**Why Wear a Mask**

You can transmit COVID-19 coronavirus *even if you don’t feel sick.* Some people can be contagious without even knowing that they have COVID-19.

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### When to Wear a Mask

- If you need to go buy food or medicines.
- If you have to go to work (essential workers).
- If you live or work in a group setting (shelter, group home).

**How to Wear a Mask**

- Make a cloth mask with 2 or 3 layers of fabric. Or use a bandana.
- Cover your mouth and nose. Don’t leave gaps at the sides.
- Choose a mask that feels comfortable. Make sure you can breathe easily.
- Assume the outside of the mask may have virus on it. Don’t touch it!
- Wash hands before and after touching your mask, also when taking it off. Sanitizer works too.
- Wash your mask in hot soapy water right after you take it off.

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*MORE INFORMATION AT: phila.gov/COVID-19*

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