COVID-19 Coronavirus: PROTECT YOURSELF AND OTHERS

Know the Symptoms

HAVE THE SYMPTOMS?
Stay home and contact your healthcare provider.

Learn more about the City’s response to COVID-19 at phila.gov/COVID-19
COVID-19 Coronavirus: PROTECT YOURSELF AND OTHERS

Wash your hands thoroughly.

1. Wet Hands with running water.
2. Soap Up Hands front, back, wrists, between the fingers, and under the nails!
3. Scrub Hands for 20 seconds. (sing “Happy Birthday” twice.)
4. Rinse Hands Well. Get all that soap off!
5. Dry Hands Use a clean towel or air-dry.

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COVID-19 Coronavirus: Protect Yourself and Others

Cover your coughs & sneezes

1. Cover your coughs & sneezes

2. Dispose of tissues after use in the nearest trash can

3. Clean your hands

Wash your hands for 20 seconds with soap & water

Use alcohol-based hand rub

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COVID-19 Text Alerts
Text COVIDPHL to 888-777 to receive updates to your phone.

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