

Did you test positive or have you been exposed to COVID-19?



The In-Home Support program is here to help!

We can help with free:

- Food & Grocery Delivery
- Essential Item(s) Delivery

You can also receive a:

- Care Package with Personal Protective Equipment and Educational COVID-19 Materials*
*while supplies last
- Bounce Back Philly Creative Corner Newsletter
 - Blog: bit.ly/bbp-cc-1
 - Digital: bit.ly/bbp-cc-download
 - Print: Copies available upon request

And we can help connect you with:

- Utility & Housing Resources
- Mental Health Support

Call us at 215-685-5488 & ask for the In-Home Support program, Monday-Friday, from 8:30am-5pm to see if you are eligible to receive support at home for up to 10 days.





တၢ်မၤကွၢ်ဖျါလၢနအိၣ်ဒီးတၢ်ဆါါါ မ့တမ့ၢ် နဘၣ်ဒွဲး ဘၣ်ဒွါတၢ်ဝဲဒီး COVID-19 ဧါ.

ဟံၣ်အပူၤ တၢ်ဆိၣ်ထွဲမၤစၢၤ တၢ်ရဲၣ်တၢ်ကျဲၤ

(In-Home Support program)

အိၣ်ဝဲဖဲအံၤလၢကမၤစၢၤတၢ်န့ၣ်လီၤ!

ပမၤစၢၤကလီၤနၤသ့လီၤ-

- တၢ်အိၣ်တၢ်အိၣ်ဒီး တၢ်အဂ့ၤအဂ့ၤ တၢ်စိၣ်ဆ့ၤ
- တၢ်စိၣ်ဆ့ၤတၢ်ဖိတၢ်လံၤ(တဖၣ်)လၢအကါဒိၣ်သပှၢ်

နတူၢ်လိာ်စ့ၢ်ကိးတၢ်တခါအံၤသ့-

- တၢ်အံးထွဲကွၢ်ထွဲတၢ်ဘိၣ်လၢအအိၣ်ဒီးနီၢ်တဂၤတၢ်ဒိသဒါတၢ်ပိးတၢ်လီၤဒီး COVID-19 တၢ်ဟ့ၣ်ပိညါ တၢ်ပိးတၢ်လီၤတဖၣ်*
*ဖဲ တၢ်လၢအလိၣ်တဖၣ် အိၣ်ဒီးဝဲအခါန့ၣ်လီၤ
- Bounce Back Philly Creative Corner Newsletter
 - ဘျီး(ခ)- bit.ly/bbp-cc-1
 - ဒူးကံးတၢ်(လ)- bit.ly/bbp-cc-download
 - တၢ်စဲကျဲးလိာ်- လိာ်အဒိတဖၣ်တၢ်မၤန့ၢ်အီၤသ့လၢတၢ်ဃုထီၣ်အဖီခိၣ်န့ၣ်လီၤ

ဒီး ပမၤစၢၤဆဲးကျါဆဲးကျိးနၤသ့ဒီး-

- ကံသဝံ, လီမ့ၢ်အ, ထံ ဒီး ဟံၣ်ဃီစုလီၢ်ခိၣ်ခိၣ်တဖၣ်
- သးတၢ်အိၣ်ဆူၣ်အိၣ်ချ့တၢ်ဆိၣ်ထွဲမၤစၢၤ



ကိးပုၤဖဲ **215-685-5488** ဒီး သံကွၢ်ဘၣ်ဃး ဟံၣ်အပူၤတၢ်ဆိၣ်ထွဲမၤစၢၤတၢ်ရဲၣ်တၢ်ကျဲၤ, မ့ၢ်ဆၣ် - မ့ၢ်ဖိဖး, လၢ ဂီၤခိ 8:30 န့ၣ်ရံၣ် - ဟါခိ 5 န့ၣ်ရံၣ်လၢကသ့ၣ်ညါဘၣ် မ့ၢ်န့ၣ်ကြးဝဲဘၣ်ဝဲလၢ ကဒီးန့ၢ်ဘၣ် တၢ်ဆိၣ်ထွဲမၤစၢၤဖဲဟံၣ် ယံဝဲတုၤ အသံ 10 ဧါန့ၣ်လီၤ.

