

RESOURCES FOR PHILADELPHIA FAMILIES DURING CORONAVIRUS (COVID-19)

Are you pregnant or a parent/caregiver of a young child?

We know there is a lot of fear and change right now because of Coronavirus (COVID-19) so we want to share important information about supplies and resources to care for you and your child. Please visit phila.gov/(COVID-19) or call 1-800-722-7112 for more information.

Note: Please call organizations first for updated services and hours.

Breastfeeding Support

Pacify: https://www.pacify.com/



- A <u>FREE</u> mobile app that provides on-demand access to lactation specialists right from your smartphone
- Get the "Pacify" app in the <u>Apple Store</u> or <u>Google Play</u>
- Enter the enrollment code PHILLY at signup for FREE 24/7 access

Breast pumps: You can reach out to your insurance provider to request a breast pump delivered to your home

Baby Supplies (Diapers, Formula, and Food)

WIC: http://northwic.org/

- Resource: WIC EBT card
- Note: Participants will now be seen outside of the office for safety reasons using a new card exchange system. Please call on arrival to the office. WIC has stopped the requirement of infants, children, and/or pregnant women having to come in for their WIC benefits participants can send someone to come in for them if they tell WIC staff over the phone who will be coming to pick up their benefits and that person needs to bring photo identification.
- Sites:
 - North Philadelphia WIC Office: 215-229-3786, 1300 W Lehigh Ave #104, Phila, PA 19132
 - South Philadelphia WIC Office: 215-463-5571, 1165 S Broad St, Phila, PA, 19146
 - Overbrook WIC Office: **215-477-3360**, 5610 Lancaster Ave #1400, Phila, PA, 19131
 - Aramingo WIC Office: 215-533-9597, 2401 E Tioga Street, A4, Phila, PA, 19134
 - Germantown WIC Office: **215-284-1500**, 301 E Chelten Ave, Phila, PA, 19144
 - Northeast WIC Office: 215-745-7251, 7959 Bustleton Ave, Phila, PA, 19152
 - Olney-Logan WIC Office: 215-927-1950, 5751 N Broad Street, Phila, PA, 19141
 - Woodland WIC Office: 215-726-1142, 1741 S 54th Street, Phila, PA, 19143
- Hours: Monday–Thursday, 7am–1pm starting March 23rd

Philadelphia Interfaith Hospitality Network: http://philashelter.org/

- Resource: Food and diapers
- Note: Please press 8# to speak to staff member
- Phone & Address: 215-247-4663, 7047 Germantown Ave, Phila, PA 19119
- Hours: Tuesdays & Thursday from 10am-5pm, Saturday 10pm-2pm

Catholic Social Services: https://cssphiladelphia.org/

- Resource: Food, diapers, and formula
- Note: Formula availability will vary by site. Please leave a message if you are not able to connect to a staff member.
- Sites:
 - Casa del Carmen: **267-331-2500**, 4400 North Reese St, Phila, PA, 19140 (Monday–Thursday, 8:30am-1pm)
 - Southwest Philadelphia: 215-724-8550, 6214 Grays St, Phila, PA, 19142
 - Food only: Monday 10-1pm; Diapers only: Tuesday 11-1pm; Wednesday & Friday 10-1pm

Language & Literacy Promoting Activities

Ready4K: Text "Readby4th" to 70138 for <u>FREE</u> text messages for parents/caregivers to help build children's language and literacy skills.

We will update this list as more resources become available. Version 3/23/20.