When is it safe for a worker to return to work after COVID-19?

Non-healthcare workers who have had COVID-19 or possible COVID-19 can return to work if **ALL** of the following are true:

- At least 10 days after onset of symptoms
- **AND** 3 days without fever, off antifever medications like Tylenol or Motrin
- **AND** symptoms are improving

Non-healthcare workers quarantining after exposure to COVID who have not developed symptoms can return to work after 14 days.

NOTE: Repeat COVID testing is **not recommended** after illness.