

# FAMILIES' RIGHTS

Families have the right to privacy. By signing a Consent to Release Confidential Information, you are permitting helping professionals to coordinate and communicate about services and supports.

All parents need and deserve help and support. It is important to reach out and ask for help, even if you don't always know what you need or what is available.



## CONTACT US:

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## THE PURPOSE OF A PLAN OF SAFE CARE IS TO:

- Ensure mother and baby remain healthy and safe
- Work with the family and support team to identify your the overall goals and needs
- Make referrals to appropriate services
- Focus on the health and wellbeing of families

## PLANS OF SAFE CARE

**Helping Pregnant Women and Their Families have a Healthy Start**

➤ [phila.gov/families](https://phila.gov/families)



## WHAT IS A PLAN OF SAFE CARE?

**Pregnancy, the birth of a child, and parenting come with a lot of change and challenges.**

Plan of Safe Care supports families in accessing services they may need to care for an infant who has been exposed to substances during pregnancy.

A Plan of Safe Care will:

- Focus on the family's strengths
- Support the health & development of their new baby
- Provide access to resources so the entire family can stay safe & healthy
- Respond to the family's unique health & wellness needs

## SERVICES

*These publicly funded/free services can assist parents with the skills and resources necessary to care for an infant who was exposed to substances during pregnancy.*



### EDUCATION & SUPPORT

During and after pregnancy



### MEDICAL

Access to medical care, mental health services, public benefits



### REFERRALS TO COMMUNITY SERVICES

**Including but not limited to:**

- Substance Treatment
- Early Intervention
- Postpartum Support
- Parenting Classes
- Home Visiting Programs
- Income/Employment Support

## HOW A PLAN OF SAFE CARE IS CREATED

A team meeting takes place with the family and helping professionals like the hospital social worker, primary care doctor, community social worker, and CUA/DHS social worker. The meeting is to discuss the family's goals and needs and to connect mothers and their families to services.

- After a child is discharged from the hospital, the community social worker will keep in touch on the plan.
- Parents and caregivers have ongoing support to ensure their child is safe and healthy.

