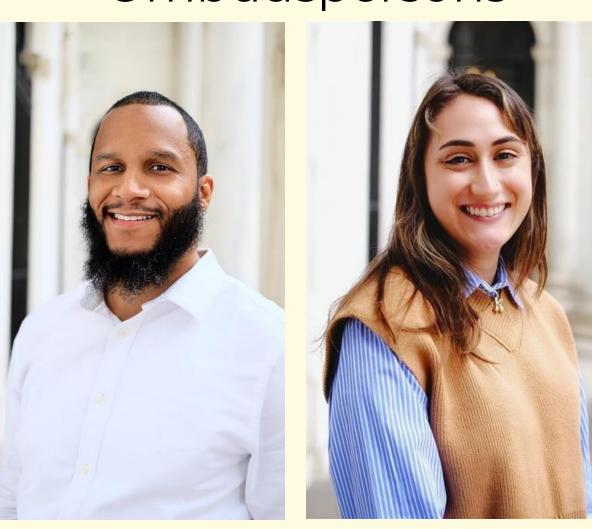
### Our Team

Youth and Deputy
Ombudspersons



Tracie Johnson Judy Andrews-Battle

Associate Youth Ombudspersons



Mabari Byrd

Kelly Sagastume

Administrative Assistant



Izhanae

# Content Warning



Trigger Warning



Take care of yourself



for you!



# Raise your hand if you know your rights in this place!



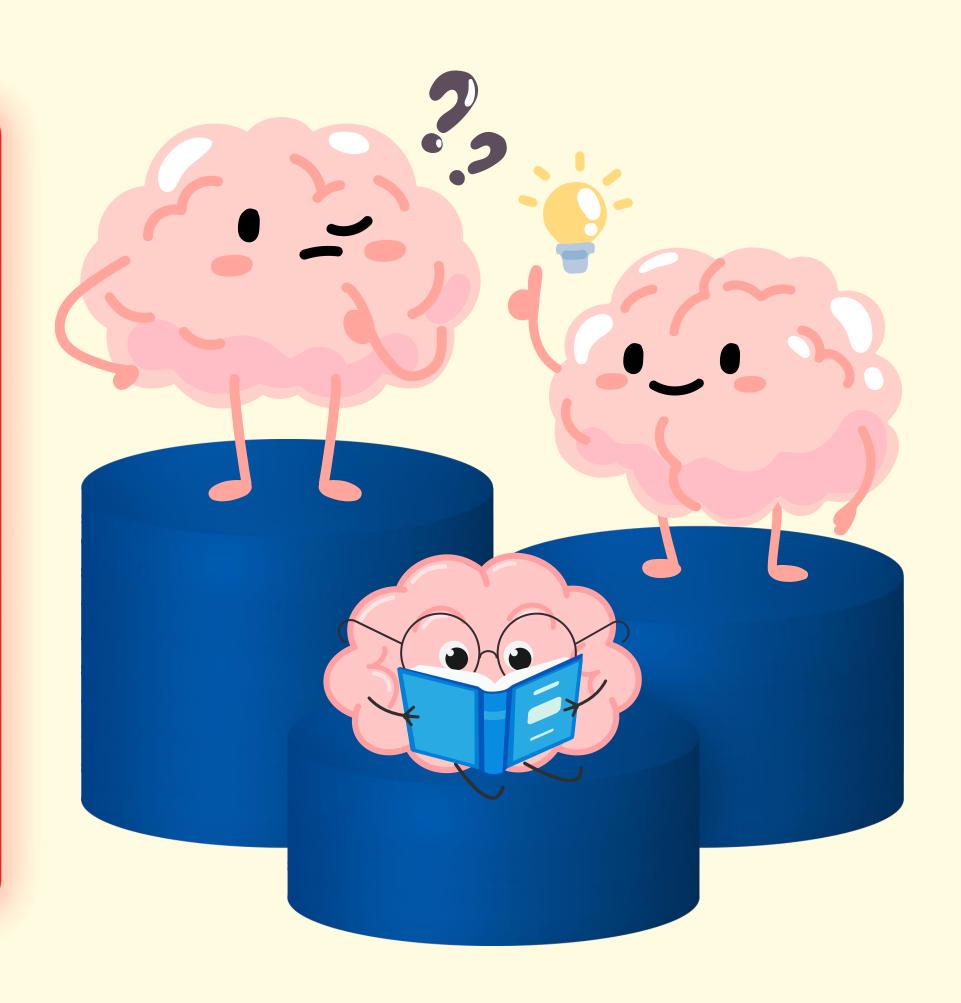
# Youth Rights

A "Right" - Something that you have that should NOT be taken away from you.

It does not need to be earned or given as a reward.

Examples: Food/snacks, water, education, clothing, privacy, safety

# LET'S PLAY A GAME!



### DO YOU HAVE THE RIGHT TO...

#### #1.

A youth has just been placed at a new group home, but a decision hasn't been made about where they will attend school. Staff tell them they will just stay home until a decision has been made.

# SCHOOL

### **ANSWER:**

Yes, it's a rights violation!

You must be signed up and start classes right away if you change schools.



### DO YOU HAVE THE RIGHT TO...

#### **ANSWER:**

No, it's not a rights violation!

You have the right to get appropriate medical, dental, mental and behavioral health services to help you stay healthy.

### #2.

A youth in a group home is experiencing an emergency medical issue. Staff determine that they can't treat the issue on site, so they bring the youth to an outside facility for treatment.



### DO YOU HAVE THE RIGHT TO...

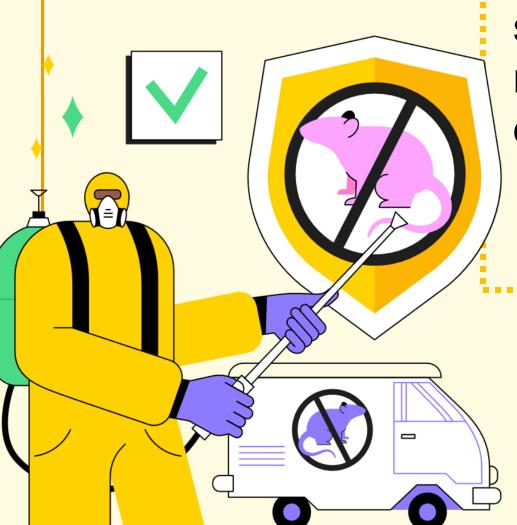
### #3.

A youth in a group home reported to a staff member that they have been seeing mice in their room. The staff member tells them that they won't do anything to get rid of the mice because it's an old building that will always have mice and it's not worth it to try.

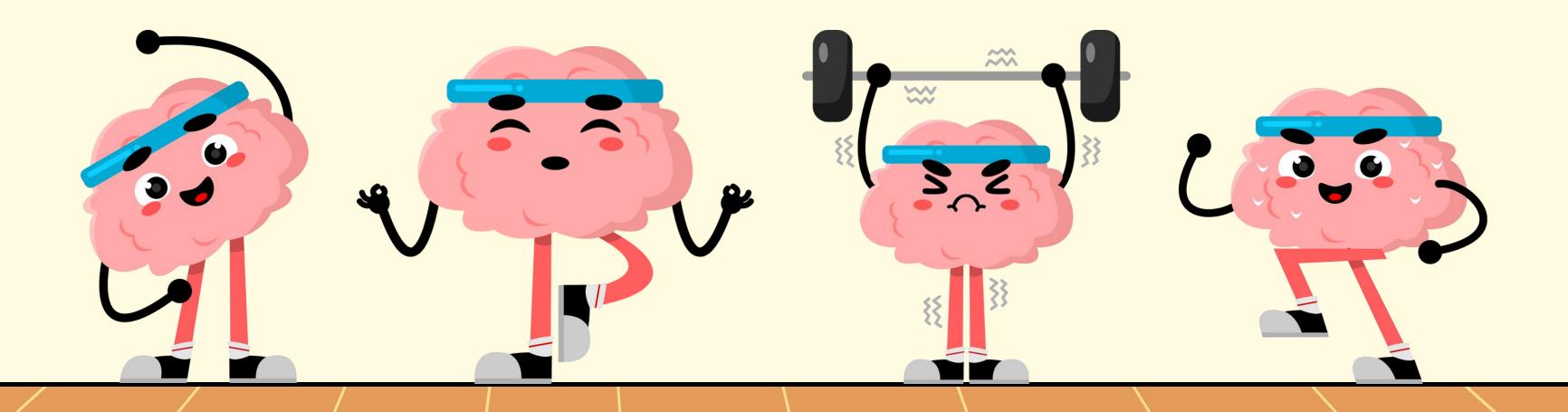
### **ANSWER:**

Yes, it's a rights violation!

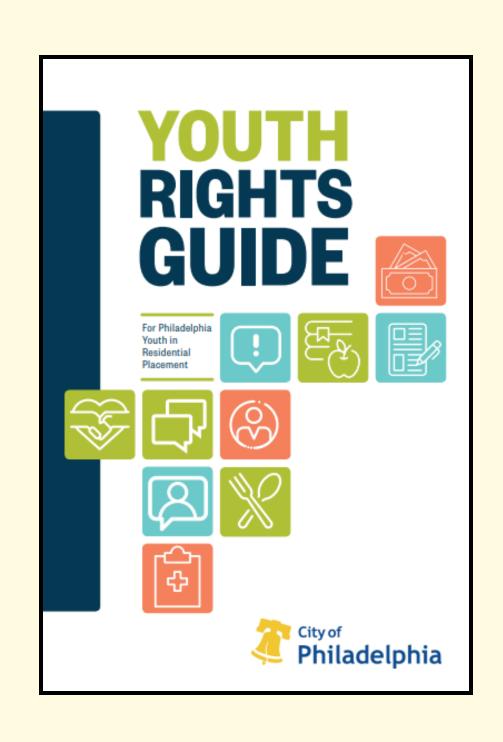
The facility must be clean and sanitary. This means no mice, rodents, bedbugs, or infestations of bugs or insects.



# BRAIN BREAK!







Ask questions!

### Be Informed

Use your youth rights guide!



Know your rights!

# Know How to Make a Complaint

Share your concerns and ask for help...



...And no one can treat you badly for doing that!

# Be Treated Fairly and

No one should touch you or talk to you in a way that makes you feel sad, afraid, or uncomfortable.

# Respectfully

This is called "abuse," and it can be physical, sexual, and verbal.

For example, no one should hit, kick, punch, or slap you.



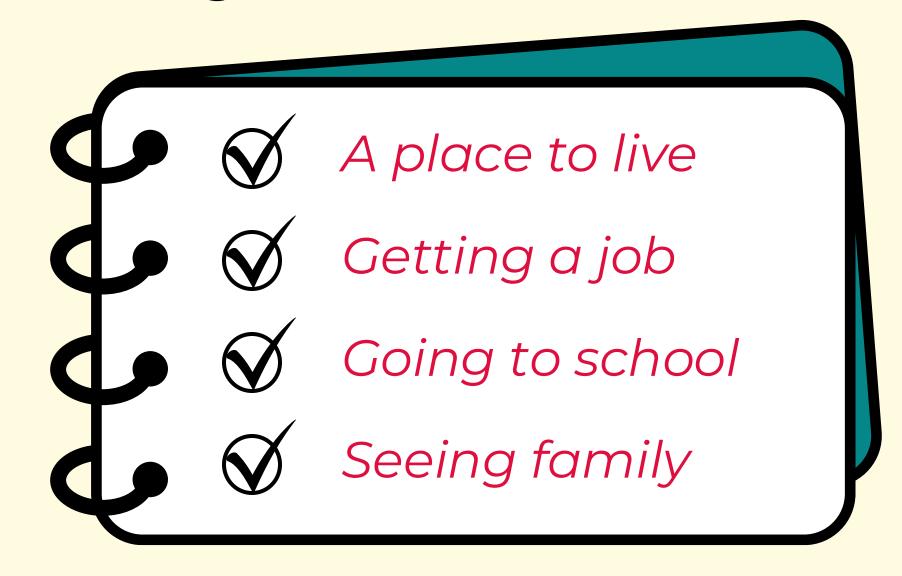


### Have a Plan

Know why you are living here right now ...AND how long you might be here!

Get help with making a plan for when you leave.

This can be help with:



Start classes quickly if you change schools.







Start classes
quickly if
you change
schools

Do fun activities in school and after school!

Go to School

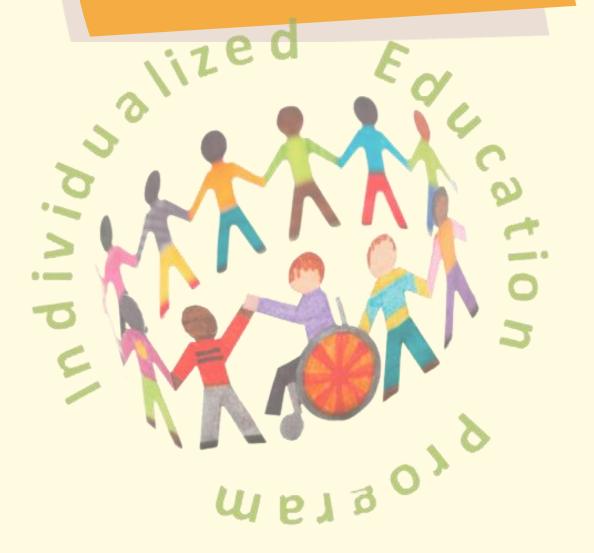


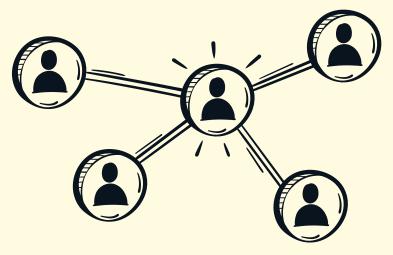
Start classes
quickly if
you change
schools

Do fun activities in school and after school!

Get help with your learning if you need it.

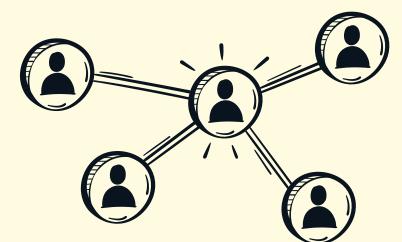








See your family!

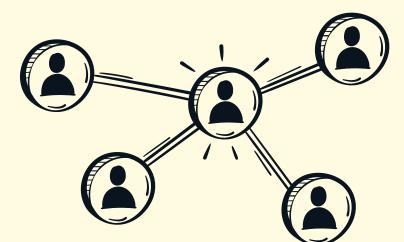




See your family!



Talk to your family on the phone!





See your family!



Talk to your family on the phone!



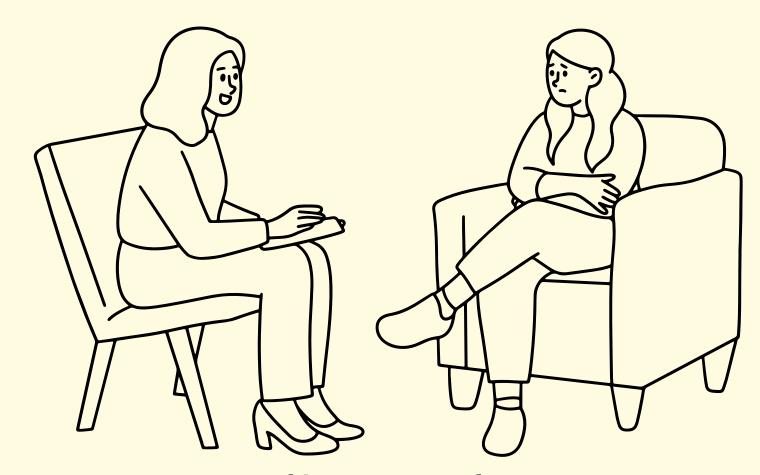
Send and get mail!



Keep personal information private!



Keep personal information private!

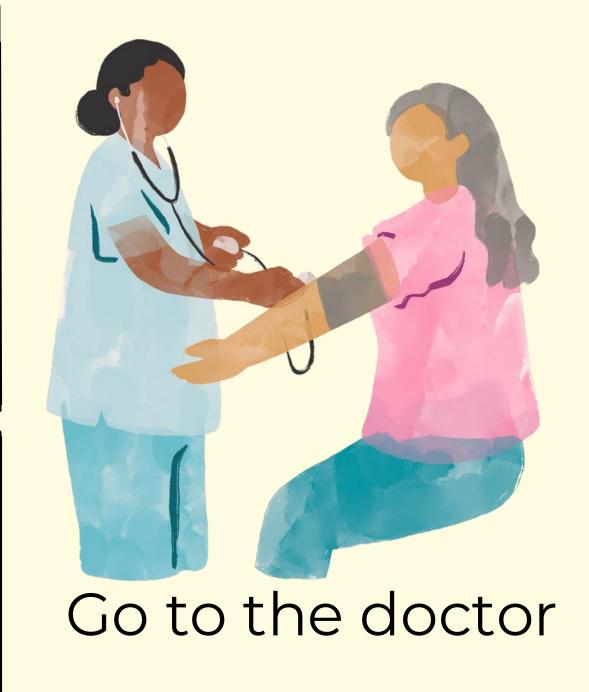


Talk to a lawyer without other people around!

# Physical Health Services



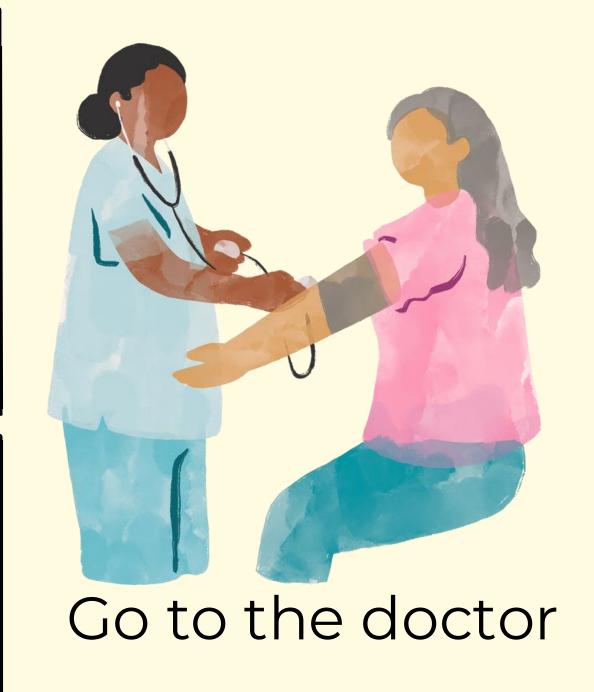
## Physical Health Services





Go to the dentist

## Physical Health Services









Go to the eye doctor



# Mental Health Services





### Mental Health Services







Group therapy



### Mental Health Services







Group therapy



Medication

# Medication Support

The right amount of medication





# Medication Support

The right amount of medication

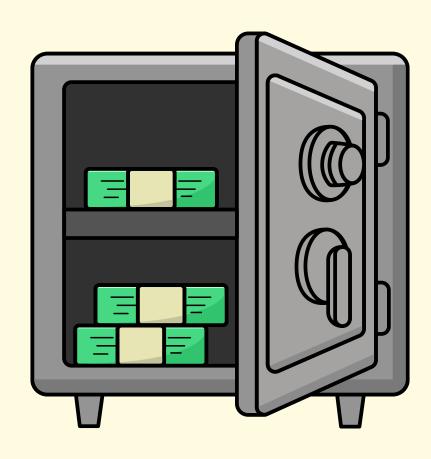






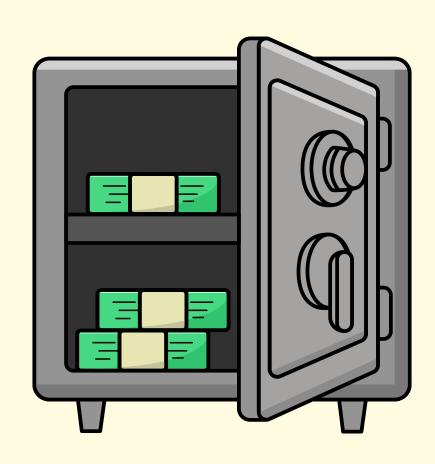
The right type of medication

### Keep Money and Things Safe



Keep your money safe

### Keep Money and Things Safe

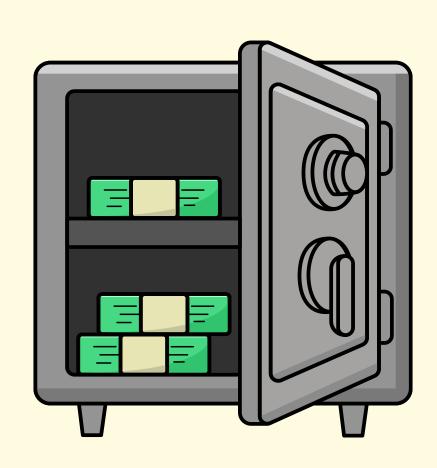


Keep your money safe



Hold on to your belongings

#### Keep Money and Things Safe



Keep your money safe



Hold on to your belongings



Know the rules where you live













Attend worship services



Wear religious clothing







Attend worship services

Clothes, sheets, and towels washed at least weekly



Clothes, sheets, and towels washed at least weekly





Clean, comfortable clothes

Clothes, sheets, and towels washed at least weekly





Clean, comfortable clothes

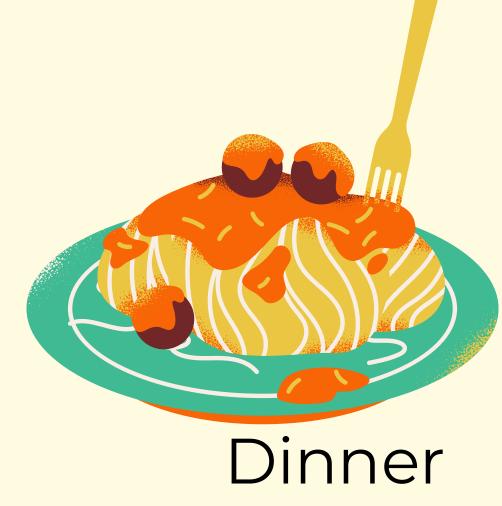
Items like soap, shampoo, a toothbrush, and toothpaste







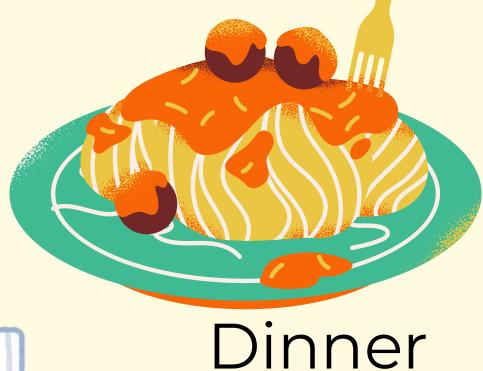








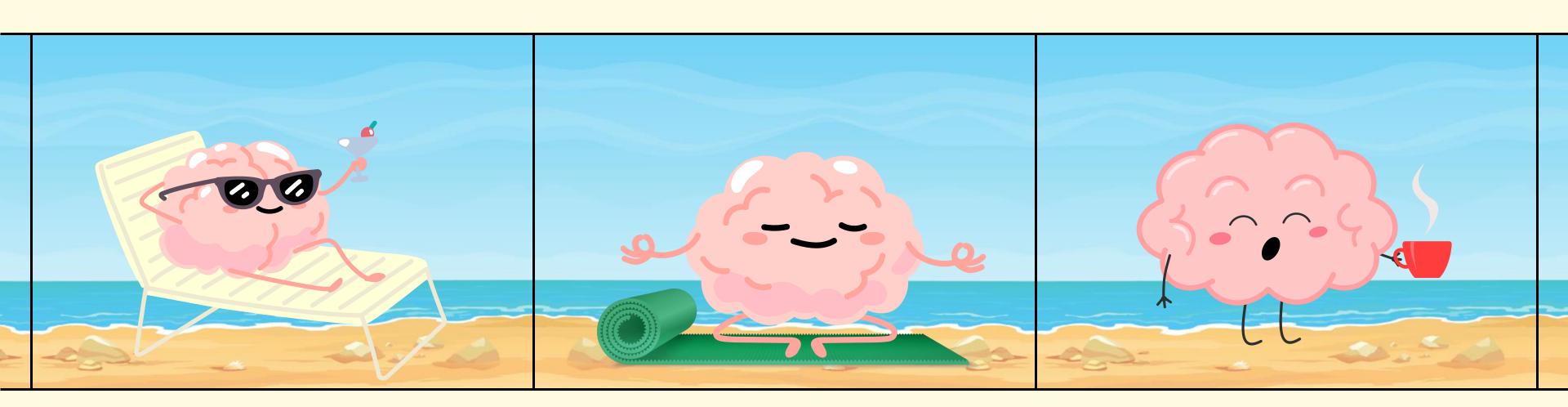








# Let's take another BRAIN BREAK!



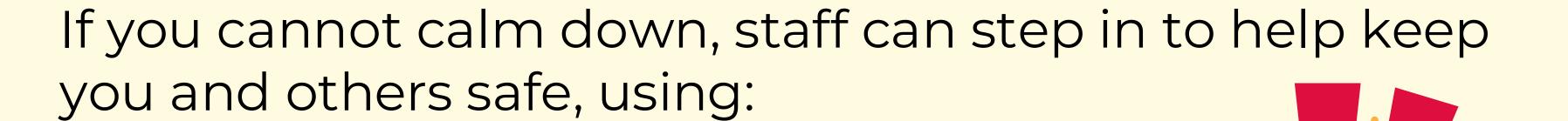
#### Be Safe in Crisis

Sometimes, you might feel a lot of emotions. You might need help calming down in ways that work for you.

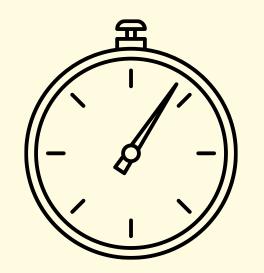


If this happens, you have the right to try to calm yourself down first!





- 1. Restraint a hold that stops you from moving
- 2. Seclusion/exclusion Staff keeps you in your room by yourself for up to 4 hours (sleeping does not count!)



If staff does either of these things, they MUST happen in a safe way and for the shortest time possible.

1. Let you meet with us!

- 1. Let you meet with us!
- 2. Give you information that you need!

- 1. Let you meet with us!
- 2. Give you information that you need!
- 3. Cannot get back at you for anything!

- 1. Let you meet with us!
- 2. Give you information that you need!
- 3. Cannot get back at you for anything!
- 4. Let us know if there are any issues!

- 1. Let you meet with us!
- 2. Give you information that you need!
- 3. Cannot get back at you for anything!
- 4. Let us know if there are any issues!
- 5. Let us see where you live!

- 1. Let you meet with us!
- 2. Give you information that you need!
- 3. Cannot get back at you for anything!
- 4. Let us know if there are any issues!
- 5. Let us see where you live!
- 6. Keep everything confidential!



# What can you do?

If staff are not doing any of these things, you can:

- Ask staff to write it in your file
- 2 Write it in your journal

Reach out for help

Talk to us!

# How to get in touch with us:

Visit us or write a letter to:



601 Walnut St. Suite 300 East Philadelphia, PA 19106 Email us at:



OYO@phila.gov

Call us at:



(215) 685-6061

Fill out our online complaint form:



# LET'S CHECKIN

# How are you feeling?



# Do you have any questions?





We want to hear how you are doing! We want to hear the **good** and the **bad** things that are happening!!



We want to hear how you are doing!
We want to hear the **good** and the **bad**things that are happening!!

You **do not** have to do this survey.



We want to hear how you are doing!
We want to hear the **good** and the **bad**things that are happening!!

You **do not** have to do this survey.

You do not have to say your name for the survey!



You don't have to answer any question you don't want to.



You don't have to answer any question you don't want to.

You can stop the survey at any time!



You don't have to answer any question you don't want to.

#### You can stop the survey at any time!

We may use your answers in a report we share with the community, but we wouldn't tell them your name.

We are "mandated reporters" - we <u>have</u> to report abuse and neglect to DHS.

This is called a "ChildLine report"

Abuse: when someone touches you or talks to you in a way that makes you feel sad, afraid, or uncomfortable

Neglect: when you are not taken care of and you do not have the things you need to be safe and healthy

We are "mandated reporters" - we <u>have</u> to report abuse and neglect to DHS.

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Everything else you tell us is confidential - we do not have to tell anyone else if you do not want us to.

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No one is allowed to get back at you for anything!

# Don't feel like taking our survey right now?



Scan the QR code or write down the link to the online survey!

https://forms.office.com/g/sCR97sheC8



