

# HEALTH OF THE CITY



PHILADELPHIA'S COMMUNITY HEALTH ASSESSMENT





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## INTRODUCTION

Health is influenced by many factors, including social and economic conditions, the built environment, accessibility of healthy products, the behavioral choices people make, and the medical care system. *Health of the City* describes the health and well-being of people who live in Philadelphia. The Philadelphia Department of Public Health produces this annual report to help health care providers, city officials, people who make decisions for non-governmental organizations, and our residents make more informed decisions about health. This edition of Health of the City includes data through the end of 2019, before the COVID-19 pandemic arrived in Philadelphia.

> Health of the City includes summaries of data from various sources to describe the demographics of the city's residents as well as health outcomes and key factors that influence health in five broad areas:



### OUTCOMES

represent how healthy Philadelphians are, including measures of quality of life, rates of infectious and chronic illnesses, and premature death.



#### HEALTH BEHAVIORS

include behaviors that directly impact health, such as nutrition, exercise, tobacco and drug use, and sexual

activity.



CLINICAL CARE encompasses both access to and quality of preventive, primary, and acute care.



#### PHYSICAL ENVIRONMENT

includes air quality and access to housing and transportation.

#### SOCIAL AND ECONOMIC DETERMINANTS

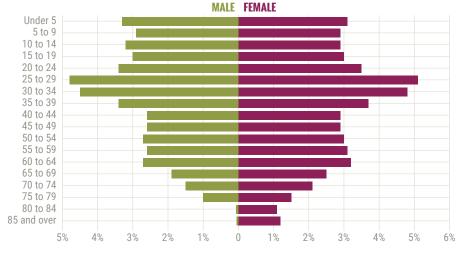
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include education, employment, income and community safety.

## **ABOUT PHILADELPHIA**

Philadelphia is the sixth largest city in the United States (behind New York City, Los Angeles, Chicago, Houston, and Phoenix), with an estimated population of 1,584,064 in 2019. Philadelphia's young adult population (ages 20 to 34 years) continues to grow and represents the largest portion of the population.

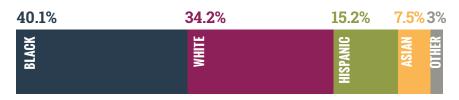
#### **POPULATION DEMOGRAPHICS**



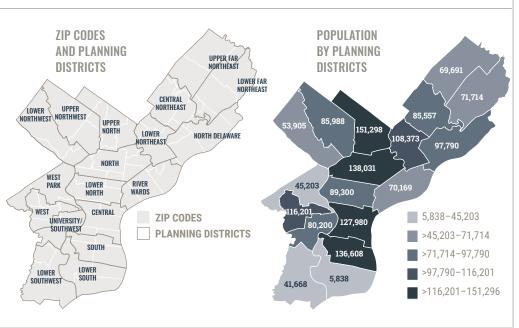
SOURCE: 2019 American Community Survey Estimates, U.S. Census Bureau

Philadelphia is racially and ethnically diverse – 40 percent non-Hispanic Black, 34 non-Hispanic White, 15 Hispanic, and 7 percent Asian. Yet, Philadelphia continues to be segregated along racial lines, with one race or ethnic group representing the majority in 83 percent of the city's 376 residential census tracts.

Philadelphia consists of fortyeight zip codes and eighteen planning districts representing distinct economic, geographic, and social units. **POPULATION BY RACE/ETHNICITY** 



SOURCE: 2019 American Community Survey Estimates, U.S. Census Bureau



SOURCE: 2018 American Community Survey Estimates, U.S. Census Bureau

## HEALTH OUTCOMES

Despite ongoing public health crises like the opioid epidemic, community gun violence and poverty – many key health indicators in Philadelphia continued to improve over the last year. Yet, some health indicators moved in the wrong direction and overall Philadelphia's health lagged behind other major U.S. cities. These differences were largely driven by persisting disparities in key health outcomes and behaviors for racial/ethnic minorities and those experiencing poverty. The following sections provide more details.

## **SUMMARY HEALTH MEASURES**

Measuring life expectancy and examining trends in causes of death shows how people are dying, who is dying prematurely and how these deaths may be prevented. After declining in recent years, life expectancy in Philadelphia showed modest improvements for both men and women in 2019. Life expectancy did not improve for all groups, though. Increases in chronic conditions, homicide mortality, and poor health behaviors are the likely causes of lower life expectancy among these groups.

	OST RECENT STIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
DEATHS (ALL CAUSES	5)		
	18.2 per 00,0001		O NO CHANGE
	F POTENTIAL ORE AGE 75	LIFE	
	,497.4 ears <sup>1</sup>	Non-Hispanic Blacks	O NO CHANGE
<b>LIFE EXPI</b> (MALES)	ECTANCY		
	2.8 ears <sup>1</sup>	Non-Hispanic Blacks	>> IMPROVING
<b>LIFE EXPI</b> (FEMALES)	ECTANCY		
	0.0 ears <sup>1</sup>	Non-Hispanic Blacks	>> IMPROVING
	SELF-REPOR		
	1%²	Hispanics; Non-Hispanic Blacks	O NO CHANGE

SOURCE: 1 - 2019 Preliminary Vital Statistics, PDPH

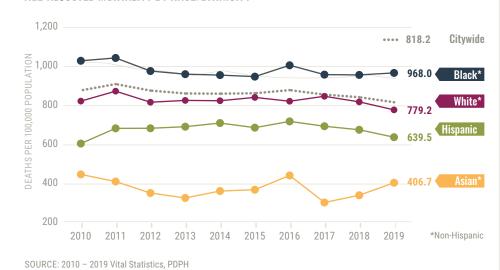
2 - 2019 PA Behavioral Risk Factor Surveillance System

### **SUMMARY HEALTH MEASURES**

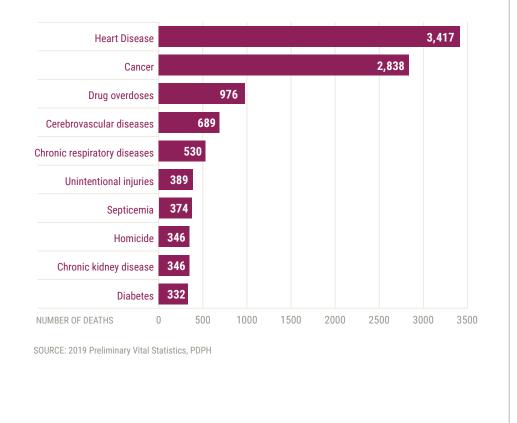
#### **OVERALL MORTALITY**

In 2019, an estimated 14,187 Philadelphia residents died. Heart disease, cancer and drug overdoses were the leading causes of death.

#### AGE-ADJUSTED MORTALITY BY RACE/ETHNICITY







## **SUMMARY HEALTH MEASURES**

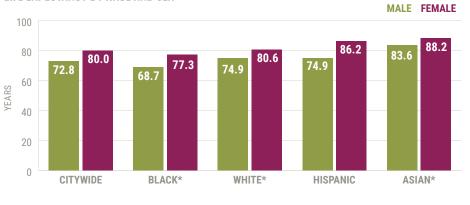
#### LIFE EXPECTANCY

After declining in recent years, life expectancy at birth increased slightly for both men and women in 2019. Non-Hispanic Asians continue to have the highest life expectancy overall. Life expectancy at birth is shortest among non-Hispanic Black men at 68.7 years.

#### LIFE EXPECTANCY AT BIRTH BY SEX



SOURCE: 2010 - 2019 Vital Statistics, PDPH



LIFE EXPECTANCY BY RACE AND SEX

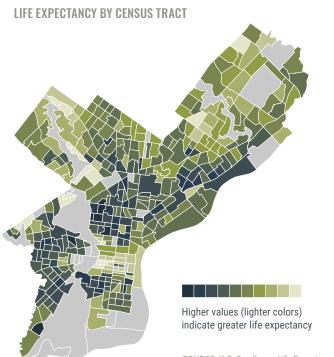
SOURCE: 2019 Preliminary Vital Statistics, PDPH

\*Non-Hispanic

### **SUMMARY HEALTH MEASURES**

#### LIFE EXPECTANCY

Life expectancy varies considerably by neighborhood in Philadelphia. Living just a mile away can decrease life expectancy by 20 years. Life expectancy is lowest in communities with highest rates of adverse behavioral and economic determinants, including poverty, substance use/abuse, and community violence.

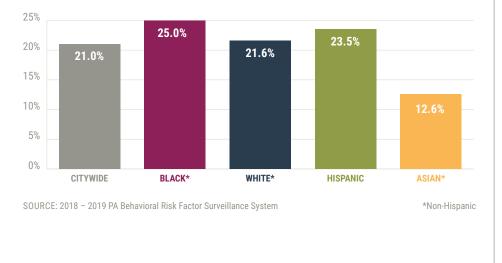


SOURCE: U.S. Small-area Life Expectancy Estimates Project (USALEEP): Life Expectancy Estimates File, National Center for Health Statistics via City Health Dashboard

#### SELF-REPORTED HEALTH STATUS

While life expectancy indicates how long people are living, self-reported health status provides a measure of quality of life. Overall, 21 percent of Philadelphians rated their health as poor or fair. There are significant differences among racial/ethnic groups with rates being highest among Hispanics and non-Hispanic Blacks.

#### SELF-REPORTED POOR OR FAIR HEALTH BY RACE/ETHNICITY





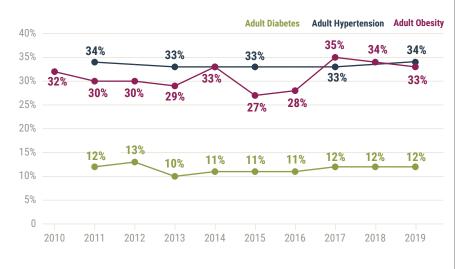
Six of the leading causes of death in Philadelphia are related to chronic health conditions: heart disease, cancer, cerebrovascular disease, chronic respiratory disease, diabetes, and chronic kidney disease. These conditions often significantly reduce quality of life and life expectancy, and lead to disability and high health care costs. Many factors, particularly poor health behaviors and lack of access to care, contribute to these conditions, resulting in varying rates among the population.

	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
OBESITY IN CHILDREN (AGES 5 - 18)			
	20.4%1	Hispanic boys; Non-Hispanic Black girls	*
OBESIT	Y IN ADULTS		
	33% <sup>2</sup>	Non-Hispanic Blacks; Hispanics	O NO CHANGE
HYPER	TENSION IN AD	OULTS	
	34% <sup>2</sup>	Non-Hispanic Blacks	O NO CHANGE
DIABE	TES IN ADULTS		
	12% <sup>2</sup>	Non-Hispanic Blacks	O NO CHANGE
CANCE	R INCIDENCE		
	470.9 per 100,000 <sup>3</sup>		>> IMPROVING
CANCE	R MORTALITY		
	160.4 per 100,000⁴	Non-Hispanic Blacks	>> IMPROVING
CHILD	100D ASTHMA	HOSPITALIZATIONS	
	41.4 per 100,000⁵	Non-Hispanic Blacks; Hispanics	>> IMPROVING
	<ul> <li>SOURCE: 1 - 2015 - 2016 School District of Philadelphia</li> <li>2 - 2019 PA Behavioral Risk Factor Surveillance System</li> <li>3 - 2017 PA Department of Health Cancer Registry</li> <li>4 - 2019 Preliminary Vital Statistics, PDPH</li> <li>5 - 2019 Hospital Discharges, PA Health Care Cost Containment Council</li> </ul>		

\*Recent trend data not available

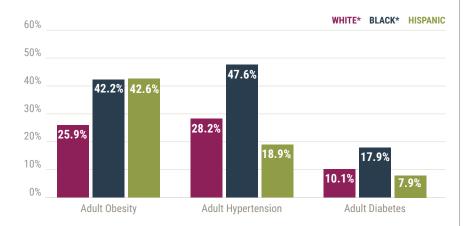
#### CHRONIC DISEASES AMONG ADULTS

Children and adults with obesity are at increased risk for developing chronic health conditions like high blood pressure, type 2 diabetes, asthma, and cardiovascular disease. Approximately 1 in 3 adults had obesity, with rates being highest among non-Hispanic Blacks. Similar patterns were observed for hypertension among adults. The rate of diabetes remained stable and was highest among non-Hispanic Blacks and Hispanics.



ADULT OBESITY, HYPERTENSION, AND DIABETES PREVALENCE

SOURCE: 2010 - 2019 PA Behavioral Risk Factor Surveillance System

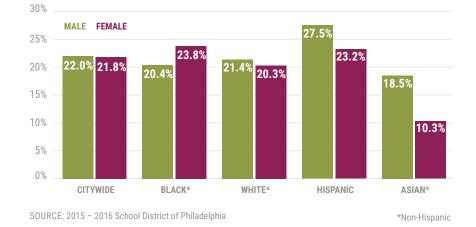


#### ADULT OBESITY, HYPERTENSION, AND DIABETES PREVALENCE BY RACE/ETHNICITY

SOURCES: Obesity and diabetes: 2018 – 2019 PA Behavioral Risk Factor Surveillance System, Hypertension: 2017 – 2019 PA Behavioral Risk Factor Surveillance System

#### **CHILDHOOD OBESITY**

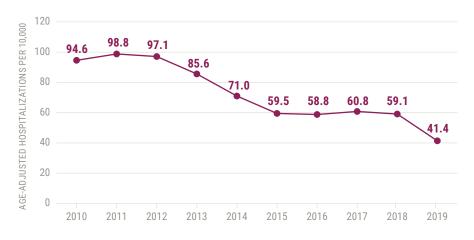
In 2016, the most recent year of data for children, just over 1 in 5 children ages 5 to 18 in public schools had obesity. Children who have obesity are at high risk of having obesity and its complications as adults. Non-Hispanic Black girls and Hispanic boys had the highest rates of obesity. Prevalence of obesity among children slightly declined over the last decade, but that trend seems to have slowed and potentially reversed in recent years. **OBESITY AMONG CHILDREN (AGES 5 – 18)** 



#### **CHILDHOOD ASTHMA**

Childhood asthma is a significant concern for many children in Philadelphia. The rate of asthmarelated hospitalizations dropped to 41.4 hospitalizations per 10,000 children in 2019.

#### **ASTHMA HOSPITALIZATIONS AMONG CHILDREN <18 YEARS OF AGE**



SOURCE: 2010 - 2019 Hospital Discharges, PA Health Care Cost Containment Council

#### **CHILDHOOD ASTHMA**

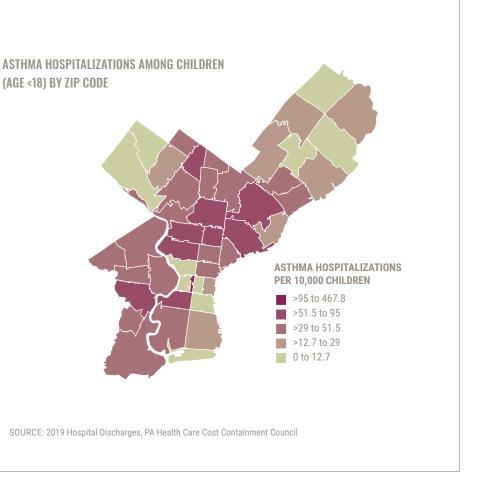
Despite this overall improvement, non-Hispanic Black and Hispanic children had the highest rates of asthma-related hospitalizations, around 4 times higher than that of non-Hispanic White children.

#### 100 90 HOSPITALIZATIONS PER 10,000 80 70 60 50 52.9 40 42.7 30 20 10 13.3 12.5 0 WHITE\* BLACK\* HISPANIC ASIAN\*

SOURCE: 2019 Hospital Discharges, PA Health Care Cost Containment Council

\*Non-Hispanic

Rates were also highest among children living in the upper North, lower Northeast, and West Philadelphia.



#### ASTHMA HOSPITALIZATIONS AMONG CHILDREN (AGE <18) BY RACE/ETHNICITY

#### CANCER

Both cancer incidence and cancer mortality have been on the decline in recent years. In 2017, cancer incidence reached a low of 470.9 cases per 100,000 residents, and in 2019 cancer mortality also reached a low of 160.4 deaths per 100,000.

#### **CANCER INCIDENCE AND CANCER MORTALITY RATES**



SOURCE: Cancer incidence data 2010-2017 PA Cancer Registry, Cancer mortality data 2010-2019 Vital Statistics, PDPH

The term "behavioral health" includes conditions related to mental illness, substance use, and emotional well-being. Behavioral health conditions are often associated with disability and premature death.

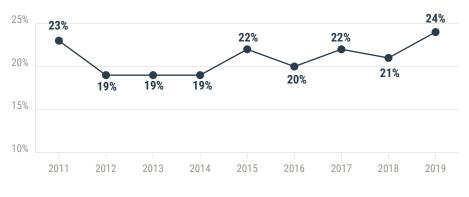


	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
DIAGN	DSED DEPRESS	IVE DISORDER IN AD	JLTS
	24%1		<< worsening
FREQU	ENT MENTAL S	TRESS AMONG ADUL	тз
	16% <sup>2</sup>	Low income	O NO CHANGE
SUICID	E IDEATION IN	TEENS (GRADES 9-12	
	22% <sup>3</sup>		VORSENING
SUICID	E ATTEMPTS I	N TEENS (GRADES 9-1	2)
	14.5% <sup>3</sup>		VORSENING
SUICID	E DEATHS		
	9.3 per 100,000⁴	Non-Hispanic White males	O NO CHANGE
PRESC	RIPTION OPIOI	DUSE	
	34% <sup>1</sup>		O NO CHANGE
OPIOID	-RELATED DEA	THS	
	53.5 per 100,000⁴	Non-Hispanic White males	O NO CHANGE
ER VISI	TS FOR DRUG	OVERDOSES	
	5,4575		>> IMPROVING
	1 – 2019 PA Behavioral Risk 2 – 2017 PA Behavioral Risk 3 – 2019 Philadelphia Youth 4 – 2019 Preliminary Vital S 5 – 2019 Syndromic Surveill	Factor Surveillance System Risk Behavior Survey tatistics, PDPH	

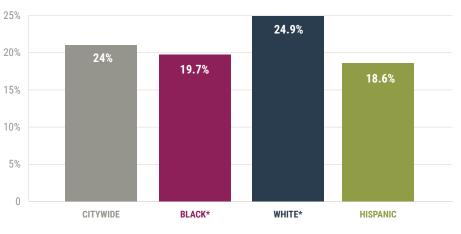
#### DIAGNOSED DEPRESSIVE DISORDER

In 2019, nearly 1 in 4 adults had a diagnosed depressive disorder. Rates have remained relatively stable in recent years and are highest among Hispanics. These estimates include only diagnosed depressive conditions and are likely an underestimate of adults with poor mental health.

#### DIAGNOSED DEPRESSIVE DISORDER AMONG ADULTS



SOURCE: 2011 - 2019 PA Behavioral Risk Factor Surveillance System



#### DIAGNOSED DEPRESSIVE DISORDER AMONG ADULTS BY RACE/ETHNICITY

SOURCE: 2018 – 2019 PA Behavioral Risk Factor Surveillance System

\*Non-Hispanic

#### FREQUENT MENTAL STRESS AMONG ADULTS

Overall health depends on both physical and mental wellbeing. Mental stress impacts quality of life and has been linked to several physical health conditions, particularly hypertension. Approximately 16 percent of adults reported frequent mental distress.

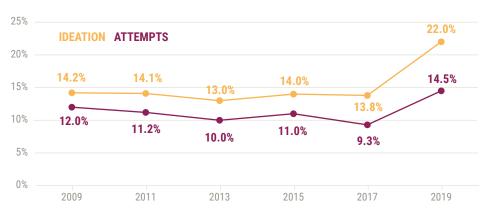


APPROXIMATELY 16 PERCENT OF ADULTS REPORTED FREQUENT MENTAL STRESS.

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#### SUICIDE IDEATION AMONG TEENS

More than 1 in 5 high school students reported seriously considering suicide in 2019 and more than 1 in 7 reported at least one suicide attempt. These are sharp increases from 2017, the causes of which are unclear. SUICIDE IDEATION AND ATTEMPTS AMONG YOUTH (9<sup>TH</sup> – 12<sup>TH</sup> GRADE)

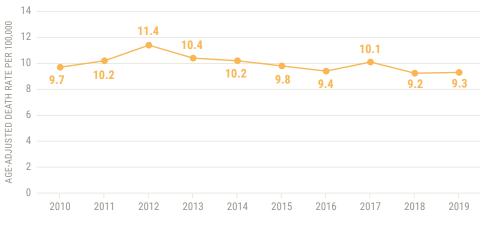


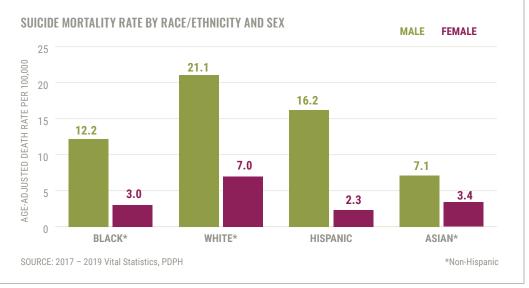
SOURCE: 2009 - 2019 Philadelphia Youth Risk Behavior Survey

#### **SUICIDE DEATHS**

Suicide rates have remained fairly stable in Philadelphia with approximately 175 each year. Suicides are most common among non-Hispanic White men.

#### SUICIDE MORTALITY RATE





SOURCE: 2010 – 2019 Vital Statistics, PDPH

## THE OPIOID EPIDEMIC

The opioid epidemic in Philadelphia and nationwide is in large part fueled by years of over prescribing of highly addictive pharmaceutical opioids to treat chronic pain, followed by the illicit marketing of the highly potent drug fentanyl. In 2019, approximately 1 in 3 Philadelphians reported taking a prescription opioid in the last year. Rates are high across all age, sex, and racial/ethnic groups.

#### **OVERDOSE DEATHS**

Drug overdose deaths increased 4-fold in recent years. Most drug overdose deaths involved opioids, which include both heroin and pharmaceutical opioids. In 2017, the opioid overdose mortality rate reached a peak of 59.0 deaths per 100,000 people (914 deaths among Philadelphia residents). 84 percent of these deaths involved fentanyl. In 2019, opioid-involved overdose deaths increased to 53.5 per 100,000 residents.

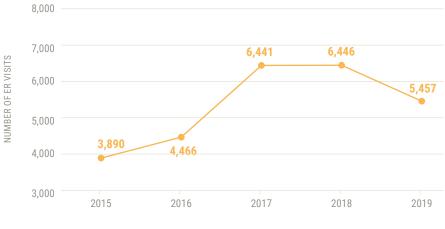




#### **OVERDOSE ER VISITS**

Fatal drug overdoses are just the tip of the iceberg. Emergency rooms and emergency response units are responding to significant increases of non-fatal drug overdoses. In 2019, there were nearly 5500 emergency room visits for drug overdoses in Philadelphia. This is an underestimate of total non-fatal drug overdoses as many individuals do not ever go to the emergency room when overdoses are reversed in community settings.





SOURCE: 2015 - 2019 Syndromic Surveillance, PDPH

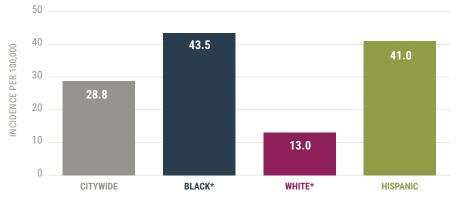
Infectious diseases are spread between people or animals via food, water, air, insects, blood or other bodily fluids. Advances in public health, specifically sanitation, antibiotics, and universal vaccinations during the twentieth century dramatically reduced illness and deaths related to communicable diseases. Apart from conditions transmitted via sexual contact and needle sharing, communicable disease incidence rates had been low in Philadelphia for many years. However, the outbreak of COVID-19 in early 2020 introduced a new, unprecedented infectious disease challenge.

	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
HIV IN	CIDENCE		
	28.8 per 100,0001	Non-Hispanic Black men who have sex with men (improving); People who inject drugs (worsening)	>> IMPROVING
GONOF	RHEA CASES		
	7,043 <sup>2</sup>	Young adult females	>> IMPROVING
CHLAN	IYDIA CASES		
	20,354 <sup>2</sup>	Young adult females	O NO CHANGE
GONOF	RRHEA RATE A	MONG TEENS (AGE 15-19	)
	1,025.4 per 100,000 <sup>2</sup>	Teenage girls	O NO CHANGE
CHLAMYDIA RATE AMONG TEENS (AGE 15-19)			
	5,063.5 per 100,000 <sup>2</sup>	Teenage girls	O NO CHANGE
SYPHI	LIS CASES		
	965 <sup>2</sup>	Non-Hispanic Black men who have sex with men	O NO CHANGE
COVID	-19 CASES		
	37,598 <sup>3*</sup>	Non-Hispanic Blacks; Hispanics; Older adults	
COVID	-19 DEATHS		
	1,820 <sup>3*</sup>	Non-Hispanic Blacks; Hispanics; Older adults	
SOURCE:	<ul> <li>SOURCE: 1 - 2019 HIV Surveillance Data, AIDS Activity Coordinating Office, PDPH</li> <li>2 - 2019 STD Surveillance, PDPH Division of Disease Control</li> <li>3 - 2020 COVID-19 Surveillance Data, PDPH Division of COVID-19 Containment</li> <li>* COVID-19 cases and deaths through 9/30/2020.</li> </ul>		

#### **HIV/AIDS**

The number of new HIV diagnoses has declined by nearly half over the last decade. There were an estimated 28.8 new cases per 100,000 people in 2019. This figure represents a slight increase from 2017, but overall rates are still generally declining. However, rates of new HIV infection were over 3 times higher in non-Hispanic Blacks and Hispanics compared to non-Hispanic Whites and Asians. Despite significant declines in the number of transmissions due to heterosexual contact and among men who have sex with men (MSM), the number of new diagnoses increased among persons who inject drugs. This increase was driven by an outbreak related to the ongoing opioid epidemic in Philadelphia. MSM are still disproportionately impacted by HIV despite the recent decline.

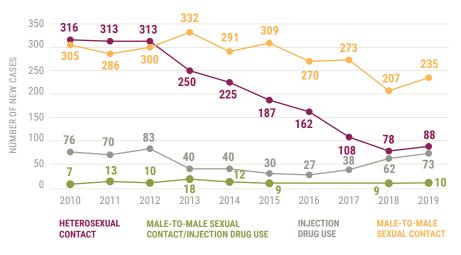
#### NEW HIV DIAGNOSES BY RACE/ETHNICITY, 2019



SOURCE: 2019 HIV Surveillance Data, AIDS Activity Coordinating Office, PDPH NOTE: Rates among non-Hispanic Asians were too low for reliable reporting.

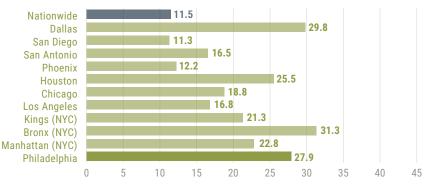
\*Non-Hispanic

#### NEW HIV DIAGNOSES BY TRANSMISSION CATEGORY



SOURCE: 2010 – 2019 HIV Surveillance Data, AIDS Activity Coordinating Office, PDPH

NEW HIV DIAGNOSES PER 100.000 PEOPLE IN LARGE U.S. CITIES



In 2018, compared to other large cities and nationwide, Philadelphia had among the highest rates of HIV incidence.

For more data about HIV/AIDS in Philadelphia, please visit https:// www.phila.gov/documents/hivaids-data-and-research/

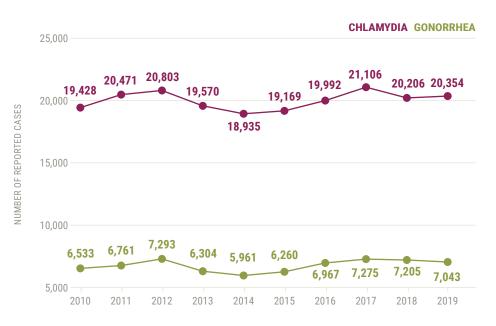
SOURCE: 2018 HIV Surveillance Report, CDC

#### CHLAMYDIA AND GONORRHEA

Reported cases of chlamydia and gonorrhea continued to rise. There were 20,354 cases of chlamydia and 7,043 cases of gonorrhea reported in 2019.

Rates of sexually transmitted infections among teens vary annually, but have been trending downward in recent years. Rates of chlamydia are nearly 5 times higher than gonorrhea among teens.





SOURCE: 2010 - 2019 STD Surveillance, PDPH Division of Disease Control

#### CHLAMYDIA AND GONORRHEA RATES IN TEENS AGES 15-19



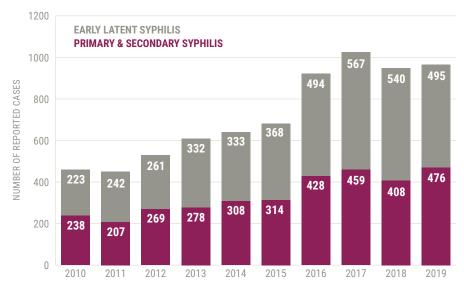
SOURCE: 2010 - 2019 STD Surveillance, PDPH Division of Disease Control

#### **SYPHILIS**

The number of syphilis cases per year has increased nearly 5-fold since 2004, with nearly 1,000 cases reported in 2019. This resurgence of syphilis infections is largely among young adult men who have sex with men, who accounted for more than half of new cases in 2019.

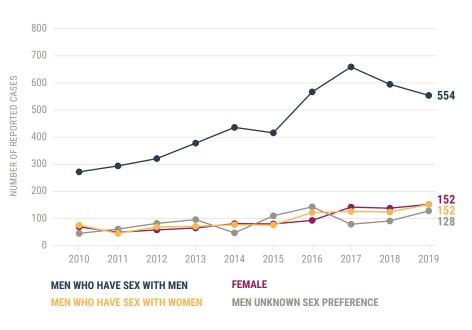
For more data about infectious diseases in Philadelphia, please visit https://hip.phila.gov/ DataReports.

#### **PRIMARY & SECONDARY AND EARLY LATENT SYPHILIS CASES**



SOURCE: 2010- 2019 STD Surveillance, PDPH Division of Disease Control

#### PRIMARY & SECONDARY AND EARLY LATENT SYPHILIS CASES BY RISK GROUP



SOURCE: 2010- 2019 STD Surveillance, PDPH Division of Disease Control

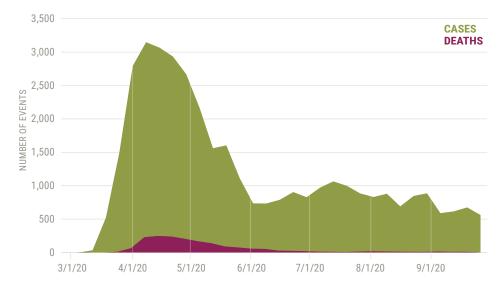
## THE COVID-19 PANDEMIC

Since arriving in Philadelphia in early March, COVID-19 has caused widespread illness and considerable loss of life. Business closures to stem disease spread have caused job and income loss for many Philadelphians, and the normal rhythms of daily life have been disrupted for virtually everyone. The following data reflect COVID-19 cases and deaths through 9/30/2020.

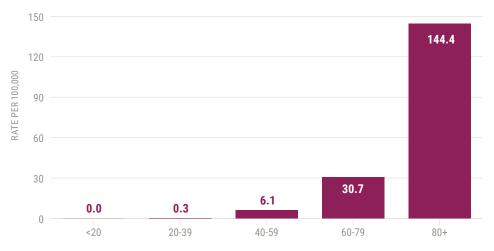
#### COVID-19

After an initial surge in the spring, COVID-19 cases and deaths decreased into the summer months. Long term care facilities were particularly hard hit during the first wave, with more than half of deaths occurring in these settings.

SOURCE FOR BOTH FIGURES: 2020 COVID-19 Surveillance Data, PDPH Division of Covid-19 Containment WEEKLY COVID-19 CASES AND DEATHS THROUGH 9/30/2020



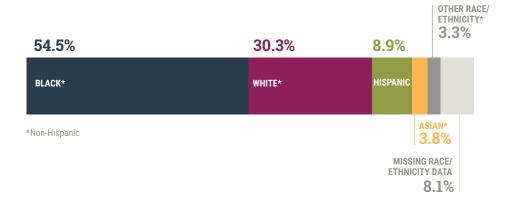




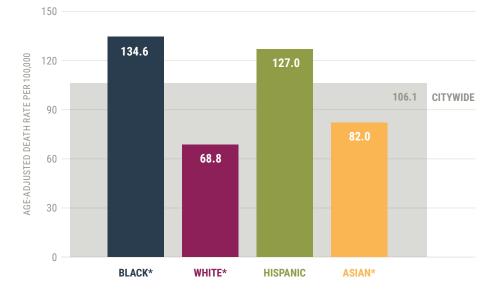
#### COVID-19

The impact of COVID-19 has not been evenly borne. Black and Hispanic Philadelphians have contracted COVID-19 at approximately 1.5 times the rate of Whites. Black residents are also over 50% more likely than White residents to die of COVID-19. These disparities are caused by several factors. Black and Hispanic Philadelphians are more likely to be essential workers and to live in more crowded conditions. which increases their exposure to the virus. They are also more likely to suffer from chronic illnesses that increase the likelihood of severe disease, and often have unequal access to quality healthcare.

#### **COVID-19 DEATHS BY RACE/ETHNICITY**



#### **COVID-19 MORTALITY RATES BY RACE/ETHNICITY**



SOURCE: 2020 COVID-19 Surveillance Data, PDPH Division of Covid-19 Containment



Health outcomes at birth and during childhood are key indicators of a population's health. Giving children a healthy start greatly increases their likelihood of good health outcomes as adults.

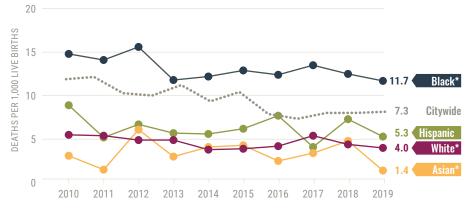
	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
INFAN		RATE	
	7.3 per 1,000 live births <sup>1</sup>	Non-Hispanic Blacks	
LOW B	RTH WEIGHT		
	11.5% <sup>1</sup>	Non-Hispanic Blacks	< WORSENING
PRETE	RM BIRTH		
	11.4% <sup>1</sup>	Non-Hispanic Blacks	< WORSENING
NEON	ATAL ABSTINE	NCE SYNDROME	
	12.8 per 1,000 live births <sup>2</sup>	Non-Hispanic Whites	
CHILDI	REN BREASTFE	D AT BIRTH	
	78.7% <sup>1</sup>		<< WORSENING
CHILDREN (AGE < 3) WITH POTENTIAL DEVELOPMENTAL DELAYS			
	18.8% <sup>3</sup>		O NO CHANGE
CHILDREN (AGE 3-6) WITH POTENTIAL DEVELOPMENTAL DELAYS			
	18.7% <sup>3</sup>		O NO CHANGE
INCIDE	NCE OF CHILD	BLOOD LEAD EXPOS	SURE
	4.2%4	Lowest income neighborhoods	O NO CHANGE
SOURCE:		es, PA Health Care Cost Containment C relopment and Early Learning Report, P	

#### **INFANT MORTALITY**

Infant mortality includes deaths of those under one year old. After remaining stable for several years, infant mortality declined in Philadelphia in 2019. Non-Hispanic Black babies are three times as likely as non-Hispanic White babies to die before their first birthday. Many of these deaths are related to improper sleep positioning and thus preventable.

In 2018, the most recent year with comparable data, infant mortality was higher in Philadelphia than in other large cities and nationwide.

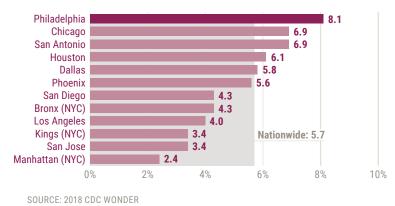
#### **INFANT MORTALITY RATE**



SOURCE: 2010 – 2019 Vital Statistics, PDPH

\*Non-Hispanic

#### INFANT MORTALITY RATE PER 1,000 LIVE BIRTHS, TOP 10 U.S. CITIES



#### **LOW BIRTH WEIGHT**

In 2019, more than 1 out of every 10 babies was born with a low birth weight, defined as less than 2,500 grams. Non-Hispanic Black babies were twice as likely to be born at a low birth weight than non-Hispanic White babies. While overall rates have remained relatively stable, rates among non-Hispanic Blacks have risen in recent years.

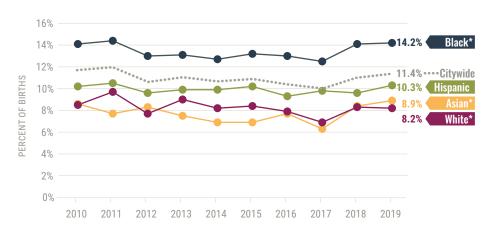
#### LOW BIRTH WEIGHT BABIES (<2,500 GRAMS) BY MOTHER'S RACE/ETHNICITY



#### **PRETERM BIRTH**

After years of slow decline, rates of premature birth (before 37 weeks of pregnancy) have been rising in recent years in Philadelphia. Rates of preterm birth were highest among African Americans.

#### PRETERM BIRTHS BY MOTHER'S RACE/ETHNICITY

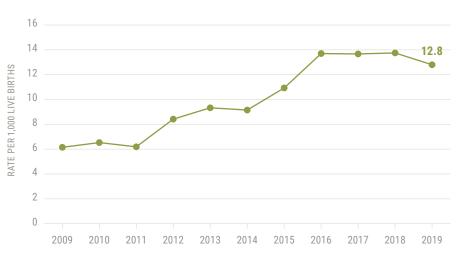


SOURCE: 2010 - 2019 Vital Statistics, PDPH

#### NEONATAL ABSTINENCE SYNDROME

Neonatal abstinence syndrome (NAS) is a condition that occurs when newborns are withdrawing from exposure to drugs in the womb. Rates of NAS rose substantially in recent years due to use of both pharmaceutical and illicit opioids. In 2019, the rate of NAS was 12.8 per 1,000 live births, nearly double the rate in 2010. Despite rates remaining high, there was a decrease in NAS from 2018 to 2019.

#### **NEONATAL ABSTINENCE SYNDROME**



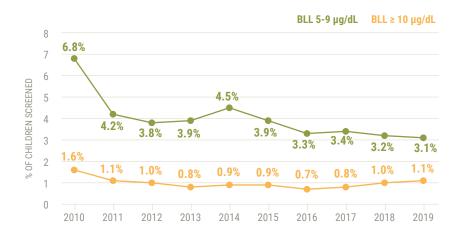
SOURCE: 2010 - 2019 Hospital Discharges, PA Health Care Cost Containment Council

#### **CHILD LEAD EXPOSURE**

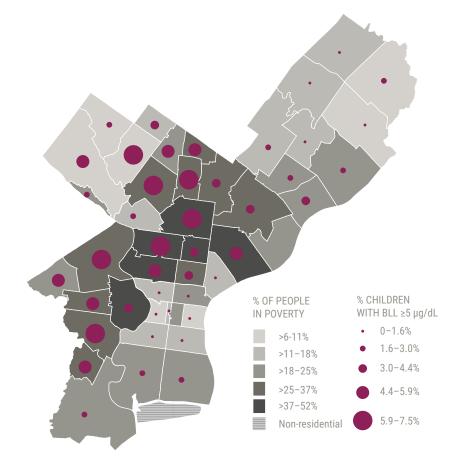
In 2019, approximately 4.2% of tested children (ages 5 and under) had blood lead levels (BLL) higher than the CDCdesignated "reference level" of 5 µg/dL. Rates of childhood lead exposure were highest among the neighborhoods with high poverty rates and older housing stocks.

For more data on childhood lead poisoning in Philadelphia, please visit https://www.phila. gov/documents/childhood-leadpoisoning-surveillance-reports/

#### NEWLY ELEVATED BLOOD LEAD LEVELS IN CHILDREN, <6 YEARS OF AGE



#### PERCENT OF CHILDREN WITH ELEVATED BLL AND PERCENT OF POPULATION IN POVERTY



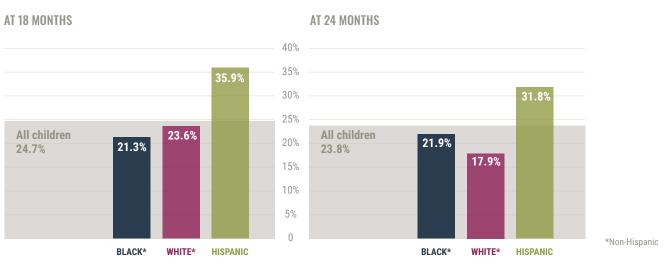
SOURCE: 2019 Childhood Lead Surveillance Report, PDPH

## **DEVELOPMENTAL DELAYS**

Developmental delay in young children can occur in one or many areas – for example, gross or fine motor, language, social or thinking skills – and can have lasting impact on a child's long-term outcomes.

Developmental delay is most often first detected by physicians using screening tools to assess developmental milestones during well child visits during the first three years of life. Delay could be the result of genetic causes, like Down syndrome; complications of pregnancy and birth, like prematurity or NAS; environmental exposures during early years, like lead exposure or infections; or have no identifiable cause. Most children with developmental delay can catch up with specialized early intervention services, which are available to all families in Philadelphia. Based on data from the early intervention programs in Philadelphia, roughly 1 in 5 children under the age of 6 exhibit some signs of delay in reaching their developmental milestones. While some of these children catch up without any interventional services, ensuring those with delays are identified and referred to services is critical.

For more data on childhood health, please visit https://www.phila.gov/documents/growing-up-philly.



CHILDREN SCORING BELOW SCREENING THRESHOLD ON SURVEY OF WELL-BEING OF YOUNG CHILDREN

SOURCE: 2018 Child Developmental Delay Surveillance System, PDPH

### **INJURIES**

Injuries that result in premature death are broadly categorized into two groups: unintentional (e.g. traffic accidents, poisonings, drug overdoses) and intentional (e.g. homicides, suicides, assaults, etc.). Unintentional injuries as a group are the third leading cause of death overall and the leading cause of death for adults ages 25 to 44 in Philadelphia.



	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
номіс	IDE MORTALIT	Y	
	20.8 per 100,000 <sup>1</sup>	Young Non-Hispanic Black males	O NO CHANGE
PEDESTRIAN AND BICYCLE INJURIES			
	115.8 per 100,000²	Center City, University City, and Kensington areas	>> IMPROVING
SOURCE: 1 – 2019 Preliminary Vital Statistics, PDPH			

2 - 2019 PA Department of Transportation

#### **HOMICIDES**

Despite a slight decline from 2018 to 2019, the homicide mortality rate in Philadelphia has generally increased over the past few years.

#### **HOMICIDE MORTALITY RATE**

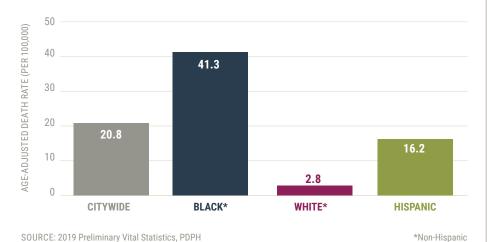


## **INJURIES**

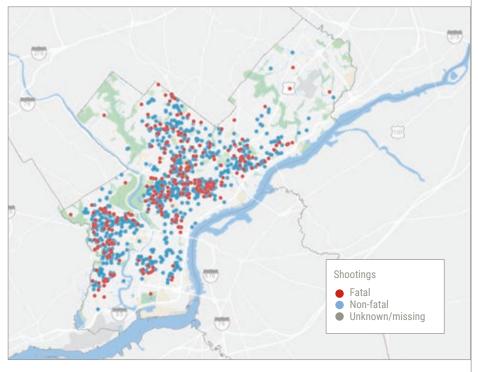
#### HOMICIDES

The homicide mortality rate was highest among African Americans, nearly fifteen times higher than non-Hispanic Whites and more than double the rate among Hispanics.

#### HOMICIDE MORTALITY RATE BY RACE/ETHICITY



Over 86 percent of homicides in 2019 involved a firearm. In addition to the nearly 300 fatal shootings, there were over 1100 non-fatal shootings in Philadelphia in 2019. The number of drug-related shootings doubled in recent years. Shootings clustered in neighborhoods with high rates of fatal drug overdoses. These same neighborhoods have more socioeconomic disadvantage, including poverty, lower rates of educational attainment, youth disconnectedness, and blight.



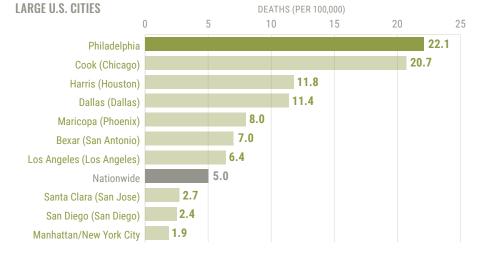
SOURCE: 2019 Shooting Incidents, Philadelphia Police Department

## **INJURIES**

#### HOMICIDES

The homicide rate in Philadelphia county is high compared to other counties that contain large U.S. cities.

#### HOMICIDES IN COUNTIES CONTAINING

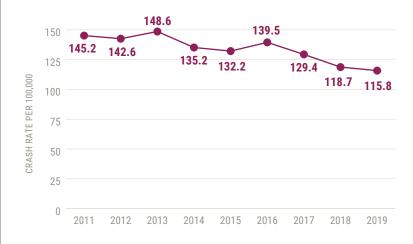


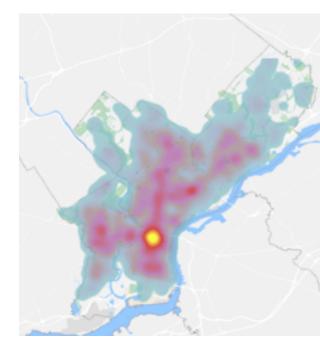
SOURCE: 2018 FBI Uniform Crime Reports

#### **PEDESTRIAN AND BICYCLE INJURIES**

Pedestrian and bicycle crash injuries declined slightly from 2011 to 2019. In 2019, 31 traffic crashes resulted in pedestrian or cyclist fatalities. Crash rates were highest in Center City, University City, and Kensington areas.







SOURCE: 2019 PA Department of Transportation

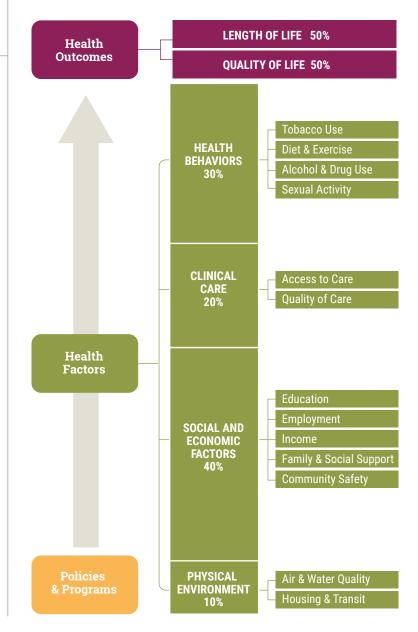
## HEALTH Factors

Many potentially modifiable factors influence health, including behaviors, accessibility and use of clinical care, social and economic conditions, and the physical environment. Monitoring and addressing these factors is critical to reducing preventable illness and improving the health of Philadelphians.

## **HEALTH FACTORS**

The Robert Wood Johnson Foundation County Health Rankings presents an index of health at the county level that assigns weights to these health factor types. The largest weights are assigned not to clinical health care, but instead social and economic determinants of health (40 percent) and modifiable health behaviors (30 percent), reflecting a consensus of experts based on extensive research that these factors have the most powerful influence on population health.

Similar to the health conditions discussed above, in recent years some risk factors have improved while others persist or have worsened.



## **HEALTH BEHAVIORS**

The CDC recommends four key health behaviors that contribute to a healthy life: avoiding tobacco or drugs, healthy nutrition, regular exercise, and limited alcohol consumption. All of these are associated with lower risk of chronic health conditions, like cardiovascular disease, cancer, and diabetes, which are major causes of death and illness in Philadelphia.



	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
CIGARETTE SMOKING AMONG ADULTS (>18)			
	20% <sup>1</sup>	Hispanics	O NO CHANGE
CIGARI	ETTE SMOKING	AMONG TEENS (GRA	DES 9-12)
	2.1% <sup>2</sup>	Non-Hispanic Whites	>> IMPROVING
E-VAP(	OR USE AMONG	<b>TEENS</b> (GRADES 9-1	2)
	7.1% <sup>2</sup>	Non-Hispanic Whites; Hispanics	WORSENING
TOTAL	TOBACCO PRO	DUCT USE AMONG T	EENS (GRADES 9-12)
	10.3% <sup>2</sup>	Non-Hispanic Whites	O NO CHANGE
BINGE	DRINKING AMO	ONG ADULTS (>18)	
	17%1	Non-Hispanic Whites; Hispanics	>> IMPROVING
BINGE	DRINKING AMO	ONG TEENS (GRADES S	9–12)
	5.2% <sup>2</sup>	Non-Hispanic Whites	>> IMPROVING
ADULT	<b>s</b> (>18) <b>Consui</b>	MING ≥1 SWEETENED	BEVERAGE DAILY
	29.4% <sup>3</sup>	Non-Hispanic Blacks; Hispanics	>> IMPROVING
	(GRADES 9–12) ETENED BEVER		
	13.5% <sup>2</sup>	Non-Hispanic Blacks; Hispanics	>> IMPROVING
SEXUA	L ACTIVITY: TE	EN BIRTHS (AGE 15-	19)
	22.6 per 1,000 <sup>4</sup>	Non-Hispanic Blacks; Hispanics	>> IMPROVING
SEXUA	L ACTIVITY: TE	EN CONDOM USE (GR	RADES 9-12)
	48.7% <sup>2</sup>		WORSENING
SOURCE: 1 – 2019 PA Behavioral Risk Factor Surveillance System			

SOURCE: 1 – 2019 PA Behavioral Risk Factor Surveillance System

2 - 2019 Philadelphia Youth Risk Behavior Survey

3 – 2018 PHMC Household Health Survey

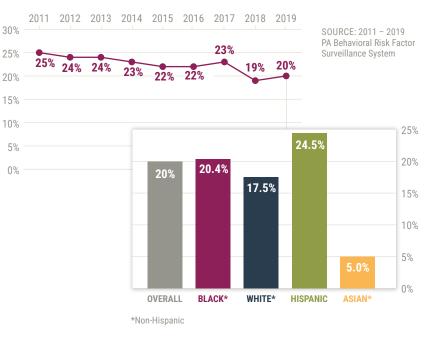
4 – 2019 Preliminary Vital Statistics, PDPH

## **HEALTH BEHAVIORS**

#### **TOBACCO USE**

In 2019, 20 percent of adults reported current cigarette smoking. While cigarette smoking among adults is slowly declining, Philadelphia continues to have the highest smoking rate among large U.S. cities.

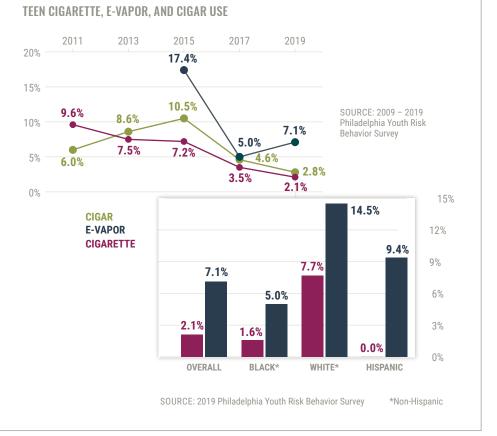
#### ADULT CIGARETTE SMOKING BY RACE/ETHNICITY



SOURCE: 2018 - 2019 PA Behavioral Risk Factor Surveillance System

#### TEEN TOBACCO USE

Among teens, tobacco use overall continues to decline. In 2019, 2.1 percent of teens reported cigarette smoking and 10.3 percent reported any tobacco use. In 2019, 7.1% of teens reported e-vapor use. Current e-vapor product use was higher among non-Hispanic White and Hispanic teens compared to non-Hispanic Black teens. In Philadelphia and nationally, use of e-vapor products has resurged among teens, resulting in a slight increase in overall tobacco use among Philadelphia teens after decades of improvement.

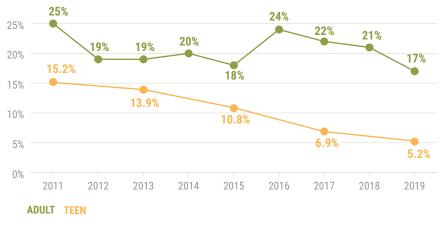


## **HEALTH BEHAVIORS**

#### ALCOHOL

In 2019, 17 percent of adults and 5.2 percent of teens engaged in at least occasional binge or heavy drinking, defined as having four or more drinks on one occasion for women or five or more drinks on one occasion for men. Rates of binge drinking have declined among both adults and teens in recent years.

#### ADULT AND TEEN BINGE DRINKING PREVALENCE

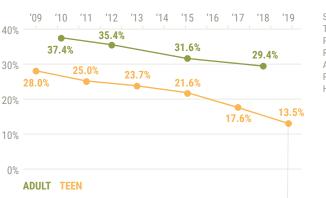


SOURCE: Adult data 2011 – 2019 PA Behavioral Risk Factor Surveillance System, Teen data 2011 – 2019 Philadelphia Youth Risk Behavior Survey

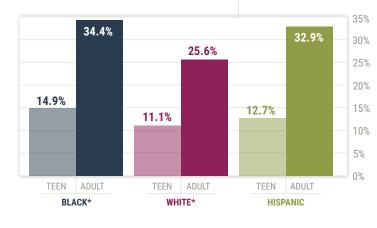
#### SWEETENED BEVERAGES

Drinking sugary drinks increases risk of obesity and diabetes. Daily consumption of sugar sweetened beverages declined among teens and adults in recent years. In 2019 13.5% of teens consumed at least one sugar sweetened beverage daily, representing a decline of approximately one half over 10 years. Rates were highest among non-Hispanic Blacks and Hispanics.

#### ADULTS AND TEENS DRINKING 1 OR MORE SWEETENED BEVERAGES DAILY



SOURCE: Teen data 2009 – 2019 Philadelphia Youth Risk Behavior Survey, Adult data 2010 – 2018 PHMC Household Health Survey



SOURCE: Teen data: 2019 Philadelphia Youth Risk Behavior Survey, Adult data: 2018 PHMC Household Health Survey \*Non-Hispanic

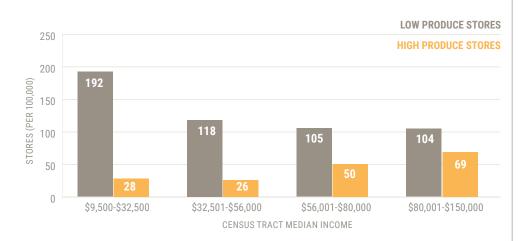
### **HEALTH BEHAVIORS**

#### NEIGHBORHOOD FOOD ACCESS

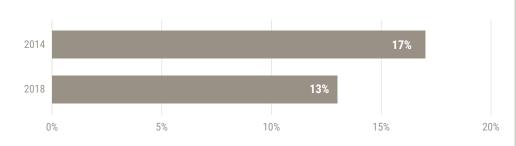
Often, neighborhoods with high poverty also have lower access to healthy food outlets and substantially larger numbers of unhealthy food outlets. However, since 2014 the number of supermarkets in the city has increased and approximately 50,000 more people have walkable access to healthy food.

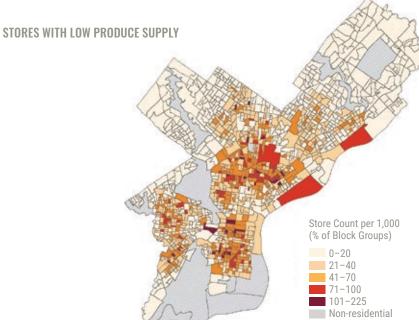
For more data on neighborhood food supply visit https://www.phila.gov/ media/20190923114738/ GHP\_FoodAccessRpt\_Final\_ wDate.pdf





#### POPULATION IN LOW-TO-NO HIGH PRODUCE SUPPLY STORE ACCESS AREAS





SOURCE: 2019 Neighborhood Food Retail Report, Division of Chronic Disease and Injury Prevention, PDPH

### **HEALTH BEHAVIORS**

#### **SEXUAL ACTIVITY**

High-risk sexual behaviors, particularly among teens, can affect immediate and long-term health. Two key indicators of these highrisk behaviors among teens are condom use and teen births, which are most often unplanned. Teen births continued to decline in 2019. Teen birth rates were highest among Hispanic teens. Reported condom use among teens decreased from around 55 percent to 49 percent.

#### BIRTH RATES TO TEENS (15-19 YEARS) BY MOTHER'S RACE/ETHNICITY



SOURCE: 2010 - 2019 Vital Statistics, PDPH

\*Non-Hispanic





Access to high-quality clinical and preventive care is critical to Philadelphians' health. Access to care largely depends on health insurance coverage, affordability, and adequate availability of healthcare providers and facilities.

#### **ACCESS TO CLINICAL & PREVENTIVE CARE** MOST RECENT POPULATIONS WITH CHANGE ESTIMATE POORER OUTCOMES IN STATUS **UNINSURED ADULTS** 11.1%<sup>1</sup> Hispanics; Immigrants **NO CHANGE UNINSURED CHILDREN** 4.4%<sup>1</sup> Hispanics; << WORSENING Immigrants **ADULTS WITH NO PRIMARY CARE PROVIDER** 20%<sup>2</sup> Uninsured; Low income **NO CHANGE ADULTS FORGOING CARE DUE TO COSTS NO CHANGE** 13%<sup>2</sup> **CHILDREN (19-35 MONTHS OLD) WITH UP TO DATE IMMUNIZATIONS** O NO CHANGE 76.3%<sup>3</sup> ADULTS (>50) WITH COLON CANCER SCREENING >> IMPROVING 72%4 **WOMEN WITH MAMMOGRAPHY IN PAST 2 YEARS 81%**<sup>4</sup> NO CHANGE **PRIMARY CARE PHYSICIANS PER CAPITA** 1:1,2434 Neighborhood clusters in Greater Northeast, West, Northwest, and Southwest regions **POTENTIALLY PREVENTABLE HOSPITALIZATIONS** 1,556 Non-Hispanic Blacks; O NO CHANGE per 1,0006 Hispanics SOURCE: 1 – 2019 American Community Survey 1-Year Estimates, U.S. Census Bureau 2 - 2019 PA Behavioral Risk Factor Surveillance System 3 - 2019 PhilaVax Immunization Registry, PDPH 4 - 2018 PA Behavioral Risk Factor Surveillance System 5 - 2016 Leonard Davis Institute of Health Economics, University of Pennsylvania 6 - 2019 Hospital Discharges, PA Health Care Cost Containment Council

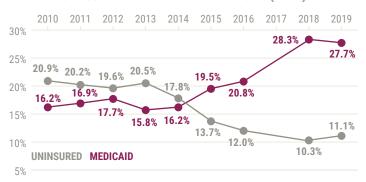
### **ACCESS TO CLINICAL & PREVENTIVE CARE**

#### **INSURANCE COVERAGE**

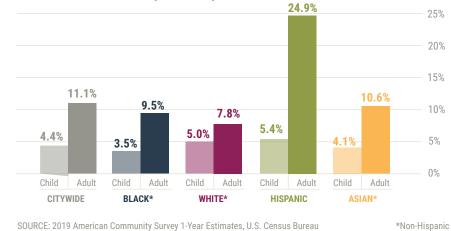
Health insurance coverage has improved significantly for adults and children in Philadelphia over the past decade. In 2019, 11.1% of adults and 4.4% of children did not have insurance coverage. Insurance coverage among children began improving in 2004 and rates are lower than the national average and several other large cities. Rates of uninsured adults declined significantly as Medicaid enrollment increased due to ACA Medicaid expansion. In 2019 nearly 30% of adults ages 19-64 were enrolled in Medicaid.

While more Philadelphians have insurance coverage overall, Hispanic adults have significantly higher uninsured rates compared to other racial/ ethnic groups.

#### TRENDS IN UNINSURED AND MEDICAID AMONG ADULTS (19-64)



SOURCE: 2010 - 2019 American Community Survey 1-Year Estimates, U.S. Census Bureau



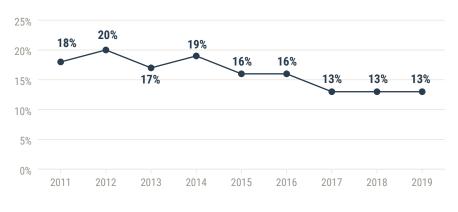
#### UNINSURED AMONG ADULTS (AGES 19-64) AND CHILDREN

SOURCE: 2019 American Community Survey 1-Year Estimates, U.S. Census Bureau

#### **COST OF CARE**

Paralleling trends in insurance coverage, the percent of adults avoiding care due to cost declined in recent years. In 2019, 13 percent of adults did not seek needed health care because of cost.

#### ADULTS FORGOING CARE DUE TO COST, 18-64 YEARS OF AGE



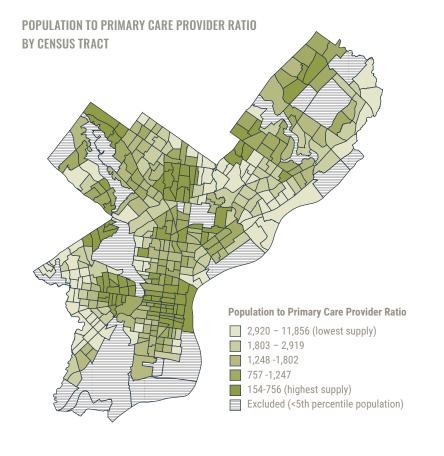
SOURCE: 2011 - 2019 PA Behavioral Risk Factor Surveillance System

### **ACCESS TO CLINICAL & PREVENTIVE CARE**



Overall, the availability of primary care providers in Philadelphia has improved. Yet, several clusters of areas in the Northeast, Southwest and parts of South Philadelphia have lower access to primary care. Some of these areas meet the federal criteria as primary care shortage areas. Approximately 1 in 5 adults reported not having a primary care physician.

For more data on access to primary care in Philadelphia, please visit https://www.phila. gov/documents/access-toprimary-care-in-philadelphia/.

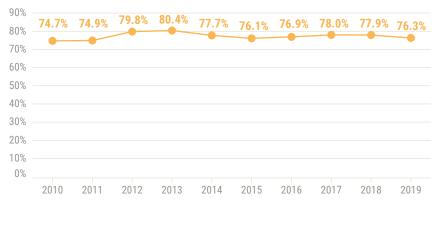


SOURCE: Leonard Davis Institute of Health Economics. University of Pennsylvania

#### **PREVENTIVE CARE**

Immunizations and screenings are critical public health prevention tools. The number of young children in Philadelphia with up-to-date recommended vaccinations has increased over the last decade and has remained stable in recent years.

#### CHILDREN WITH RECOMMENDED VACCINATIONS



SOURCE: 2010 - 2019 PhilaVax Immunization Registry, PDPH

### **ACCESS TO CLINICAL & PREVENTIVE CARE**

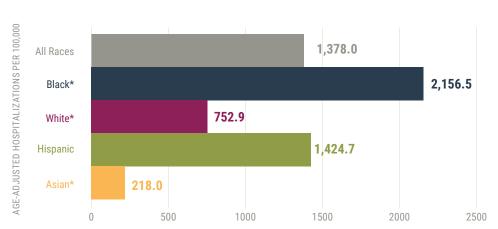
#### AMBULATORY CARE-SENSITIVE CONDITIONS

When chronic health conditions like asthma, diabetes, and hypertension are managed adequately in primary care settings, patients can avoid many hospitalizations for complications due to these conditions. For this reason, rates of hospitalizations for these "ambulatory caresensitive conditions", are used as an indicator of access to and quality of primary care. In Philadelphia, rates of hospitalizations due to these conditions have declined steadily over the last decade. However, in 2018, rates were nearly 2.5 times higher among non-Hispanic Blacks and 2 times higher among Hispanics than non-Hispanic Whites.



SOURCE: 2005 - 2018 Hospital Discharges, PA Health Care Cost Containment Council

HOSPITALIZATIONS FOR AMBULATORY CARE-SENSITIVE CONDITIONS



#### HOSPITALIZATIONS FOR AMBULATORY CARE-SENSITIVE CONDITIONS BY RACE/ETHNICITY

SOURCE: 2019 Hospital Discharges, PA Health Care Cost Containment Council

\*Non-Hispanic



	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS		
DAYS W	VITH UNHEALT	HY AIR QUALITY			
	6 <sup>1</sup>		>> IMPROVING		
AVERA	GE MEAN PM <sub>2.5</sub>				
	8.2 µg/m <sup>3 1</sup>		>> IMPROVING		
WALKA	BILITY				
	79 out of 100 <sup>2</sup>	Far Northeast, Northwest, South regions	O NO CHANGE		
HOUSI	NG WITH POTE				
	42.4% <sup>3</sup>		O NO CHANGE		
HOUSI	NG CODE VIOL	ATIONS			
	194.7 per 1,000 Occupied Units⁴	North region	O NO CHANGE		
	1 – 2019 AMP 410 S Reports, Air Management Service, PDPH 2 – 2019 Walk Score® via City Health Dashboard 3 – 2018 American Community Survey 5-year Estimates via City Health Dashboard 4 – 2019 Philadelphia Licenses & Inspections				

Clean air and water and a safe environment in and out of the home are essential for good health. Unsafe air conditions increase risk of heart disease and exacerbate respiratory conditions like asthma and chronic obstructive pulmonary disease. Unsanitary water can spread infectious illnesses and harmful chemical compounds. Unsafe home conditions can have similar impacts and can increase risk of unintentional injuries and create extreme stress for families. Ensuring a safe environment is particularly important for

children and seniors.

HEALTH OF THE CITY 2020 43

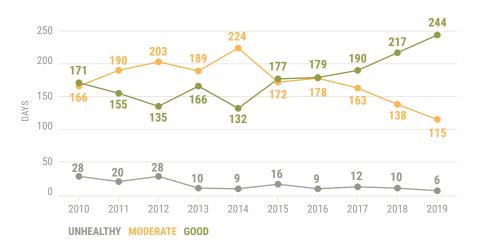
#### **AIR QUALITY**

Air quality is summarized by the Air Quality Index (AQI), which combines information about four major air pollutants regulated by the Clean Air Act: ground-level ozone, particle pollution, carbon monoxide, and sulfur dioxide. When the AQI is below 50, it is considered "good" air quality. When the AQI is between 50 and 100, it is considered "moderate" air quality and when it is above 100 the air is considered "unhealthy."

The number of days with unhealthy air quality has declined significantly in Philadelphia, while days with good air quality have increased. In 2019, Philadelphians experienced more days with good air quality than in previous years.

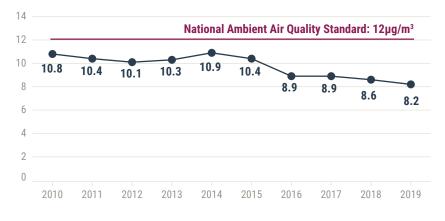
Particulate matter is the general term used for a mixture of solid particles and liquid droplets found in the air. These particles come in a wide range of sizes and originate from stationary, mobile, and natural sources. PM25 refers to small particles that measure less than 2.5 micrometers in diameter. These small particles are able to travel deeply into the respiratory tract, reaching the lungs. Exposure to fine particles can affect lung function and worsen medical conditions such as asthma and heart disease. As the use of the most-polluting fuels has decreased, the concentration of PM25 has declined over the past five years.

DAYS WITH GOOD, MODERATE, AND UNHEALTHY AIR QUALITY



SOURCE: 2010 - 2019 AMP 410 S Reports, Air Management Service, PDPH

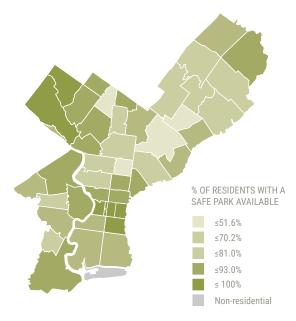
ANNUAL MEAN PM25 CONCENTRATION (µg/m3)



SOURCE: 2010 - 2019 AMP 410 S Reports, Air Management Service, PDPH

#### **ACCESS TO SAFE PARKS**

Convenient access to parks and outdoor spaces is essential for regular exercise. In 2018, approximately 75 percent of adults in Philadelphia reported having access to a park or other outdoor space in their neighborhood that they felt comfortable visiting. Access was greatest in the Northwest and Center City and lowest in North Philadelphia and the Lower Northeast.



SOURCE: 2019 PHMC Household Health Survey

WALK SCORE® BY CENSUS TRACT

# 

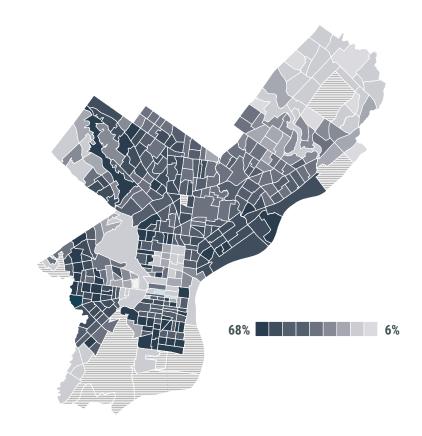
SOURCE: 2019 Walk Score® via City Health Dashboard

#### WALKABILITY

Having walkable neighborhoods encourages active transit and facilitates easy access to jobs, food, and health resources. Philadelphia's Walk Score®, a summary scoring of walkability to neighborhood resources and amenities, is 79 out of 100. Some areas in the far Northeast, Northwest, and South have walk scores that are significantly lower than the rest of the city.

#### HOUSING WITH POTENTIAL LEAD RISK

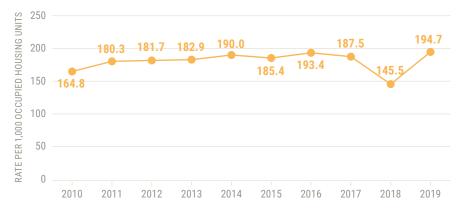
Most Philadelphia homes were built before 1950, and many of those in low income areas have been poorly maintained. Based on age of housing, 42.4 percent of houses in Philadelphia have a potential risk of lead exposure, which is particularly harmful for young children.



SOURCE: 2018 American Community Survey 5-year Estimates via City Health Dashboard

#### **HOUSING CODE VIOLATIONS**

Housing code violations occur when people living in rental properties make complaints to the Department of Licenses and Inspections, which then conducts inspections. The number of housing code violations is a proxy for measuring housing quality in the city, but it is influenced by the staffing levels of the Department of Licenses and Inspections. In 2019, 194.7 violations per 1,000 occupied housing units were issued. Rates are highest in the lowest-income neighborhoods, particularly in North Philadelphia.



SOURCE: 2010 - 2019 Philadelphia Licenses & Inspections



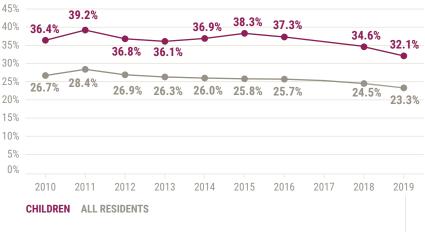
Social support, financial resources, education, employment, and stable housing directly impact Philadelphians' ability to access adequate health care, engage in healthy behaviors, and live in a healthy environment. These determinants are not addressed in traditional clinical and preventive health care, but they have a large influence on health. This section provides data on these social determinants of health in Philadelphia.

	MOST RECENT ESTIMATE	POPULATIONS WITH POORER OUTCOMES	CHANGE IN RECENT YEARS
POVER	<b>TY</b> 23.3% <sup>1</sup>	Hispanics; Non-Hispanic Blacks; North and West regions	>> IMPROVING
CHILDR		ГҮ	
	32.1% <sup>1</sup>	Non-Hispanic Blacks; Hispanics	>> IMPROVING
CHILDE	REN IN SINGLE	-PARENT HOUSEHOLD	DS
	53.9% <sup>1</sup>	Non-Hispanic Blacks; Hispanics	>> IMPROVING
UNEMP	LOYMENT		
	5.5% <sup>2</sup>		O NO CHANGE
WORKF	ORCE PARTIC	IPATION RATE	
	55.8% <sup>2</sup>		>> IMPROVING
ON-TIN	ле ні <b>дн sc</b> ho	OL GRADUATION	
		Nen Hienenie Dlasker	NO CHANGE
	66.3% <sup>3</sup>	Non-Hispanic Blacks; Hispanics	
ADULT		-	
ADULT		Hispanics	>> IMPROVING
	S COMPLETIN	Hispanics G SOME COLLEGE Non-Hispanic Blacks;	
	S COMPLETIN	Hispanics G SOME COLLEGE Non-Hispanic Blacks; Hispanics	
EXCES	S COMPLETIN 53.4% <sup>1</sup> SIVE HOUSING	Hispanics G SOME COLLEGE Non-Hispanic Blacks; Hispanics COST (≥30% INCOME)	
EXCES	S COMPLETIN 53.4% <sup>1</sup> SIVE HOUSING 51.9% <sup>1</sup>	Hispanics G SOME COLLEGE Non-Hispanic Blacks; Hispanics COST (≥30% INCOME)	
EXCES: HOMEL	S COMPLETIN 53.4% <sup>1</sup> SIVE HOUSING 51.9% <sup>1</sup> ESSNESS	Hispanics G SOME COLLEGE Non-Hispanic Blacks; Hispanics COST (≥30% INCOME) High poverty areas	< worsening
EXCES: HOMEL	S COMPLETING 53.4% <sup>1</sup> SIVE HOUSING 51.9% <sup>1</sup> ESSNESS 5,634 <sup>4</sup>	Hispanics G SOME COLLEGE Non-Hispanic Blacks; Hispanics COST (≥30% INCOME) High poverty areas	< worsening

#### POVERTY

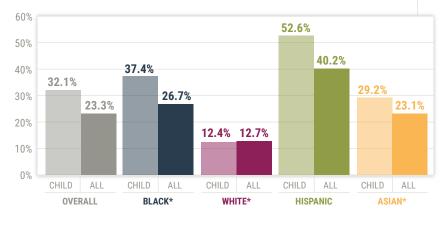
In 2019, more than 1 in 5 Philadelphians lived in a household with an income below 100 percent of the federal poverty level. Poverty rates declined in recent years among all racial/ethnic groups except non-Hispanic Whites. Increased rates of poverty among non-Hispanic Whites are likely related to the ongoing opioid epidemic. Still, Hispanics and non-Hispanic Blacks are about twice as likely to live in poverty as non-Hispanic Whites. Poverty is greatest in North and West Philadelphia.

#### **POVERTY AMONG ALL RESIDENTS AND CHILDREN**



SOURCE: 2010 – 2019 American Community Survey 1-Year Estimates, U.S. Census Bureau

#### POVERTY AMONG ALL RESIDENTS AND CHILDREN BY RACE/ETHNICITY



SOURCE: 2019 American Community Survey 1-Year Estimates, U.S. Census Bureau \*Non-Hispanic

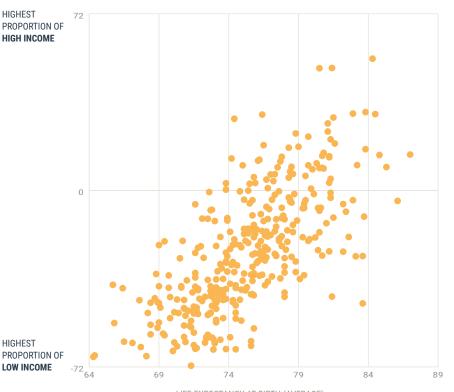
## IMPACT OF POVERTY ON HEALTH DISPARITIES

Poverty is the underlying determinant for many of the racial and ethnic health disparities that persist in Philadelphia. Many Philadelphians live, learn, work, shop, and play in high poverty neighborhoods that make good health difficult to achieve. Neighborhoods with high rates of poverty often have unhealthier foods in their stores, fewer safe outdoor spaces for physical activity, and higher densities of tobacco and alcohol retailers and community violence. These contextual factors in addition to cultural norms often shape health behaviors. Ultimately, they both partially explain poor health and point toward potential solutions.

Living just a couple of miles away can reduce life expectancy by nearly 20 years. Income inequality and life expectancy are directly correlated - that is, neighborhoods with more individuals in the lowest income brackets have significantly lower life expectancy than neighborhoods with more individuals in the highest income bracket. Neighborhoods with higher income gaps are also much more likely to have higher proportions of racial/ethnic minorities.

Beyond life expectancy, individuals with lower income are significantly more likely to self-report poor or fair health compared to individuals with higher income.





LIFE EXPECTANCY AT BIRTH (AVERAGE)

SOURCE: 2015 ACS 5-Year Estimates, U.S. Census Bureau and U.S. Small-area Life Expectancy Estimates Project (USALEEP): Life Expectancy Estimates File, National Center for Health Statistics via City Health Dashboard



SELF-REPORTED POOR OR FAIR HEALTH BY INCOME

SOURCE: 2019 PA Behavioral Risk Factor Surveillance System

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# ADVERSE CHILDHOOD EXPERIENCES

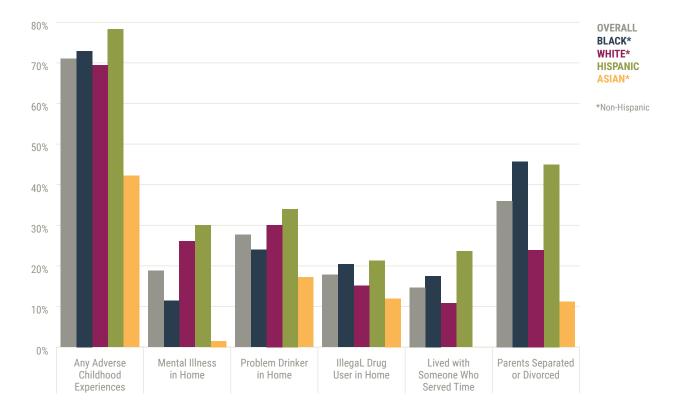
Adverse childhood experiences, or ACEs, are potentially traumatic events that occur during childhood, like exposure to violence, abuse or neglect; and aspects of a child's environment that can impact their sense of safety or stability, like having a parent with mental illness/ substance use disorder or having a parent not present or incarcerated. ACEs have been linked to increased engagement in risky behavior as a child and adult, higher risk of chronic health conditions, like early cardiovascular disease, and decreased life opportunity. In Philadelphia, more than seven in ten adults experience one or more ACEs. Having an ACE does not mean that a child will have poorer health outcomes as an adult, but the more ACEs a child has, the greater the risk for poorer outcomes. Additionally, individuals who live in poverty or communities where poverty is concentrated are at greater risk of experiencing ACEs.



#### **ADVERSE CHILDHOOD EXPERIENCES**

In Philadelphia, more non-Hispanic Blacks and Hispanics had at least one ACE compared to non-Hispanic Whites. The disparities were significantly higher for some ACEs, like living in a single-parent household or having a parent incarcerated. These data only include a subset of ACEs and do not fully account for community-related ACEs like exposure to neighborhood violence.

#### ADULTS WITH ADVERSE CHILDHOOD EXPERIENCES BY RACE/ETHNICITY



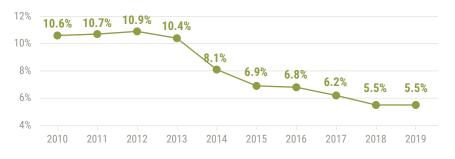
SOURCE: 2016 - 2019 PA Behavioral Risk Factor Surveillance System

#### UNEMPLOYMENT

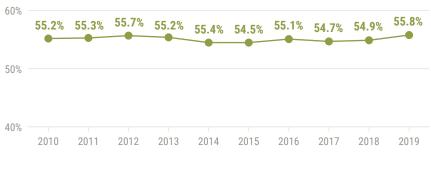
Similar to national trends, unemployment in Philadelphia has declined significantly in recent years. However, in 2019, unemployment rates in Philadelphia were higher than other major U.S. cities and the national average.

Unemployment considers employment status among those working and seeking employment. Workforce participation is a measure of employment among all Philadelphians of working age, including the disabled, retired, and those not actively seeking employment. Workforce participation has remained relatively stable since 2000.

#### **UNEMPLOYMENT, >15 YEARS OF AGE**



#### **WORKFORCE PARTICIPATION RATE**

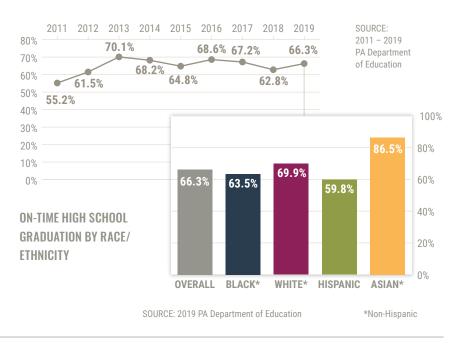


SOURCE: 2010 - 2019 U.S. Bureau of Labor Statistics

#### **EDUCATION**

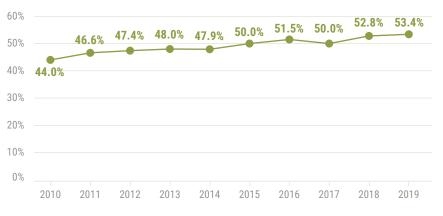
On-time graduation rates have increased since 2011 but remained stable in recent years. In 2019, on-time graduation rates were highest among non-Hispanic Whites and non-Hispanic Asians and lowest among Hispanics.

#### **ON-TIME HIGH SCHOOL GRADUATION**



#### **HIGHER EDUCATION**

The number of adults completing some college has been slowly increasing over the past decade. In 2019, more than half of Philadelphians age 25 and older completed at least some college training.



SOURCE: 2010 – 2019 1-Year Estimates American Community Survey, U.S. Census Bureau

#### HOMELESSNESS

Homelessness is one indicator of housing insecurity among a population. The number of individuals living homeless without shelter in Philadelphia increased significantly over the last few years as a direct result of the opioid epidemic. Individuals with substance use disorder who are also living homeless often face barriers accessing temporary housing and shelters due to their dependency.

#### SHELTERED AND UNSHELTERED HOMELESS RESIDENTS

PHILADELPHIANS AGE 25+ WITH SOME COLLEGE EDUCATION



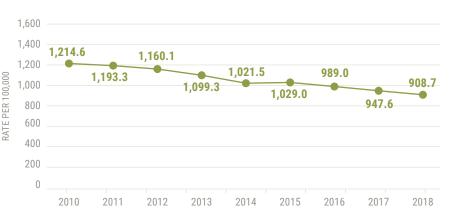
SOURCE: 2015 - 2020 Point-in-Time Count, Office of Homeless Services

#### **VIOLENT CRIMES**

Violent crimes create unsafe neighborhoods, increase community stress, and may deter healthy behaviors like outdoor exercise. The violent crime rate in Philadelphia has decreased by more than 25 percent since 2010.

SOURCE: 2010 - 2018 FBI Uniform Crime Reports

#### **VIOLENT CRIMES**



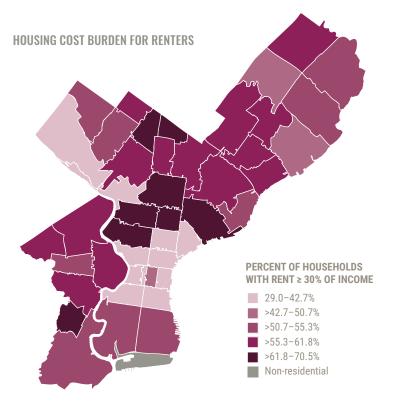
#### **EXCESSIVE HOUSING COST**

In 2019, about 52 percent of Philadelphia households paid 30 percent or more of their income for rental housing. Rates of housing cost burden have declined in recent years but remain very high. The highest rates of housing cost burden occur in high poverty neighborhoods in the North, Upper North and Lower Northeast regions of Philadelphia.

#### **HOUSING COST BURDEN FOR RENTERS**



SOURCE: 2010 - 2019 1-Year Estimates American Community Survey, U.S. Census Bureau



SOURCE: 2018 5-Year Estimates American Community Survey, U.S. Census Bureau

# ACKNOWLEDGMENTS

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#### **DATA SOURCES:**

American Medical Association Provider Masterfile

Bureau of Labor Statistics

Centers for Disease Control and Prevention

City of Philadelphia Licenses and Inspections

County Health Rankings & Roadmaps

FBI Uniform Crime Reports

Health Indicators Warehouse

Office of Homeless Services

PA Behavioral Risk Factor Surveillance System

PDPH AIDS Activities Coordinating Office

PDPH Air Management Services

PDPH Ambulatory Health Services PDPH Division of Chronic Disease

and Injury Prevention

PDPH Division of COVID-19 Containment

PDPH Division of Disease Control

PDPH Division of Substance Use Prevention and Harm Reduction PDPH Environmental Health Services

PDPH Medical Examiner's Office

Pennsylvania Department of Education

Pennsylvania Department of Health Cancer Registries

Pennsylvania Department of Health Vital Statistics

Pennsylvania Department of Transportation

Pennsylvania Health Care Cost Containment Council

Pennsylvania National Electronic Disease Surveillance System (PA-NEDSS)

Philadelphia Police Department

Philadelphia Youth Risk Behavior Survey

Public Health Management Corporation

School District of Philadelphia

US Census—American Community Survey

US Environmental Protection Agency



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