# SUBSTANCE USE PREVENTION & HARM REDUCTION

# 2022 ANNUAL HARM REDUCTION REPORT



# **Our Role**

# Division of Substance Use Prevention and Harm Reductiaon (SUPHR)

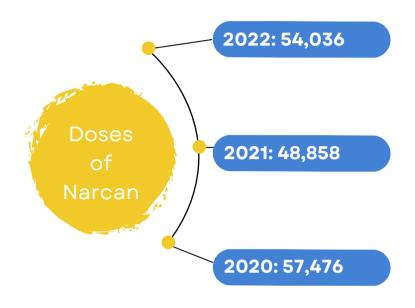
SUPHR's Harm Reduction and Environmental Teams conduct outreach across Philadelphia to reduce and prevent harms related to substance use, including overdose, secondary harms, and environmental safety. Our goals are to:

- Educate communities and provide technical assistance to organizations on harm reduction principles and overdose prevention.
- Address community safety and sanitation through initiatives to reduce drug related litter, prevent the spread of infectious diseases and more.
- **Distribute** harm reduction materials.
- Advocate for the rights and safety of people who use drugs.

### **Environmental & Harm Reduction Teams:**

Cristina Laboy Environmental Manager Antoinette Montgomery Project Reach Lead Jason Whittle CRS Field Navigator JN Robert Henry Project Reach Specialist Andre Davis Public Restroom Specialist Tiffany Rodriguez Harm Reduction Manager Rachel Neuschatz Wound Care Nurse Charlie Nolan Harm Reduction Specialist Elvis Rosado Health Educator Rachel Russell Harm Reduction Specialist Jen Shinefeld Field Epidemiologist

# **Naloxone Distribution**



Naloxone (Narcan) is a lifesaving prescription medicine that reverses opioid overdoses. It temporarily blocks the effects of opioids and helps a person start breathing again. The City of Philadelphia is dedicated to distributing naloxone to those at risk for opioid overdoses and those likely to witness opioid overdoses.

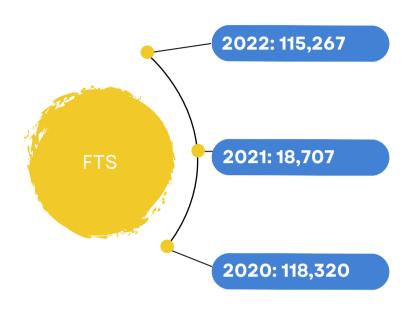
Intramuscular Naloxone was not manufactured for the majority of 2022. The PA standing order for Naloxone changed to include wider variety of Naloxone covered under it.

### **Naloxone Distribution Partners**

Behavioral Health Businesses Educational Institutions EMS/Fire/PD Special Events Grassroots Organizations Healthcare Institutions Individuals/Secondary Distro Libraries

Mobile MAT News Outlets PDPH & Affiliated Divisions Recovery Houses/Treatment Re-Entry Programs Religious Organizations Social Service Agencies Staffing Agencies Transportation Groups Union & Trade Groups

# **FTS Distribution**



# Fentanyl Test Strips (FTS) are a harm reduction tool that allow persons who are using substances to test them for the presence or absence of fentanyl prior to using. With the increasing presence of

fentanyl in the drug supply and increased number of overdose deaths with fentanyl present, this tool allows for individuals to make individualized choices around their substance use.

In August 2021, the Philadelphia Mayor signed an executive order decriminalizing possession or distribution of FTS. In December 2022, the Pennsylvania Governor signed a bill decriminalizing FTS and other drug testing technology statewide. In 2022, local hospitals began piloting distribution of FTS in clinical settings.

# **FTS Distribution Partners**

Behavioral Health Businesses Educational Institutions Special/Community Events Grassroots Organizations Healthcare Institutions Individuals/Secondary Distro

Mobile MAT News Outlets PDPH & Affiliated Divisions Recovery Houses/Treatment Re-Entry Programs Religious Organizations Social Service Agencies Staffing Agencies

# **Naloxone Trainings**

### 2022:

Total People Trained: 3,662 Total Trainings: 135

- In Person: 61
- Virtual: 28
- Pop Up: 46

### 2021:

Total People Trained: 2,192 Total Trainings: 100

- In Person: 39
- Virtual: 43
- Pop Up: 18

135 Total Trainings in 2022

SUPHR's provides monthly public Naloxone trainings and private trainings at the request of individuals or agencies. Trainings are available in both English and Spanish. In order to empower individuals to conduct Naloxone trainings for community members and folks who otherwise wouldn't have access to the training, SUPHR provides train the trainer sessions. At each training, individuals learn: how to recognize an overdose; how to properly respond to an overdose; and information surrounding overdoses, and statistics for the Philadelphia region.

# **Types of Organizations Trained**

Behavioral Health Businesses Educational Institutions EMS/Fire/PD Special/Community Events Pop-Up events Grassroots Organizations Healthcare Institutions PDPH & Affiliated Divisions Recovery Houses/Treatment Religious Organizations Social Service Agencies Staffing Agencies

# **FTS Trainings**

### 2022:

Total People Trained: 1,693 Total Trainings: 58

- In Person: 3
- Virtual: 9
- Pop Up: 46

### 2021:

Total People Trained: 1,264 Total Trainings: 57

- In Person: 15
- Virtual: 24
- Pop Up: 18



SUPHR provides trainings at the request of an individual or agency. Trainings are offered in-person or virtually, and in both English and Spanish. At each training individuals will learn: how to properly use FTS; how to interpret an FTS result; universal harm reduction approaches; and data around the drug supply.

# **Types of Organizations Trained**

Businesses Educational Institutions Special/Community Events Pop-Up events Grassroots Organizations Healthcare Institutions PDPH & Affiliated Divisions Recovery Houses/Treatment

# **Drug Checking Program**

In 2022, SUPHR and NMS laboratories were able to develop quantitative analysis of drug samples, which provides information on the purity and potency of drug samples. Through this type of testing, we discovered that samples involved in overdose anomalies included a higher purity of fentanyl. We also learned that the purity of xylazine was at 40-60%. SUPHR and NMS's partnership also conducts validation studies of new testing technologies (Fentanyl Test Strips, Xylazine Test Strips).



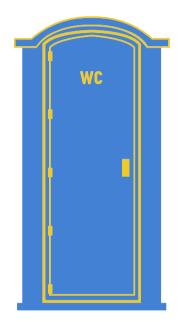
### **Discoveries**

- NOVEMBER 2020 Fentanyl in pressed pills
- MAY 2022 2 Novel Synthetic Cannabinoids Detected
- DECEMBER 2022 Quetiapine detected in local dope supply

- DECEMBER 2020 Para-Flurofentanyl Detected
  - JULY 2022 Fentanyl Contamination in local crack supply detected
- DECEMBER 2022
   Nitazenes detected in local dope supply

# **Public Restrooms**

Public Restroom Specialists maintain the publicly available bathrooms as well as the SEPTA suburban station bathrooms. PRS are successfully able to provide referrals to community members. They also distribute harm reduction supplies in areas where they are not commonly available.



# of Times cleaned inside: 496
# of Times cleaned outside: 493
# of times power washed: 24
# of Overdoses Reversed: 2
# of Syringes Picked-up: 226
# of Naloxone doses stocked: 944
# of Naloxone doses distributed: 100
# of Referrals Given: 111

# **Environmental Team**

Project Reach, created in 2020, is a team focused on garnering community support by addressing ongoing environmental concerns through a harm reduction lens.

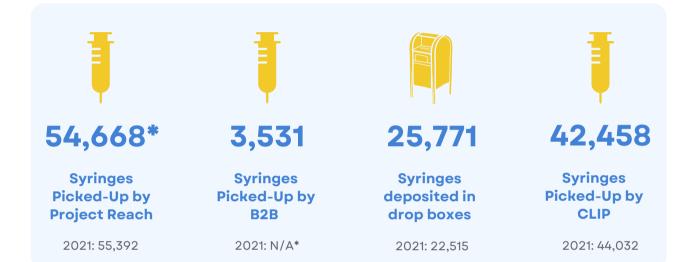
In 2019, the city began a syringe box initiative, in order to provide a safe and secure way for individuals to dispose of their used sharps. In 2022, 4 new boxes were installed.

The Block2Block (B2B) program began in April 2022 and, to date, has provided employment for more than 100 individuals. Individuals employed are also linked to social services as needed.

# **Environmental Metrics** Project Reach, B2B, & Syringe Boxes

# Total Syringes Picked-up: 126,528

2021: 154,298



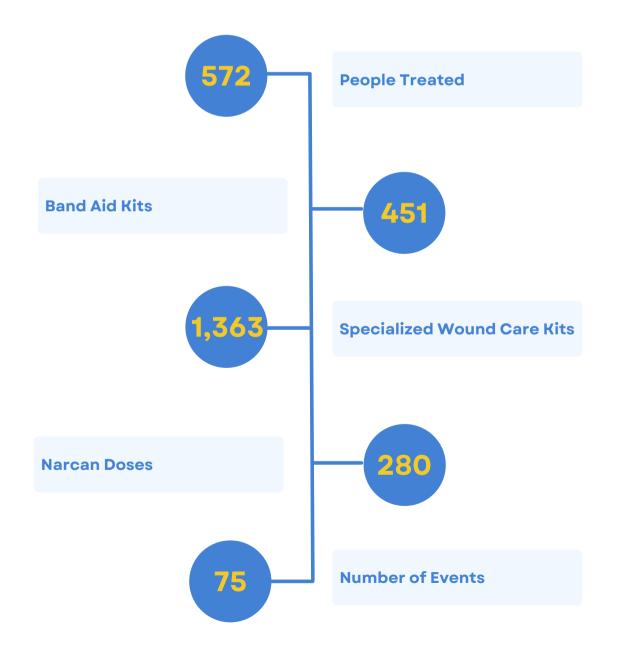
\*From January-November 2022, the KIND team was under the supervision of SUPHR. KIND numbers from 2022 are combined into the Project Reach data. In 2021, KIND picked-up 32,259 syringes. The B2B program began in 2022; therefore, there is no 2021 data.



\*Intramuscular (IM) Naloxone was not manufactured for the majority of 2022. However, in 2021, 95 IM doses were distributed.



In May of 2022, SUPHR hired a wound care nurse to help community members in need of supportive medical care access culturally competent services. Since beginning their position, the SUPHR WC Nurse has partnered with a variety of established institutions, as well as independently worked to provide care.



# **New Initiatives**

**Naloxone Near Me Towers:** a 24 hour Naloxone access structure in West Philadelphia in front of the Lucien Blackwell Library, with plans to install another tower in North Philadelphia. In 2022, 732 doses were distributed through the machine.

**Block 2 Block:** a community clean up initiative that hires individuals for 12 days and links them services as needed. B2B addresses environmental community concerns, through trash and syringe collection.

**Wound Care (WC):** SUPHR hired a WC Nurse to provide low barrier, judgement free medical care.

**Expanded Pop-Up Trainings:** SUPHR increased the number of Pop-up trainings conducted in areas of the city with the largest disparity of overdoses, and in areas considered 'Naloxone Deserts'.

**Portland Loo:** A permanent restroom structure modeled after Portland's public restrooms. Public Restroom Specialists conducted a needs assessment across the city to survey the acceptance and feasibility of permanent structures.

# Contact

For questions about this report or data requests, contact Jen Shinefeld at Jennifer.Shinefeld@phila.gov