

HOW CAN I PROTECT MYSELF FROM COVID-19?

PRACTICE GOOD HEALTH HABITS



**STAY HOME
AS MUCH AS POSSIBLE**



**STAY 6+ FEET AWAY
FROM ANYONE YOU
DON'T LIVE WITH**



**CALL INSTEAD
OF VISITING**



**WEAR A CLOTH MASK
IF YOU NEED
TO GO OUT**



**WASH YOUR
HANDS OFTEN**



**AVOID TOUCHING
YOUR FACE**

Medical questions? Call the COVID-19 helpline at (800) 722-7112
Other questions? Call 311 or visit phila.gov/COVID