

Guide to Healthcare



I HAVE A HEALTH PROBLEM BUT DON'T HAVE INSURANCE. WHERE CAN I GO?

There are clinics that charge fees based on your income. Look online at www.healthfederation.org/chcs, www.findahealthcenter.hrsa.gov or **call 311**.

HOW CAN I GET HEALTH INSURANCE?

- Ask to talk with the insurance counselor at a city clinic
- Visit www.pennie.com OR
- Call the **Pennsylvania Health Action Network (PHAN)** at **1-877-570-3642**.

I HAVE A BILL FROM A HOSPITAL THAT I CAN'T PAY. WHAT CAN I DO?

- Talk to the hospital to see if you are eligible for help with your bill.
- You may be able to get Medicaid to cover the bill if it is less than 90 days old. Apply as soon as possible.

I AM HEALTHY. DO I NEED A PRIMARY CARE PROVIDER?

Yes! Finding a primary care provider now will help you stay healthy. It also will give you someone to see if you do get sick. It is much easier to get an appointment when you are sick if the clinic has seen you before.

