

Who Should Be Tested for COVID-19 and Where You Can Get a Test

The Philadelphia Department of Public Health recommends COVID-19 testing for people with fever and cough or shortness of breath if symptoms are severe or worsening, and for those with symptoms who:

- Are over age 50.
- Have medical conditions that might increase the severity of the infection, including diabetes, heart disease, lung disease, kidney disease or immunocompromising conditions.
- Live or work in a facility with other people (nursing home, college dormitory, prison, shelter).
- Are healthcare workers.

Testing is **not** recommended for:

- People who do not have symptoms of COVID-19 (no fever, or cough, or shortness of breath).
- People who are only mildly sick.
- People who are otherwise healthy and are not feeling short of breath or experiencing worsening cough and fever. People who are sick but do not need testing should stay at home away from other people until their symptoms are better. Read our <u>guidance on home care during</u> <u>quarantine or isolation</u>.

Testing Sites

If you think you should be tested for COVID-19:

- Start with your regular medical provider or the hospital system where you last received medical care. Call or contact them over the internet so that a medical professional can evaluate whether testing is appropriate for you.
 - o Penn Medicine: call COVID-19 Hotline at (267) 785-8585 or go to their website.
 - Jefferson: use <u>JeffConnect</u> for a virtual doctor's visit and testing referral if indicated or go to their website.
 - o Temple Patient Triage Hotline: (215) 707-6999 or go to their website.
 - o Einstein Hospital: (800) 346-7834 or go to their website.
 - o Children's Hospital of Philadelphia: (800) 879-2467 or go to their website.
 - o Mercy Health COVID-19 Hotline: (215) 748-9204.
 - Mainline Health Contact Center: (866) 225-5654 or go to their website.
 - o PHMC: (855) 887-9229 or go to their **website**.
 - City Health Center patients can call (215) 685-2933.
 - Many Federally Qualified Health Centers and other clinics also offer testing. Call before going to the clinic.



• If you are not able to get tested through your medical provider, you can be tested at a public testing site.

Health Department Walk-Up Site

- Hours: Daily from 9 a.m. to 5 p.m.
- To be tested here, you must be a healthcare worker or first responder, OR have symptoms of a fever and new onset of cough and be over 50.
- This site is available by appointment ONLY. Call 267-491-5870 for a referral.
- Bring your driver's license or PHL City ID and insurance card (if you have one).
 Persons will NOT be turned away due to lack of insurance or documentation,
 and the test will be done at no cost.

Rite Aid

7401 Ogontz Ave.

Philadelphia, PA 19138

- Hours: Daily from 9 a.m. to 5 p.m.
- To be tested here, you must be a healthcare worker or a first responder AND have symptoms consistent with COVID-19.
- Before getting tested here, you must register at <u>www.riteaid.com</u>. Click on the red COVID-19 testing banner at the top of the page to register.

o American Family Care (AFC) Urgent Care

180 W. Girard Ave. (below Acme at 2nd & Girard) Philadelphia, PA 19123

and

2401 W. Cheltenham Ave. (near Chick-fil-A, Chipotle, and Panda Express) Philadelphia, PA 19095

- Walk-up testing, Monday-Friday
- To be tested here, you must be screened via TeleCare in advance.
 Visit <u>www.afcurgentcarenolibs.com</u> OR <u>www.afcurgentcarecheltenham.com</u>
 and click "Book a Virtual Visit Online" to be seen by an AFC provider from your device in the comfort of your home.

Participating FQHCs:

The Family Practice & Counseling Network (FPCN)
 215-843-9720 (for scheduling)
 Currently offering testing to patients at three locations:

 11th Street Family Health Services 850 N. 11th Street (11th and Parrish) Philadelphia, PA 19123 215-769-1100



Abbottsford Falls Family Practice & Counseling

4700 Wissahickon Avenue, Building D, Suite 119 (at the corners of Abbottsford and Wissahickon)
Philadelphia, PA 19144
215-843-9720

Health Annex

6120 Woodland Avenue, 2nd Floor (in the Woodland Village Plaza) Philadelphia, PA 19142 215-727-4721

Planned start date for expanded testing: Wednesday, April 29, 2020

Testing days: FPCN will hold testing events every Wednesday at the Health Annex. Interested persons should call 267-356-0362 to schedule an appointment.

Testing hours: 8:40 a.m.-4:00 p.m.

Spectrum Heath Services

215-471-2761 (for scheduling) Testing to be offered at:

Spectrum Community Health Services

5201 Haverford Avenue Philadelphia, PA 19139

Planned start date for expanded testing: Friday, April 24, 2020

Testing days: Monday, Wednesday, Friday

Testing hours: 9:30am-4:30pm

Delaware Valley Community Health (DVCH)

(215) 291-2500 (for scheduling) Offering testing to patients at:

Maria de los Santos (MDLS) Health Center

401 W. Allegheny Avenue Philadelphia, PA 19133

New or established patients who are interested in being evaluated for testing should call 215-291-2500 for a telemedicine visit. Testing will be scheduled by appointment only.



PDPH Health Centers

215-685-2933 (for scheduling at any of the health centers below)
Testing is offered at eight locations by appointment only. Persons interested in testing should call 215-685-2933 during business hours to schedule an appointment.

Health Center 2

1700 S. Broad Street, 2nd Floor Philadelphia, PA 19145

Health Center 3

555 S. 43rd Street Philadelphia, PA 19104

Health Center 4

4400 Haverford Avenue Philadelphia, PA 19104

Health Center 5

1900 N. 20th Street Philadelphia, PA 19121

Health Center 6

301 W. Girard Avenue Philadelphia, PA 19123

Health Center 9

131 E. Chelten Avenue Philadelphia, PA 19144

Health Center 10

2230 Cottman Avenue Philadelphia, PA 19149

Strawberry Mansion Health Center

2840 West Dauphin Street Philadelphia, PA 19132

Philadelphia Health Management Corporation

PHMC will begin expanded testing on Monday, May 4.

All prospective patients should call (855) 887-9229 during business hours (8 a.m. - 5 p.m.) to be triaged and scheduled for testing. Testing is by appointment only and will be offered on Mondays, Wednesdays, and Fridays at the following sites:

PHMC Health Connection

1900 N 9th St. #104 Philadelphia, PA 19122



- PHMC Mary Howard Health Center
 125 S 9th St.
 Philadelphia, PA 19107
- PHMC Rising Sun Health Center
 5675 N Front St.
 Philadelphia, PA 19120
- Congreso Health Center
 412 W Lehigh Ave.
 Philadelphia, PA 19133
- vybe urgent cares
 Testing is offered at <u>all locations</u>, but patients must be referred via a <u>vybe video visits</u>.

Note that many of these sites ONLY perform testing. If you have a worsening cough, shortness of breath, or fever over 101 for more than three days, please seek medical attention from your primary care provider, an urgent care clinic, or a hospital emergency department (call in advance to tell them you have symptoms so they can prepare and wear a mask if possible).

When traveling to a testing site, wear a surgical mask over your nose and mouth. If you do not have a surgical mask, wear a scarf over your nose and mouth.

Getting Your Test Results

- If you were tested at a location that is **not** a hospital or City health center (for example, Citizen's Bank Park or a pharmacy), you should be able to get your test results on the laboratory's patient portal.
 - Bioreference Laboratories
 - LabCorp
 - Quest Diagnostics
- Depending on what laboratory performs your test, it may take 2-6 days to learn your results.
 During that time, get rest, stay hydrated and stay at home, away from all people while you have symptoms. Read our guidance on home care during quarantine or isolation.
- Monitor for symptoms if you feel short of breath or have a worsening cough or persistent fever (over 101 for more than 3 days or over 100.4 for more than 5 days), call your doctor or go to a hospital emergency department.
- If you must be near other people, wear a cloth mask over your nose and mouth.



Returning to Work

The Philadelphia Department of Public Health does not recommend that employers require testing prior to return to work for non-healthcare workers. Use of testing for this purpose diverts tests from use by people who are very sick. It may also be falsely reassuring.

People with symptoms of possible COVID-19 infection should stay home for at least 7 days AND until they have been free of fever without anti-fever medicines like Tylenol for 72 hours AND respiratory symptoms (if any) are improving.