



# James & His Family Fight COVID-19

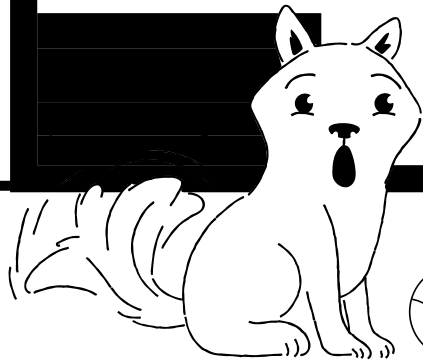
By: Jennyfer Osuna  
& Palak Shah



**ONE DAY, JAMES IS SITTING WATCHING THE NEWS WITH HIS FAMILY. HE SEES A NEW WORD ON THE TV, COVID-19. JAMES HAS NEVER SEEN THIS WORD BEFORE. WHAT COULD IT BE?**



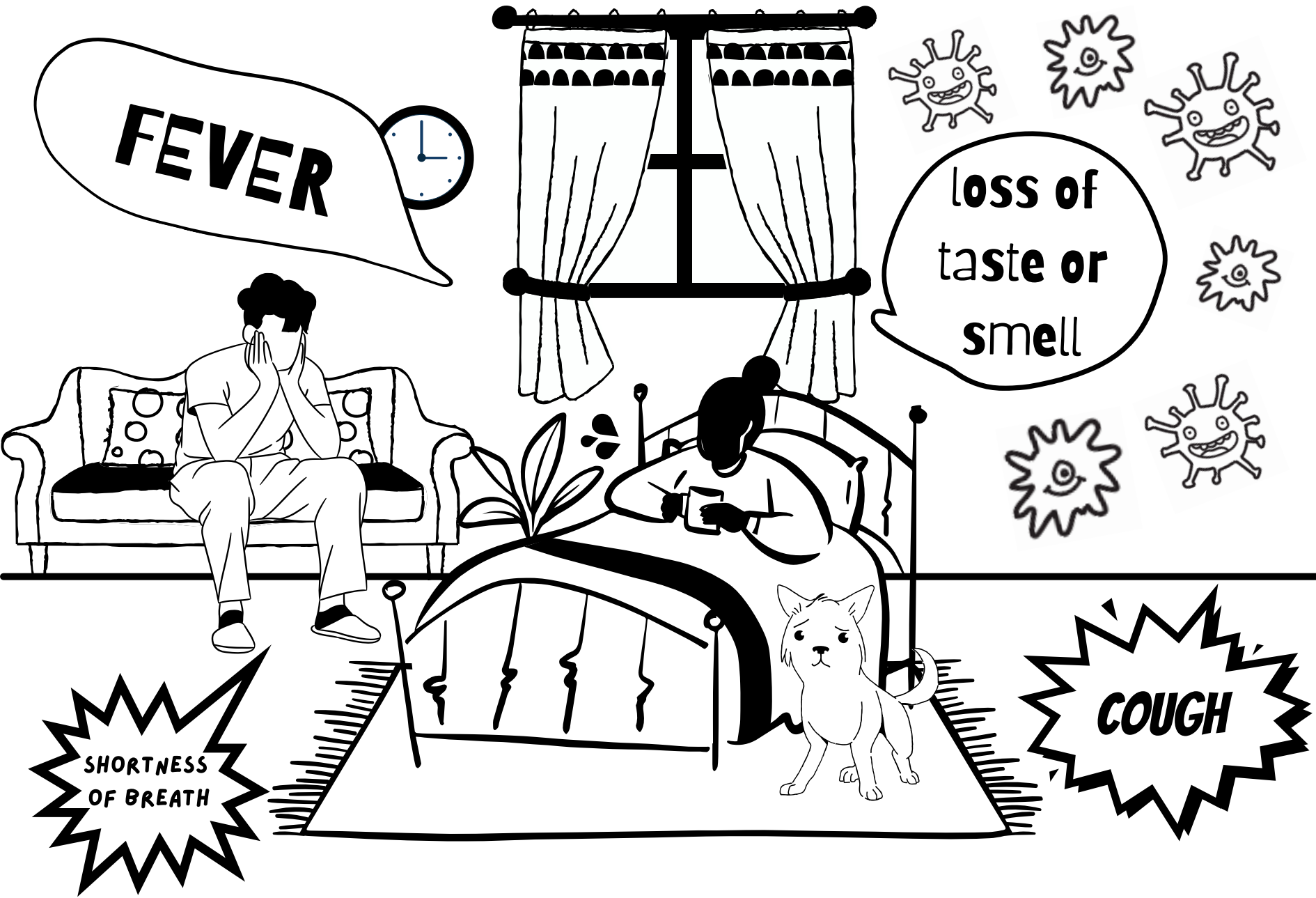
COVID-19 is a new virus that we are still learning about. Right now this virus has made a lot of people sick, yet doctors and scientists are working very hard to help people who get sick.



**JAMES CURIOUSLY LISTENS AS THE NEWS REPORTER DESCRIBES THE NEW WORD. WHAT DID HE LEARN?**



**JAMES HAS AN IDEA! HE IS GOING TO PRACTICE HEALTHY HABITS.**

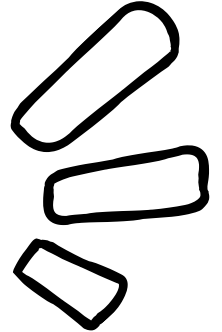
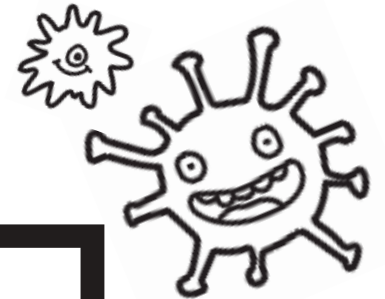


**BEFORE JAMES CAN TEACH HIS PARENTS THE HEALTHY HABITS HE  
LEARNED, HIS PARENTS START TO FEEL SICK.**

**JAMES RESEARCHES TESTING SITES IN HIS NEIGHBORHOOD.  
THIS IS WHAT JAMES LEARNED...**

My mom and dad  
have to  
get tested!

These are the  
testing sites near  
our house!



# TESTING 101



1

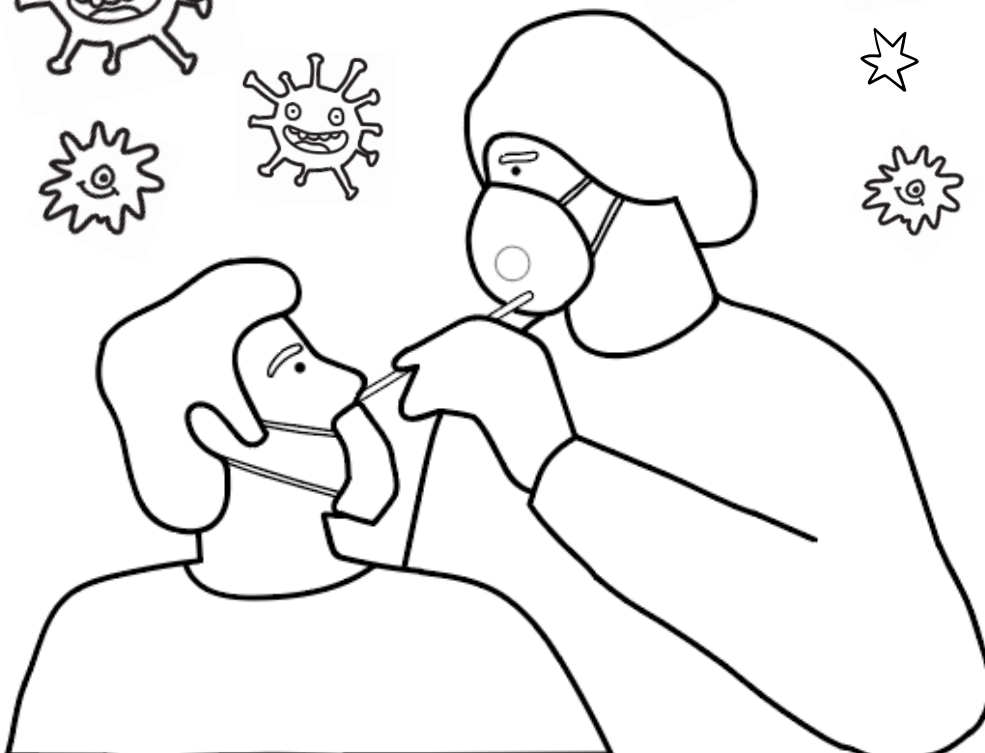
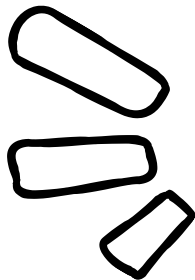
TILT YOUR  
HEAD BACK

2

WATCH THE  
DOCTOR INSERT  
THE SWAB INTO  
YOUR NOSE

3

GO HOME AND  
WAIT FOR YOUR  
TEST RESULTS!







# EXPOSURE

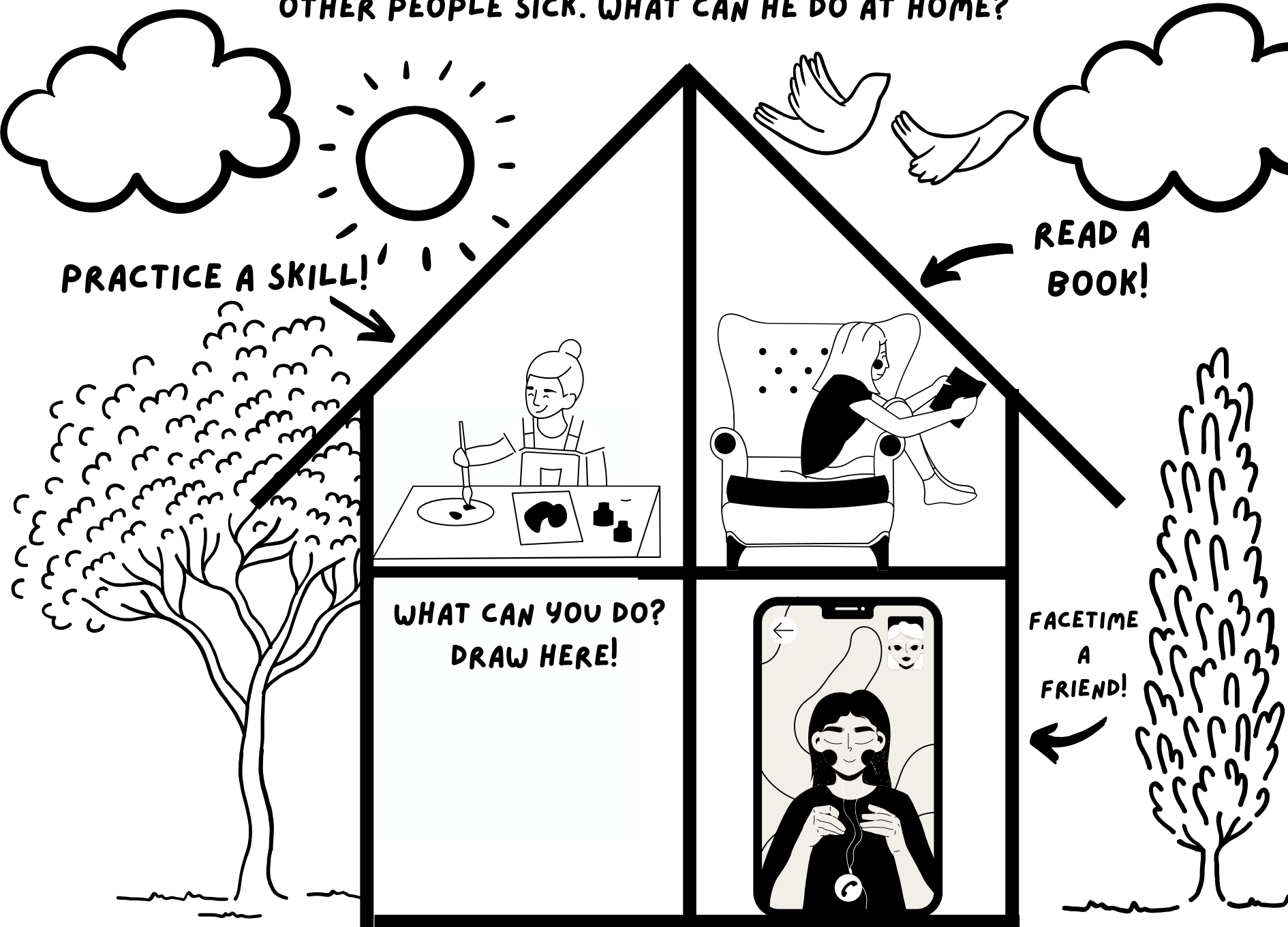
**JAMES HAS BEEN COOKING, PLAYING, HUGGING, AND DOING HIS  
HOMEWORK WITH HIS PARENTS LESS THAN SIX FEET.  
THIS IS CALLED AN EXPOSURE. JAMES WILL ALSO GET TESTED.**





**EVEN THOUGH JAMES AND HIS FAMILY NORMALLY PLAY OUTSIDE BEFORE BEDTIME, HIS PARENTS MUST ISOLATE IN THEIR ROOM AND JAMES AND SISTER MUST QUARANTINE.**

**JAMES KNOWS IT IS IMPORTANT TO STAY HOME SO THAT HE DOES NOT GET OTHER PEOPLE SICK. WHAT CAN HE DO AT HOME?**



**PRACTICE A SKILL!**

**READ A BOOK!**

**WHAT CAN YOU DO?  
DRAW HERE!**

**FACETIME  
A FRIEND!**

FROM HIS WINDOW, JAMES  
SEES PEOPLE OUTSIDE  
KEEPING DISTANCE FROM  
EACH OTHER. HE KNOWS THIS  
IS IMPORTANT TO STOP THE  
SPREAD OF COVID-19.





**JAMES KNOWS THAT THERE ARE A LOT OF PEOPLE OUT THERE WHO ARE  
WORKING TO PROTECT HIM AND YOU!  
IT IS NOT YOUR JOB TO WORRY!**



**STAY SAFE**



# COVID-19

## WORD

## SEARCH



COVID19

EssentialWorkers

FrontlineWorkers

Exposure

Isolation

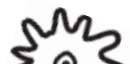
SocialDistancing

Swab

Quarantine

Virus

Mask



Z	B	W	Y	V	A	H	M	Z	P	I	I	K	M	C	E	E	R	S	Z
X	I	M	T	H	S	V	Q	D	N	G	V	W	A	Z	R	Y	A	M	M
S	F	I	K	Q	D	P	H	J	I	S	I	T	Q	B	U	U	Z	X	E
E	O	P	Q	N	A	M	Z	R	Q	S	W	W	A	S	S	A	C	R	H
X	Q	C	X	L	K	B	K	B	O	B	B	W	E	O	O	E	O	F	V
H	I	O	W	Y	E	T	P	L	P	T	S	Q	H	C	P	Z	V	Z	Z
G	V	H	Q	U	A	R	A	N	T	I	N	E	G	I	X	W	I	X	J
S	U	I	W	P	V	T	S	T	P	N	L	X	B	A	E	R	D	C	F
D	O	N	V	A	I	M	X	I	T	T	T	A	K	L	P	N	I	E	J
R	T	G	C	O	R	J	F	X	P	A	T	Q	M	D	N	L	9	E	V
I	F	S	N	J	U	V	U	H	V	O	U	J	K	I	K	I	Q	K	P
X	C	J	Q	U	S	S	A	E	A	T	U	Y	E	S	U	T	O	V	V
J	Y	Y	A	S	R	E	K	R	O	W	L	A	I	T	N	E	S	S	E
R	A	A	L	C	J	Q	J	U	K	Z	C	A	L	A	Z	T	L	I	U
N	E	J	P	P	A	B	M	D	J	G	L	W	P	N	I	V	T	C	T
J	M	M	H	U	R	N	H	K	H	T	Z	H	E	C	L	R	M	Z	R
I	C	T	U	M	O	Y	V	B	T	C	M	K	S	I	I	P	I	V	U
S	D	W	A	S	E	Y	Q	Y	J	J	D	L	A	N	V	Z	I	A	Y
T	L	S	A	I	M	E	P	X	Q	G	V	X	Q	G	H	Q	D	N	E
U	K	S	R	E	K	R	O	W	E	N	I	L	T	N	O	R	F	T	O



# COVID-19

## CROSSWORD PUZZLE

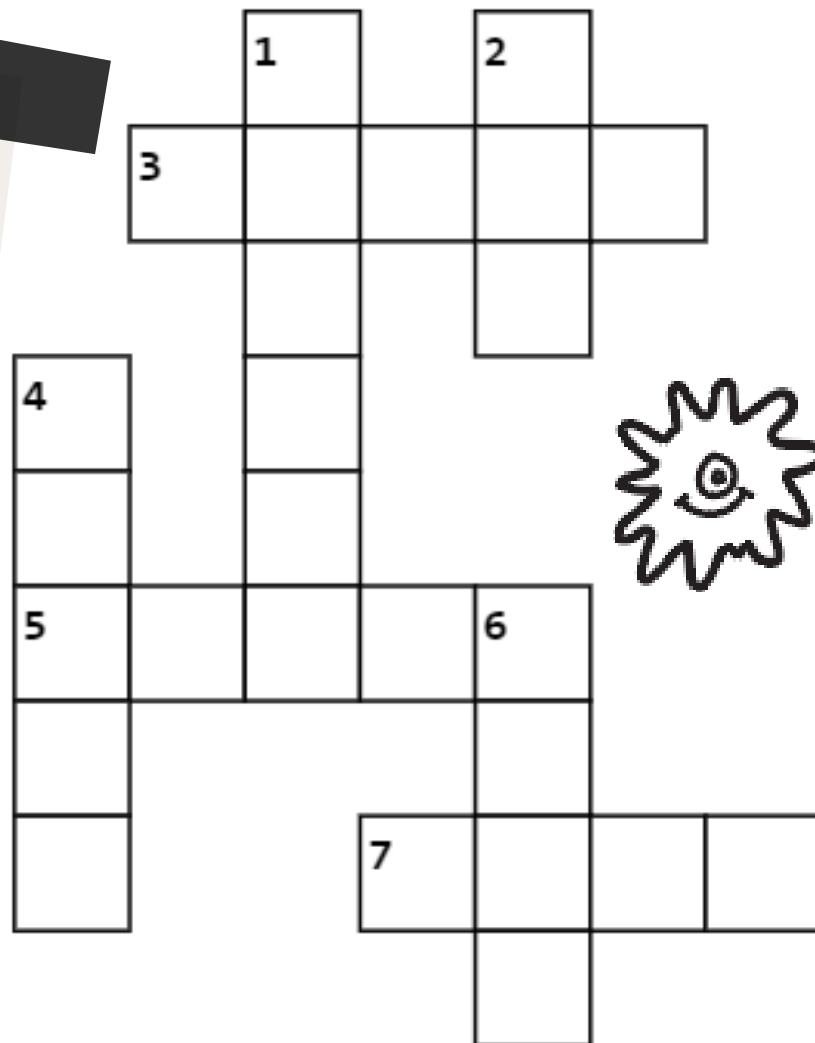


### ACROSS

3. This new virus is called \_\_\_\_-19
5. They are very tiny and when they get inside your body they can make you very sick
7. Something you wear over your mouth and nose

### DOWN

1. People who keep you healthy and heal the sick
2. Stay \_\_\_\_ feet apart!
4. When you feel sick and warm, you have a \_\_\_\_
6. Wash your hands with \_\_\_\_ and water



1. DOCTOR, 2. SIX, 3. SIX, 4. FEVER, 5. VIRUS, 6. SOAP, 7. MASK





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# My Glossary



**COVID-19:** A new virus discovered in 2019 that has made people all over the world sick

**ESSENTIAL WORKERS:** People who do jobs that are important and needed every day like doctors, nurses, and firefighters

**EXPOSURE:** When you are less than 6 feet of someone who has COVID-19

**FRONTLINE WORKERS:** People who have to show up to work in person like mailmen, cashiers, and janitors

**ISOLATION:** Separates sick people from people who are not sick

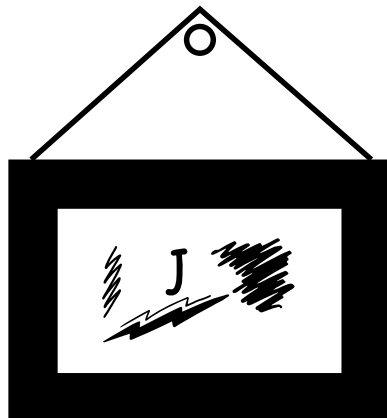
**SOCIAL DISTANCING:** Keeping a safe distance like six feet from you and other people who do not live with you

**SWAB:** A tool a doctor uses on a person to test for COVID-19

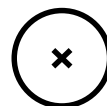
**QUARANTINE:** Separates and stops the movement of people exposed to COVID-19

**VIRUS:** Tiny particles that make people sick when they enter our bodies like COVID-19

4



**FOR MORE INFORMATION VISIT  
WWW.PHILA.GOV/COVID**



Department of  
**Public Health**

CITY OF PHILADELPHIA