

The Philadelphia Department of Public Health,  
Division of Maternal, Child and Family Health

*Presents*

## Breastfeeding Basics:

**For: Future and present: Peer Counselors, Doulas, CBCs, CBEs, CLCs, IBCLCs  
allied health workers, nurses, MAs, nutritionists and dieticians.**

A 9-week training course about counseling and about common breastfeeding situations in the first few weeks at home.

**9 Mondays 9 to noon July 12- September 13, 2021**

**July: 12, 19, 26**

**August: 2, 9, 16, 23, 30**

**September: 13 (no class Labor Day)**

**Lactation education hours awarded for attendance = 27**

**Zoom:** links provided before class

Limited to 20 participants.

Join your community for an interactive course led by

Nikki Lee RN, BSN, MS, IBCLC, CCE, CIMI, ANLC, CKC, RYT

Learn to deal with common situations you see working with pregnant or postpartum people. Practice a 3-part method for counseling. Sing the Nigerian counseling song.

Use an exciting new 6-pound textbook that is also a resource for accreditation examination. Do practice role plays. Dispel myths. Learn useful strategies. Have some easy homework. Network with passionate lactivists.

Have fun while you learn ways to make Philadelphia the City of MOTHERLY love!

Register: **Nikki.Lee@phila.gov**

**FREE** Breastfeeding is everybody's business.

