



Winter Holidays 2022-23: Test for your Guests!

Holiday planning is hard enough without COVID on our minds! With news of a possible winter surge, it might feel like there's not a lot you can control. But here are a few suggestions to help keep Grandma (and other higher-risk family and friends) safer at your winter holiday gathering.

☐ **If you're sick, stay home!**


If you test positive, or have [COVID-like symptoms](#), you should stay home to avoid getting anyone else sick. Visit the [CDC's isolation calculator](#) for guidelines on isolating.

Find information about paid sick leave at [PDPH's COVID-19 Paid Sick Leave Resources](#).

☐ **Get the updated booster.**

There's still time to get [the updated \(bivalent\) booster](#) before your winter holiday celebrations! Keep yourself and your loved ones safe and greatly reduce the number of days you'll be sick.

- ☐ **Test for your guests!** Taking a test on the day of your gathering can help everyone get rid of some COVID anxiety. If you have a stockpile of tests, test twice. If you don't have a stockpile yet, buy some now! There will be no cost to you after reimbursement if you have commercial insurance or Medicaid/Medicare. Call or visit your insurance company's website for details.

Test 48 hours before Winter Holiday Celebration.		Test Day of Winter Holiday Celebration.
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*** GET FREE AT-HOME Test Kits at PDPH Resource Hubs: No insurance or ID required!**

Location	Address	Hours
Bethany Baptist Church	5747 Warrington Ave., 19143	M, T, Th, & F: 9:00 am – 4:00 pm W: 11:00 am – 6:00 pm
Mi Salud Wellness Center	200 E. Wyoming Ave., 19120	M, W & Th: 9:00 am – 4:00 pm T: 12:00 pm – 7:00 pm F: 8:30 am – 3:30 pm
Mt. Enon Baptist Church	500 Snyder Ave., 19148	T, W, F & S: 9:00 am – 4:00 pm Th 11:00 am – 6:00 pm
The Shoppes at LaSalle,	5301 Chew Avenue, 19138	M, T, Th, & Sun: 10:00 am – 5:00 pm W: 12:00 pm – 7:00 pm
Whitman Plaza	330 W. Oregon Ave., 19148	M through F 10:00 am – 5:00 pm

Schools: use [this form](#) to order tests or contact covid.schools@phila.gov

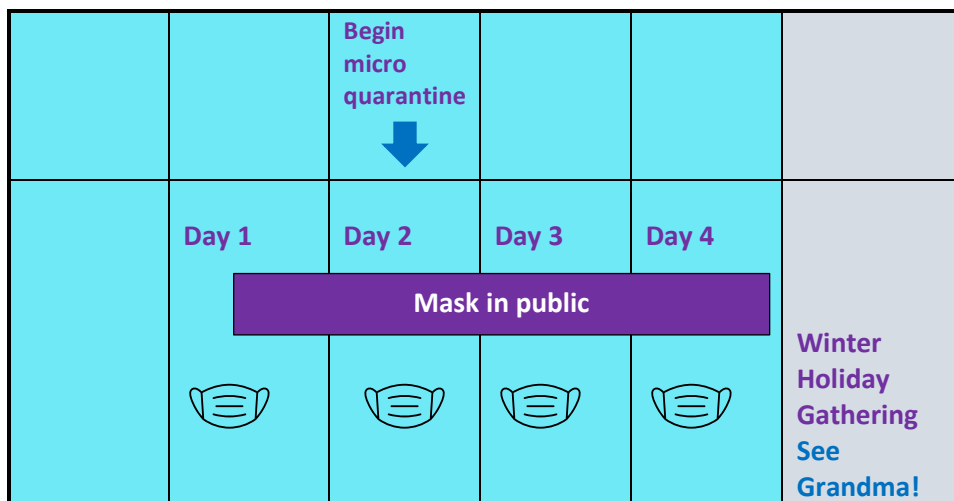
☐ **Consider a mini-quarantine.**

Think of it as a pre-holiday buffer – for Grandma. During mini-quarantine, don't spend time in crowded public places or go maskless 5 days before you get together. It's a little extra prep to protect those you love.



☐ **Mini-quarantine impossible? Try a micro-quarantine.**

Since not everyone can take 5 days away from school, pre-school or work, consider a micro-quarantine instead. Before your celebration, everyone (including kids) masks in public for 3 days. (Or 4 – the longer the better.) Not quite as safe as a mini- quarantine but combined with testing the micro-quarantine can still lower your most vulnerable loved one's risk!



☐ **Ventilate your space.**

Outdoors is best. If outside won't work for your gathering, ventilate your space by cracking windows and/or use a HEPA filter to keep you safer.

Questions? Call 215-685-5488
Visit: www.phila.gov/covid
Email: publichealthinfo@phila.gov