

# Food Assistance Resources during COVID-19

## Free Meal Services for Youth and Seniors

While schools are closed due to COVID-19, the City of Philadelphia, the School District of Philadelphia, the Philadelphia Housing Authority, and many charter schools are providing free meals for students. Children and youth 18 and under will be served at all sites regardless of which school they attend, and no ID is required. A current map of sites with addresses and hours can be found at the following link:

[Map of all youth meal sites](#)

Grab-and-go meals will be available for seniors between 11 a.m. and 1 p.m., Monday through Friday, at **three older adult centers**: [Northeast](#), [Mann](#), and [Martin Luther King Jr.](#)

The Philadelphia Corporation for Aging (PCA) is continuing delivery services and distribution of meals at their senior centers. Call the PCA helpline at 215.765.9040 for more information.

## Food Assistance

Food banks will be open and delivering food to many agencies, pantries, shelters, and soup kitchens during the COVID-19 response.

### Who can get food from a food bank or pantry?

- Persons who are out of work without pay are eligible to receive food from a food bank or food pantry in Pennsylvania, including:
  - Service workers who are unable to get shifts
  - Hourly wage employees of non-essential businesses that have closed

### How can I get food from a food bank or pantry?

- Signatures on [Self Declaration of Need](#) forms have been temporarily waived due to COVID-19. You will be asked to provide verbal confirmation of your need as well as your household size and weekly income level as of the day you apply.
- Residents of Philadelphia can find food in their neighborhood by calling WhyHunger at 1-800-548-6479 or at the [Philabundance website](#).

### What if I'm under quarantine or isolation?

- Contact your local food bank or food resource organization to see if they are delivering food.
- Food banks are following guidance to limit exposures and ensure the health of residents.



**SNAP (food stamps):** County Assistance Offices are not open to the public, but staff are processing applications and paperwork. There are drop boxes and paper copies of applications outside of the offices. Office locations can be found at the [Hunger Coalition website](#).

**WIC (Woman, Infants and Children Program):** All WIC offices will be open Monday through Thursday from 7 a.m. to 1 p.m. You will be able to load your eWIC card with 3 months of benefits while keeping a safe distance from others. You may also apply over the phone or send someone else to the office for you, but you need to call the WIC office ahead of time to notify them. This person should bring an ID with them. WIC office locations and phone numbers can be found at the [Philadelphia WIC Program website](#).