

Did you test positive or have you been exposed to COVID-19?



# The **In-Home Support** program is here to help!

We can help with free:

- Food & Grocery Delivery
- Essential Item(s) Delivery

You can also receive a:

- Care Package with Personal Protective Equipment and Educational COVID-19 Materials\*  
\*while supplies last
- Bounce Back Philly Creative Corner Newsletter
  - Blog: [bit.ly/bbp-cc-1](https://bit.ly/bbp-cc-1)
  - Digital: [bit.ly/bbp-cc-download](https://bit.ly/bbp-cc-download)
  - Print: Copies available upon request

And we can help connect you with:

- Utility & Housing Resources
- Mental Health Support



Call us at **215-685-5488** & ask for the In-Home Support program, Monday-Friday, from 8:30am-5pm to see if you are eligible to receive support at home for up to 10 days.



您的检测结果是阳性或已暴露于 COVID-19?



# 居家支持计划可 为您提供帮助!

我们可免费提供帮助:

- 食物和杂货配送
- 生活必需品配送

您还可以收到:

- 个人防护用品护理包和 COVID-19 教育材料\*  
\*送完即止
- Bounce Back Philly Creative Corner 新闻通讯
  - 博客: [bit.ly/bbp-cc-1](https://bit.ly/bbp-cc-1)
  - 数字版: [bit.ly/bbp-cc-download](https://bit.ly/bbp-cc-download)
  - 印刷版: 应请求提供

并且我们可以帮助您联系:

- 公用事业和住房资源
- 心理健康支持

周一至周五上午 8:30 至下午 5:00 拨打我们的电话  
**215-685-5488** 咨询居家支持计划, 了解您是否有资格  
获得最长 10 天的居家支持。

