WHAT IS NALOXONE?

- Naloxone is a life-saving medication that temporarily reverses an opioid overdose.
- Naloxone is also known as Narcan.
- You can get naloxone at the pharmacy. You don’t need a prescription.
- Naloxone is safe and has little to no side effects.
- There are different types of naloxone:
  - NASAL SPRAY
  - INTRAMUSCULAR (IM)
  - AUTO-INJECTOR

WHAT ARE OPIOIDS?

- Opioids are drugs that are used to treat pain.
- Opioids can be prescribed by a doctor but can be bought and used illegally.
- Examples of opioids:
  - Heroin
  - Fentanyl (Duragesic)
  - Oxycodone (OxyContin, Percocet)
  - Hydrocodone (Vicodin, Lortab)
  - Hydromorphone (Dilaudid)
  - Methadone
  - Morphine
  - Codeine
  - Tramadol (Ultram)

RESOURCES

Learn more about Naloxone at www.bringhomenaloxone.com

Naloxone Mailing Program
NaloxoneForAll.org/philly

Philadelphia Department of Public Health
(215) 354-0626
drugprevention@phila.gov

DBHIDS Warm Line
Talk with trained, certified, supportive peer specialists
Monday—Friday 4PM-7PM
(855) 507-WARM (9276)
WHAT DOES AN OPIOID OVERDOSE LOOK LIKE?

**WARNING SIGNS**

- Dizziness
- Pupils are very small
- Irregular/slow breathing
- Deep snoring or gurgling noises

*If a person is showing these signs, make sure they are breathing and stay with them.*

**SIGNS OF OVERDOSE**

- Not breathing
- Blue or grey lips/skin/nails
- Spasms & rigid muscle
- Seizure-like movements

*If they aren’t breathing, call 9-11 and give naloxone.*

HOW DO I USE NALOXONE?

**SINGLE-STEP NASAL SPRAY**

- Place your thumb on plunger
- Press plunger into nostril

**MULTI-STEP NASAL SPRAY**

1. Take off yellow caps
2. Screw on white cone
3. Take purple cap off of naloxone
4. Screw vial of naloxone into syringe barrel
5. Press white cone into nostril and push down on the plunger halfway in one nostril, and halfway in the other

**AUTO-INJECTOR**

- Follow step-by-step instructions from built-in speaker
- Inject into outer thigh, even through clothing

WHAT DO I DO AFTER I USE NALOXONE?

**IF BREATHING**

- Put person in recovery position

- Hand supports head
- Knee prevents body from rolling onto stomach

*Stay with person until help arrives.*

**IF NOT BREATHING**

- Give rescue breaths

- Tilt head back
- Pinch nostrils closed, give 1 breath every 5 seconds

*Give rescue breaths until breathing starts or help arrives.*

SHOULD I GIVE A SECOND DOSE OF NALOXONE?

- If person doesn’t start breathing in 2-3 minutes, give second dose of Naloxone
- If person stops breathing after first dose (during recovery), give second dose of Naloxone immediately
- FYI: Naloxone can wear off and result in secondary overdose. Stay with individual until EMS arrives!