

## **2023 Congregate Care Report**

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## **About the Report**

What is congregate care? Congregate care is a type of residential youth placement. Congregate care settings are group-based. Providers are expected to house youth in a safe environment and ensure supervision 24 hours a day, 365 days a year, while contributing to youth's well-being, including educational progress and appropriate physical and behavioral health care services. Congregate care placements include Group Homes, Psychiatric Residential Treatment Facilities, Institutions, and Emergency Shelters.

#### **Congregate Care Service Definitions:**

**Emergency Shelters** (for dependent youth only): Temporary out-of-home congregate care (residential) placement for youth while a placement aligned with youth's needs can be identified.

**Group Home:** Small, out-of-home residential placement facilities, including mother/baby and medical placements, located within a community and designed to serve children and youth who need a structured, supervised setting. These homes usually have six or fewer occupants and are staffed 24 hours a day by trained caregivers.

**Institution:** Out-of-home residential placement facilities (including secure facilities), larger than a group home, designed to serve children and youth who need a structured, supervised setting.

**Psychiatric Residential Treatment Facilities:** Community Behavioral Health-funded institutional placement for dependent and delinquent youth providing specialized behavioral care for youth with severe special needs and prescribed by a medical professional after a psychiatric evaluation.

Why is there a need for a Congregate Care Services Report? DHS is committed to transparency and accountability about the services it provides to youth. The Congregate Care Services Report provides guidelines to assess provider performance. This report is part of a larger, system-wide performance management strategy designed to enhance provider evaluations and enable DHS and providers to identify effective practices that can be replicated and areas for quality improvement. This report supports citywide efforts to improve congregate care, such as the <a href="Youth Residential Placement Task Force">Youth Residential Placement Task Force</a> (YRPTF). A major recommendation of the YRPTF is to publish data on congregate care to increase transparency and strengthen cross-system communication so that stakeholders can better understand the quality of care at congregate facilities.

What is evaluated in the process? The congregate care report process measures compliance with state, federal, and local regulations and recently introduced quality indicators. Quality indicators are measurable criteria used to assess and ensure that providers provide high-quality services, care, and support for youth residing in group homes, institutions, or similar settings. The measures are grouped into seven domains: Life Skills and Education Activities, Service Planning and Delivery, Communication, Family and Community, Health, Staff, and Supportive and Safe Environment.



What are the data sources for the scores? The Fiscal Year 2023 scores are based on 119 youth case files and 161 staff files reviewed during the evaluation. This data is combined with data collected from site visits, reports regarding service concerns and serious incidents, and youth interviews to produce a holistic assessment of congregate care services.

Where are the main findings of the evaluation? Similar to last year, the Fiscal Year 2023 average system score for evaluated congregate care facilities was "Fair."

- As a system, providers succeeded in maintaining supportive and safe environments for youth and ensuring that staff had the appropriate education, qualifications, and clearances to work with youth in placement.
- During Fiscal Year 2023, providers demonstrated practices that promoted high quality of care for youth. This included opportunities for youth to engage in extracurricular activities, delivering adaptive services, facilitating meaningful life connections with youth's family, friends, and other adults, and communicating agency visitation policies and schedules.
- Compared to Fiscal Year 2022, providers showed improvements in communication during service. However, further improvement is needed, especially in communication and development of youths' Individualized Service Plans (ISPs). Youths' family, friends, or other supportive adults should be invited to participate in developing ISPs for youth, and the ISPs should be distributed more promptly.



## Congregate Care in Philadelphia

In 2013, Philadelphia's Department of Human Services (DHS) undertook a major system transformation called Improving Outcomes for Children (IOC). IOC has become the foundation for prevention, child welfare, and juvenile justice services, and it is guided by four core principles:

- More children and youth are safely in their own homes and communities.
- More children and youth are reunified more quickly or achieve other permanency.
- Congregate (residential) care is reduced.
- Improved youth, child, and family functioning.

Allowing these principles to guide its work, DHS and its partners aim to decrease the use of congregate care placements. DHS prioritizes family-based services such as kinship and foster care. DHS aims only to use congregate care for short periods of time when public safety or medical treatment needs support this option.

**Congregate care** is a form of residential youth placement for dependent and delinquent youth. Congregate care settings are group-based and operate year-round with on-site supervision. Some congregate care agencies offer on-site school and/or specialized medical and behavioral health support.

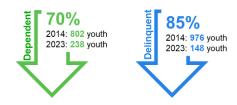
**Dependent congregate care** includes placements in Emergency Shelters, Group Homes, Community Behavioral Health-funded Psychiatric Residential Treatment Facilities, and Institutions for children who are in the custody of the Department of Human Services due to abuse and neglect.

**Delinquent congregate care** involves court-ordered placements in DHS-contracted Group Homes, Community Behavioral Health-funded Psychiatric Residential Treatment Facilities, or Institutions for youth adjudicated delinquent.

#### Reductions in Congregate Populations

DHS and its system partners work to ensure that congregate care is reserved for children who truly need it. Figure 1 illustrates the trend from 2014 to 2023, indicating the reduction of dependent youth in congregate care by 70% and of juvenile justice-involved youth in congregate care by 85%.

Figure 1. Number of Youth in Congregate Care



#### Where are congregate care providers located in FY23?

DHS is committed to placing children as close to home as possible. Tables 1 and 2 illustrate the distribution of congregate care provider locations based on relative distance and number of youths in placement.

Table 1: Distance between Dependent Congregate Care Facilities and City Limits as of June 30, 2023



Distance	# Facilities	# of Youth in Dependent Placement
In Philadelphia	10 (24%)	86 (36%)
Within 5 Miles	8 (19%)	93 (39%)
6-10 Miles	5 (12%)	19 (8%)
11-25 Miles	7 (17%)	13 (5%)
26-50 Miles	7 (17%)	16 (7%)
50+ Miles	5 (12%)	11 (5%)
Total	42	238

Table 2: Distance between Juvenile Justice-Involved Congregate Care Youth and City Limits as of June 30, 2023

Distance	# Facilities	# of Juvenile Justice- Involved Youth
In Philadelphia	2 (13%)	4 (3%)
Within 10 Miles	1 (7%)	2 (1%)
11-50 Miles	1 (7%)	4 (3%)
51-100 Miles	3 (20%)	55 (37%)
101-200 Miles	4 (27%)	70 (47%)
200 + Miles	4 (27%)	13 (9%)
Total	15	148

Congregate care facilities are licensed by the Pennsylvania Department of Human Services. Programs must follow state regulations regarding the operation of residential facilities (section 3800 of the Pennsylvania code). Counties across the commonwealth - and even other states - rely on the licensing process to make decisions about using specific programs. The state is in the process of reviewing its Regulatory Compliance Guide, including feedback solicited from the public in early 2020<sup>1</sup>, and is working on improving this process.

### Youth Residential Placement Taskforce (YRPTF)

In 2018, the City Council established a cross-systems strategy known as the Youth Residential Placement Taskforce (YRPTF) to address significant concerns with the overuse and diminished quality of congregate care facilities. The Taskforce outlines shared priorities for Philadelphia's congregate care system—namely that the use of residential placements should be rare and only justified by treatment reasons. If residential placement is deemed necessary, then youth should be placed as close to home as possible.

<sup>&</sup>lt;sup>1</sup> https://www.paproviders.org/ocyf-seeks-comment-on-3800-regulatory-compliance-guide/



## **DHS Congregate Care Evaluation Process**

The process of congregate care evaluation conducted by DHS analysts follows a structured sequence of steps designed to thoroughly assess provider performance. This process begins with scheduling the evaluation site visit and notifying the provider. In preparation for the site visit, previous reports and documents are reviewed, a random selection of client files is made, and preparations are made for discussions with the executive director or designated representative. During the site visit, the evaluation procedures are explained, and the evaluation tool is utilized through file reviews. The exit interview includes a debriefing session, a discussion of preliminary findings, and a distribution of the evaluation assessment instrument. This process ensures a thorough evaluation of provider performance.

#### Ongoing Accountability

DHS Leadership has established an accountability process to ensure that providers make progress. Plans of Improvement (POI) is a DHS-created template that enables providers to submit action plans addressing identified areas that require improvement based on the evaluation results. In addition to action plans, other accountability responses range from providing targeted technical assistance, conducting an organizational assessment, closing intake, and terminating the provider's contract with DHS.

DHS is committed to working with its community of providers to improve the quality of services. Based on the results of provider evaluations, DHS provides the following supports:

- Convene providers regularly to provide policy and practice updates and opportunities for dialogue and engagement.
- Provide ongoing technical assistance to providers to support Continuous Quality Improvement (CQI) efforts.
- Facilitate connections to training on trauma-informed care to help strengthen provider capacity.
- Encourage peer mentoring among provider agencies to share best practices across agencies.
- Administer the congregate care youth survey annually to incorporate and learn from youth voices regularly.
- Continue to refine the evaluation tool and processes based on lessons learned in Fiscal Year 2023.

Table 2 outlines the congregate care provider performance ratings, associated score ranges, their significance, and the DHS response for each rating level.

Table 2: Providers' Ratings and DHS Response

Rating	Score	Significance	DHS Response
Optimal		A provider with this rating meets expectations for required practice	No additional follow-up is needed.



		standards and ensures high quality of care and service.	
Fair	80% - 89%	A provider with this rating meets some expectations for required practice standards but needs improvement to ensure high-quality care and service.	DHS provides recommendations and additional technical assistance and requires a plan of improvement for the areas needing improvement based on the scores.
Needs Improvement	A provider with this rating needs to improve in meeting the practice standards and providing high-quality care and service.		DHS conducts follow-up monitoring, recommends improvement priorities, and identifies areas for technical assistance. Depending on the areas identified for improvement, DHS may conduct an organizational assessment. If a provider cannot demonstrate improvements over 6-12 months after the evaluation, DHS leadership will consider terminating the provider's contract.
Unsatisfactory	0% - 69%	A provider with this rating must make substantial improvements to meet the practice standards and provide high-quality care and services. Performance levels indicate organizational dysfunction and an immediate need for corrective actions and technical assistance.	DHS may temporarily not allow providers to take on any new children. DHS will conduct an organizational assessment, and if a provider cannot demonstrate improvements over a 6-12-month period after the evaluation, DHS leadership will consider terminating the provider's contract.



#### **Methods**

This report provides an aggregate overview of the performance of congregate care services in Fiscal Year 2023 (July 1, 2022 – June 30, 2023). Every fiscal year, DHS reviews a sample of case files and staff files and conducts site visits using the congregate care evaluation tool. The congregate care evaluation tool was collaboratively developed by DHS and Casey Family Programs in 2019, with a commitment to ongoing improvement. The tool is refined each year to align with the specific services offered. This year, DHS evaluated 22 facilities across 21 agencies. Types of facilities being evaluated include:

- · Emergency shelters,
- Group homes,
- · Institutions, and
- Community Behavioral Health-funded Psychiatric Residential Treatment Facilities

Providers vary greatly in terms of services offered, size of programs, and number of facilities. While DHS evaluated individual providers, it should be noted that each congregate care provider is unique in its structure and programming, making it difficult to compare providers. **Therefore**, the report is best understood as a cumulative picture of the status of congregate care services as a system.



#### **Domains**

In Fiscal Year 2023, congregate care providers underwent comprehensive evaluations encompassing seven key domains and two essential administrative data points. Each domain is weighted so that high-priority areas more significantly impact providers' overall scores.



## **Life Skills and Education Activities**

 Academic records, report cards, life skills assessments, court orders and opportunities to engage in extracurricular activities.



#### Communication

 Invitations to participate in the development of Individualized Service Plans (ISP), documentation signed and distributed



#### Health

 Medical, dental, hearing exams, immunizations



# Service Planning and Delivery

 Service Plans, Court orders, file documentation, monitoring of discharge plans, and the incorporation of identity and culture in service delivery



## **Family and Community**

 Quarterly home visits with youths' families, visitation policy and schedule, regular contact with meaningful life connections



#### Staff

 Staff records, certifications and requirements, training



## Supportive and Safe Environment

 Ratio of adults to youth, staff clearances, medication security and storage, quarterly file audits and notifying all parties of youths' location changes



## Service Concerns and Serious Incidents

•Total service concerns and serious incidents reported in Fiscal Year 2023

#### **Data Sources**

Four data sources inform this report:

- 161 Staff files,
- 119 Youth case files,
- 69 Youth interviews, and
- Administrative data regarding service concerns and serious incidents<sup>2</sup>.

<sup>&</sup>lt;sup>2</sup> Service concerns are all incidents that include contractual and quality issues, and concerns at provider agencies. Serious incidents are a subset of Service Concerns that are identified as requiring immediate follow up by DHS to identify how the incident was able to occur, and what changes can be made or if policies can be implemented to prevent it from reoccurring.



## **Strengths and Areas of Growth**

Similar to last year, the Fiscal Year 2023 average congregate care system score was "Fair." Specifically, the overall congregate care system score increased by five percentage points this year (87%) compared to last year (82%).



As a system, **providers remained strong in measures associated with regulation compliance**, particularly in Supportive and Safe Environment and Staff. For example, all or almost all providers received optimal scores on:

- Maintaining required staff-to-youth ratios, proper occupancy of sleeping units, and appropriate storage of medications.
- Meeting staff age requirements, education and experience requirements, and current certifications for FBI, Child Abuse, and Criminal Background checks.



Providers' ratings also reflected strong practices in indicators associated with quality of care. For example, all or almost all providers received optimal scores on:

- Providing opportunities for youth to engage in developmentally appropriate extracurricular, social, or cultural activities.
- Delivering services as planned and adapting services as youths' needs change.
- Proving opportunities for youth to communicate regularly with family, friends, or supportive adults while in placement.
- Effective communication with youth and families regarding the agency visitation policy and schedule.



While providers progressed in the Communication domain, there is still room for improvement.

- Compliance with inviting relevant parties to participate in developing Individualized Service Plans (ISPs) and ensuring that the plans are properly signed. Relevant parties could be family, friends, or supportive adults.
- In terms of quality practice, providers must improve the timely distribution of all service planning and regular review documents to relevant parties following the meeting.



Emergency shelter providers must improve service quality in the Supportive and Safe Environment domain. While emergency shelter providers complied with regulations for the Supportive and Safe Environment domain, they need to ensure that they implement quality practices. For example:

- Ensuring youth are aware of expectations and responsibilities and are given an
  orientation packet comprising the rules, agreements, expectations, and procedural
  safeguards of residing in a shelter.
- Ensuring youth are aware of their rights and how to file a grievance upon admission, and the process is reviewed with youth every 30 days after that.



- Offering academic support, individual and group tutoring, life skills lessons, and communication and anger management training.
- Providing culturally and linguistically competent services to all youth.
- Incorporating Youth & Parent/Guardian Bill of Rights policies and guides into practice as required.



## **Key Findings for Each Domain**

This report section includes the average performance of congregate care providers on the seven evaluation domains, service concerns, and serious incidents. Similar to last year, the Fiscal Year 2023 average system score for all evaluated congregate care facilities was "Fair." The overall congregate care system score increased by five percentage points this year (87%) compared to last year (82%).

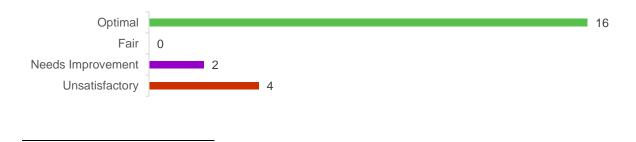
Table 3 below shows the congregate care evaluation domain performance in Fiscal Year 2023. Looking closely at system domain performance, providers scored Optimal in three domains, Fair in two domains, Needs Improvement in one domain, and Unsatisfactory in one domain.

Table 3: Fiscal Year 2023 Congregate Care Evaluation Domain Performance

90-100%: Optimal   80-89%: Fair	70-79%: Needs Improvement • 0-69%: Unsatisfactory O
Domains	s Performance
Health	1 • • •
Family and Community	y • • •
Stat	f • • •
Service Planning and Deliver	<b>y</b> • •
Life Skills and Education Activities	S • •
Communication	n •
Supportive and Safe Environmen	t O
Administrative Data Points	s Performance
Service Concerns	S • •
Serious Incidents	o incident <sup>3</sup>
OVERALI	- • •

Figure 2 below shows the congregate care provider ratings distribution in Fiscal Year 2023. Looking closely at the provider's overall rating, sixteen out of twenty-two, or 73% of providers, were rated Optimal. Two providers received Needs Improvement, and four received Unsatisfactory.

Figure 2: Fiscal Year 2023 Congregate Care Provider Rating



<sup>&</sup>lt;sup>3</sup> Serious incidents are a major cause for concern. Rather than assigning a score rating to serious incidents, providers with serious incidents have their overall rating automatically reduced (e.g., moving from "fair" to "needs improvement"). This data point does not assign a score rating.



In the sections below, areas of strength are denoted with a check mark ( $\stackrel{\bigcirc}{}$ ), while areas for growth are marked with an exclamation point ( $\stackrel{\triangle}{}$ ). Areas with mixed findings are represented by double arrows ( $\stackrel{\bigcirc}{}$ ).

#### Health

Providers scored 96% in the Health domain, signifying an Optimal performance level. This domain evaluates various compliance indicators, including the provision of medical, dental, and hearing exams, immunizations, and the presence of needed health documentation.

FY23 Congregate Care Domain Performance: Health





In compliance with regulations, providers demonstrated consistent and timely provision of required medical support, such as medical and dental exams, recommendations, medication, equipment, and counseling.

#### Family and Community

Providers achieved an Optimal performance level in the Family and Community domain, scoring 93%. This domain primarily comprises quality indicators, highlighting a strong emphasis on family contact and regular home visits with youths' families.

FY23 Congregate Care Domain Performance: Family and Community



**Providers demonstrated strong family engagement** by documenting quarterly home visits with the youth's family and facilitating regular communication between the youth and family, friends, or supportive adults during placement. Additionally, they ensured that the youth and their families were well-informed about the agency's visitation policy and schedule.





**Providers promoted effective communication and transparency** by providing and reviewing grievance and rights policies and guides with youth and parents/guardians as required, contributing to the delivery of quality care during placement.



#### Staff

Providers earned a score of 91% in the Staff domain, signifying an Optimal level. This domain focuses mainly on compliance indicators, including staff records, certifications, requirements, and training. For emergency shelters, providers were also evaluated on compliance indicators for supervision and quality indicators promoting best practices for training and professional development. FY23 Congregate Care Domain Performance: Staff





Providers demonstrated commitment to staff compliance, with staff meeting education and experience requirements and receiving required training, which ensures a strong foundation for quality services.



Emergency shelter providers have room for improvement in staff professional **development.** This includes enhancing staff awareness and opportunities to report concerns regarding care and organization. Also, staff with regular youth interaction need to be offered opportunities for professional development. Finally, ensuring that staff members promptly complete all required core training will further enhance the quality of care provided.

## Service Planning and Delivery

In the Service Planning and Delivery domain, providers scored 88%, earning a Fair performance level. This domain includes compliance and quality indicators, focusing on service planning, delivery, and documentation, including the adherence to court orders, thorough file documentation, effective discharge plan monitoring, and the integration of identity and culture into service delivery.







Providers showed robust compliance and documentation practices in service plans, with opportunities for improvement in file components and court order monitoring. Providers demonstrated compliance with thorough documentation of official records and the completion of initial and ongoing ISP. However, there is a need to ensure that youth files contain essential components such as the Single Case Plan, Family Service Plan, and Transition Plan for older youth. Additionally, emergency shelter providers should ensure that court orders are appropriately documented in the files and that all recommended or court-ordered services are provided and effectively monitored.



The quality of practice varied among different types of providers.



- Group Home, Institution, and CBH-funded providers strongly delivered quality services based on youths' needs. They excelled in individualizing service plans, delivering services as planned, and adapting services to the changing needs of the youth.
- On the other hand, emergency shelter providers must enhance their quality practices. They must prioritize making youth aware of and able to access local community resources while ensuring that trauma-informed case management and therapeutic services are readily available. Additionally, linking youth with supportive services, including educational, medical, and preventive services, will improve the overall quality of care.

#### Life Skills and Education Activities

In the Life Skills and Education Activities domain, providers achieved a Fair rating of 86%. This domain evaluates various quality indicators related to education and life skills development. These indicators include obtaining academic records and report cards and completing life skills assessments. Additionally, it involves complying with court orders and providing opportunities for youth to engage in extracurricular activities.

FY23 Congregate Care Domain Performance: Life Skills and Education Activities





Providers excelled in facilitating opportunities for youth to engage in developmentally appropriate extracurricular, social, or cultural activities.



In certain areas, providers demonstrated moderate performance, such as requesting academic records and monitoring academic progress, completing life skills assessments, and documenting and monitoring court-ordered services.



#### Communication

Providers received a Needs Improvement rating of 73% in the Communication domain. This domain encompasses a combination of compliance and quality indicators. Compliance measures involve the proper notification, invitation, and signed documentation by relevant parties. Quality indicators focus on the distribution of service planning and review documents and the overall quality of ongoing communication with case-related service providers, such as schools. Emergency shelter providers were not evaluated in the Communication domain. Given that emergency shelters are typically under 30-day placements, communication practices are better captured through the Family and Community domain.

FY23 Congregate Care Domain Performance: Communication





## Providers had mixed compliance in the Communication

**domain.** Providers demonstrated compliance with notifying relevant parties about youth location changes. However, there is a need to ensure that relevant parties are invited to participate in developing ISP for youth and that the plans are properly signed. Relevant parties could be family, friends, or supportive adults.



In terms of quality practice, providers showed thorough documentation in communication with room for improvement in the timely distribution of service plans. Providers maintained thorough documentation and regular ongoing communication with youth service providers. However, providers can improve their service quality by distributing the service plan to relevant parties promptly. By consistently sharing pertinent information, providers can foster effective coordination, enhance the overall quality of care, and facilitate positive outcomes for youth receiving services.

#### Supportive and Safe Environment

Providers were given an "Unsatisfactory" rating of 69% in the Supportive and Safe Environment domain. The assessment in this domain encompassed various compliance and quality indicators. Group homes, Institutions, and CBH-funded providers were evaluated on compliance indicators, and Emergency shelter providers were evaluated on compliance and quality measures. Compliance indicators included staff-to-youth ratios, medication security, storage, and quarterly file audits. On the other hand, quality measures examined the provision of orientation packets, academic support, culturally and linguistically competent services,

FY23 Congregate Care Domain Performance: Supportive and Safe Environment



and adherence to the Youth & Parent/Guardian Bill of Rights policies and guides.





Providers demonstrated compliance in several critical areas of the Supportive and Safe Environment domain, including meeting required staff-to-youth ratios, limiting the number of children in sleeping areas, appropriate medication storage, completing quarterly file audits, and providing accessible tools for youth to file grievances when needed.



Emergency Shelter providers complied with regulations but could enhance quality practices. Areas in need of improvement include ensuring youth receive orientation packets outlining rules and expectations, promoting awareness of their rights and the grievance process, offering academic and life skills support, incorporating Youth & Parent/Guardian Bill of Rights policies, and providing culturally and linguistically competent services to all youth.

#### Service Concerns and Serious Incidents

In Fiscal Year 2023, providers received 82% for a Fair rating for the Service Concerns domain. Service concerns are all incidents that include contractual and quality issues and concerns at provider agencies. Serious incidents are a subset of Service Concerns identified as requiring immediate follow-up by DHS to identify how the incident occurred, what changes can be made, or if policies can be implemented to prevent it from reoccurring.

FY23 Congregate Care Domain Performance: Service Concerns



- Nearly a quarter (23%) of providers had validated service concerns during Fiscal Year 2023.
- There were 20 validated service concerns in Fiscal Year 2023 spread across five congregate care providers.<sup>4</sup> Two providers had just one validated service concern, and three providers had two or more validated service concerns.
- There were no serious incidents across all congregate care providers in FY 2023.5
- A Corrective Action Plan (CAP) is required to address all concerns that have been
  validated. The plan should include the action steps that the provider will take to resolve the
  problem, the implementation time, and the name and title of the person responsible for
  monitoring and overseeing the plan. In Fiscal Year 2023, 12 out of the 20 validated
  congregate care service concerns were addressed through the implementation of 13

<sup>4</sup> In Fiscal Year 2022, there were 24 validated service concerns spread across eight providers and one validated serious incident.

<sup>&</sup>lt;sup>5</sup> Serious incidents are severe service concerns such as allegations of physical or sexual abuse that warrant an immediate response from DHS. Types of serious incidents include child fatality, sexual abuse, criminal activity, serious injury/trauma, suicidal physical act, ChildLine incident, incident with police or fire department, serious disease, violation of child rights, or excessive restraints. If a provider had a validated serious incident during the fiscal year, their performance level automatically drops in rating.



Corrective Action Plans. The remaining eight service concerns have follow-up dates for their Corrective Action Plans in the upcoming fiscal year.



#### Youth Interviews

DHS also uses feedback from youth in congregate care to evaluate our providers. DHS developed the youth interview tool consisting of eight Yes-No closed questions about the youth's experience at the congregate care facility, including questions about filing complaints, contact with their family, the facility's cultural sensitivity, and their relationship with staff. There is also a set of openended questions about youth's feelings of comfort and safety at their placement site, what they would change about their service plan, and any other feedback about improving their experience. Interviews are conducted with voluntary youths whose files were part of the case file review. In Fiscal Year 2023, 54 youth were interviewed from 16 providers.

According to the youth interviews, youth reported that their identity was respected and that they felt safe and comfortable overall. One of the most prevalent reasons for this positive sentiment was based on their experiences interacting with the facility staff. When asked questions about identity aspects being respected and their experience at the facility, 96% of the youth felt that all aspects of their identity, including cultural, religious, sexual, and racial, were respected. Furthermore, almost all (93%) of youth acknowledged the staff's cultural sensitivity towards them, emphasizing the importance of inclusive and respectful interactions within the facility. Notably, 90% of youth felt comfortable and empowered to file complaints or grievances, indicating their confidence in the facility's responsiveness to their concerns. When asked what makes them feel safe and comfortable at the facility, almost half responded that they perceived staff as helpful. These findings underscore the facility's commitment to creating a safe and supportive environment where youth feel respected, valued, and empowered to voice their opinions and experiences. Creating an environment where

Providers could better engage youth with service plan development, case progress discussions, and discharge planning. While 88% of youth acknowledged their involvement in the service plan development and felt supported by staff to achieve success upon leaving the facility, there is still room for growth in ensuring continuous engagement throughout the planning and delivery process. One-quarter of the youth reported

youth feel respected, safe, and comfortable remains pivotal in congregate care settings, as it fosters a sense of trust and enables youth to thrive in their personal development. Providers' efforts in nurturing an inclusive and supportive environment are commendable, and their

engagement throughout the planning and delivery process. One-quarter of the youth reported needing to meet with someone to discuss their case progress. When asked about creating their service plan, the most prevalent responses included goals related to independent living and life skills, such as obtaining a driver's license. Additionally, some mentioned self-improvement goals, such as anger management, to prepare for discharge. Enhancing youth engagement in service planning can further promote their sense of empowerment and self-determination in their journey towards successful outcomes.



#### **Individual Provider Results**

Providers receive ratings of optimal (between 90 - 100%), fair (between 80-89%), needs improvement (between 70 - 79%) or unsatisfactory (between 0 - 69%) for each domain. These ratings determine the points awarded for each domain, combined into an overall total point, including consideration of service concerns. The overall score and rating are calculated from the total points achieved compared to the total possible points. For provider agencies who receive improvement or unsatisfactory ratings, DHS regularly monitors the agency's progress on their corrective action steps. While providers received individual scores, as illustrated below, each congregate care provider is unique in its structure and programming. Therefore, the report is best understood as a cumulative picture of where congregate care services are as a system.

- Comparing to Fiscal Year 2022, among the 22 evaluated providers, 45% maintained an Optimal performance rating, 23% improved, 14% decreased, and 14% remained at a lowperformance level, receiving either Needs Improvement or Unsatisfactory ratings.
- In Fiscal Year 2023, 14 Plans of Improvement (POI) were required to ensure that
  providers outlined their action plans addressing identified areas requiring improvement
  based on the evaluation results. In addition, three providers who were rated as
  Unsatisfactory were requested on the 90-day follow-up.

Tables 3 and 4 show the individual provider score ratings in Fiscal Year 2023.

Table 3: Group Home, Institution, and Psychiatric Residential Treatment Facility Providers

Provider Agency	Service(s)	Dependent/ Juvenile Justice-Involved/Both	Rating
Abraxas - Morgantown	Institution	Juvenile Justice-Involved	Optimal
Abraxas - South Mountain	Institution	Juvenile Justice-Involved	Optimal
Carson Valley Children's Aid (CVCA)	Institution, Psychiatric Residential Treatment Facility	Both	Optimal
NET	Psychiatric Residential		Optimal
PATH			Optimal
Bancroft Psychiatric Residential Treatment Facility  Being Beautiful Group Home  First Choice Group Home  Adelphoi Group Home  Pediatric Specialty Care		Dependent	Optimal
		Dependent	Optimal
		Dependent	Optimal
		Juvenile Justice-Involved	Optimal
		Dependent	Optimal



Gemma	Institution, Psychiatric Residential Treatment Facility	Dependent	Optimal
Woods	Institution	Dependent	Optimal
Pinkney Vineyard of Faith Ministries			Optimal
Childway	Group Home	Dependent	Optimal
Pedia Manor	Group Home	Dependent	Optimal
Northern Children's Services Group Home		Dependent	Needs Improvement
The Bridge	Group Home	Both	Unsatisfactory
ChildFirst	Group Home	Dependent	Unsatisfactory
St. Francis / St. Vincent	Group Home	Dependent	Unsatisfactory

Table 4: Emergency Shelter Providers

Provider Agency	Service(s)	Dependent/Delinquent/Both	Rating
Valley Youth House	Emergency Shelter	Dependent	Optimal
Forget Me Knot	Emergency Shelter	Dependent	Needs Improvement
Youth Services Inc.	Emergency Shelter	Dependent	Unsatisfactory



## **Appendix**

### Methodology

Before the 2019 report, DHS evaluations were based solely on compliance with state and federal regulations. To continuously improve quality service, DHS began incorporating quality indicators into its annual evaluation process in fiscal year 2019. This work was done in consultation with Casey Family Programs, a national leader in child welfare policy and practice. Casey Family Programs worked with DHS to design a new and rigorous process that assesses the quality of care provided within congregate settings and compliance with regulations. This work included a literature review to identify best practices and a needs assessment with providers to understand challenges and set priorities.

Throughout the design and development of this new evaluation process, congregate care providers were engaged through interviews, surveys, and in-person provider listening sessions. This provided the opportunity to share feedback on priorities and needed practice improvements. A new program evaluation instrument was developed and tested with providers during the fall of 2018. DHS began implementing the enhanced evaluation process for all congregate care providers later that year. In Fiscal Year 2021, in addition to utilizing a congregate care evaluation tool that included quality indicators, DHS updated its emergency shelter evaluation tool to align with the provided services. These congregate care evaluations have the same domains and only slightly differ in terms of the standards for each domain. In Fiscal Years 2022 and 2023, DHS slightly modified the evaluation process and tools based on provider feedback. DHS will continue enhancing its evaluation processes over the next year to support providers' quality improvement efforts.

Four of the seven evaluation domains feature both quality and compliance indicators. These domains are Life Skills and Education Activities, Service Planning and Delivery, Communication, and Family and Community. Currently, the Health, Supportive and Safe Environment, and Staff domains only contain compliance indicators. Compliance indicators assess whether the required documentation is present to comply with the regulations and policies. Quality indicators assess whether there is evidence that the provider is implementing interventions and strategies aligned with the youth's individual needs.

Table 5 outlines the details surrounding domains and indicators below.

Table 5: Evaluation Domains and Indicators

Domain	Number of Indicators (Group homes, institutions, and CBH-	Number of Indicators (Emergency Shelter)	Indicators Reviewed
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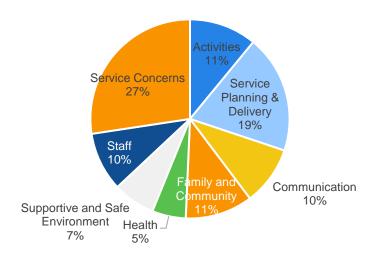
	funded providers)		
Life Skills and Education Activities	4 (4 quality indicators)	2 (2 quality indicators)	Academic records, report cards, life skills assessments, court orders, and opportunities to engage in extracurricular activities.
Service Planning and Delivery	9 (5 quality indicators and 4 compliance indicators)	5 (3 quality indicators and 2 compliance indicators)	Service Plans, Court orders, file documentation, monitoring of discharge plans, and the incorporation of identity and culture in service delivery
Communication	5 (2 quality indicators and 3 compliance indicators)	0	Invitations to participate, documentation signed and distributed
Family and Community	4 (4 quality indicators)	2 (1 quality indicator and 1 compliance indicator)	Face-to-face visits, visitation, family contact, quarterly home visits with youths' families
Health	4 (4 compliance indicators)	4 (1 quality indicator and 3 compliance indicators)	Medical, dental, hearing exams, immunizations, documentation
Staff	<b>7</b> (7 compliance indicators)	11 (4 quality indicators and 7 compliance indicators)	Staff records, certifications, and requirements, training
Supportive and Safe Environment	5 (5 compliance indicators)	10 (7 quality indicators and 3 compliance indicators)	The ratio of adults to youth, staff clearances, medication security and storage, quarterly file audits, and notifying all parties of youths' location changes
Service Concerns	1	1	Total service concerns reported in Fiscal Year 2022
Serious Incidents	1	1	Total serious incidents reported in Fiscal Year 2022



#### Scoring

Providers are given one integrated score and corresponding rating for compliance and quality measures compiled across all seven evaluation domains and a count of service concerns. Each domain is weighted so that high-priority areas have a larger impact on a provider's overall score. Figure 3 below shows the congregate care evaluation domain weight in scoring<sup>6</sup>.

Figure 3: FY23 Congregate Care Evaluation Domain Weight in Scoring



Serious incidents, such as allegations of physical or sexual abuse,<sup>7</sup> are also considered in the overall score. If providers have a serious incident during the fiscal year, their performance level automatically drops in rating. For example, if the cumulative scores for a provider from the seven evaluation domains and the service concerns data yield an "optimal" score, but the provider had a serious incident, then that provider receives an overall rating of "fair." If the provider had no serious incidents, then their rating remains unchanged.

<sup>6</sup> The chart presents the weights for the general congregate care evaluation domain. Emergency Shelter evaluation used the same domain weights with the exception that Emergency Shelter evaluation did not contain Communication domain.

<sup>&</sup>lt;sup>7</sup> Types of serious incidents include child fatality, sexual abuse, criminal activity, serious injury/trauma, suicidal physical act, ChildLine incident, incident with police or fire department, serious disease, violation of child rights, excessive restraints.



#### Glossary

**Adjudicated delinquent:** A youth who has been found guilty by a judge of committing a delinquent act.

**Dependent congregate care:** Includes placements in Emergency Shelters, Group Homes, Community Behavioral Health-Funded Psychiatric Residential Treatment Facilities, and Institutions for children that are in the custody of the Department of Human Services due to abuse and neglect.

**Delinquent congregate care:** Includes court-ordered placements in DHS-contracted Group Homes, Community Behavioral Health-funded Psychiatric Residential Treatment Facilities, or Institutions for youth adjudicated delinquent.

**Emergency shelters** (for dependent youth only): Temporary out-of-home congregate care (residential) placement for youth while a placement aligned with the youth's needs can be identified.

**Group home:** Small, out-of-home residential placement facilities located within a community and designed to serve children and youth who need a structured, supervised setting. These homes usually have six or fewer occupants and are staffed 24 hours a day by trained caregivers.

**Institution:** Out-of-home residential placement facilities, larger than a group home, designed to serve children and youth who need a structured, supervised setting. Institutions include facilities that provide intensive behavioral health or medical care services for youth with special needs, such as Psychiatric Residential Treatment Facilities.

**Mother/baby placements:** Non-committed child residing with his/her mother and whose mother is committed to DHS care.

**Psychiatric Residential Treatment Facilities:** Community Behavioral Health-funded institutional placement for dependent and delinquent youth providing specialized behavioral care for youth with severe special needs and prescribed by a medical professional after a psychiatric evaluation.

**Supervised independent living:** Out-of-home transitional placement for young adults preparing to live independently once they leave the child welfare system. Supervised Independent Living agencies provide varying levels of support services, supervision, and autonomy to young adults.