

Linkage to Services

- As an outreach program, Above & Beyond can connect you and your family to local organizations and services you may need.
- Our outreach specialist will work with you to determine which services are most suitable for your needs.



- Linkage to services can include:

- ☒ Employment
- ☒ Baby Supplies
- ☒ Access to food
- ☒ Case Management/Home Visiting Programs
- ☒ Health/Medical Needs
- ☒ Substance Use Recovery (Medication Assisted Treatment)

Contact Us

Contact our Outreach Specialist,
Faith Robinson at faith.robinson@phila.gov
or call 215-686-5171 with any questions or
for more information!

Please visit our website:
<https://www.phila.gov/opioids>

Did you know?

**Above & Beyond works closely with
Maternal, Child and Family Health (MCFH)
& MCFH has a new Doula Support Program!**

- Serving pregnant women and families with a history or current substance use disorder.
- Providing support throughout pregnancy, childbirth and up to one year postpartum.
- For more information, contact Arielle Narva, Program Manager at arielle.narva@phila.gov, call (215) 685-5269 or (443) 593-9864 (cell)



October 2019



Above & Beyond

Introducing Philadelphia's
Neonatal Abstinence Syndrome (NAS)
Outreach Program

What is NAS and how can we help?

- Neonatal abstinence syndrome (NAS) is a group of conditions that may occur as a result of a baby's exposure to certain drugs and substances while in the womb.
- NAS is treatable, requiring an average hospital stay of 17-23 days.
 - The treatment for NAS ranges from basic soothing techniques to medication, such as morphine or phenobarbital.
- While there is still much to learn about NAS, health professionals and advocates are working to gain more insight into best care practices for both the babies and their moms.
- Please talk with your provider about the risks and symptoms of NAS.

How we can help:

- ★ The Outreach Specialist will reach out about 1 month after birth to provide an introduction to the program and offer the opportunity to participate.
- ★ Once mom confirms participation, a 1 time home visit will be scheduled with the Outreach Specialist and Nurse at a place and time that's most convenient for her.
- ★ During the visit, we will provide harm reduction tips, naloxone training, and help connect mothers to services. The nurse can check baby and answer most clinical and parenting questions.

NOTE: Participation in this program is completely voluntary; the mother can opt out at any point.

Who we are

Above & Beyond is a new outreach program created in December 2018 by the Philadelphia Department of Public Health.

The program is a service specifically for mothers of infants diagnosed with NAS and their families, to provide harm reduction training and linkage to a variety of treatment and social services in Philadelphia.

Questions & Answers

Is an Above & Beyond visit required by the City? How many times will Above & Beyond return for a visit?

Participation is voluntary and you can opt not to continue at any time. A typical visit can last between 60 to 90 minutes based upon the needs of each family. A meeting can last as short or as long as the family likes. This is not a continuous home visiting program; however, if you would like additional follow up, we can link you to a partner organization that provides more in-home services.

How will my participation with Above & Beyond affect me and my family?

Our program primarily exists to assist you and your baby through this postpartum period. Mothers who do not have custody of their babies can still participate in Above & Beyond. We are not affiliated with the Department of Human Services (DHS) and there is no reason to worry when you participate.

Will information I provide be shared?

No, any information Above & Beyond collects, or any information that you provide is protected and always confidential. With your permission, information will only be shared with those service providers to which you are referred.