Contact Us

Contact our Outreach Specialist, Faith Robinson at faith.robinson@phila.gov or call 215-686-5171 with any questions or for more information!

Please visit our website: https://www.phila.gov/opioids

Linkage to Services

- As an outreach program, Above & Beyond can connect you and your family to local organizations and services you may need.
- Our outreach specialist will work with you to determine which services are most suitable for your needs.

Linkage to services can include:

- Employment
- Baby Supplies
- Access to food
- Case Management/Home Visiting Programs
- Health/Medical Needs
- Substance Use Recovery (Medication Assisted Treatment)

Did you know?

Above & Beyond works closely with Maternal, Child and Family Health (MCFH) & MCFH has a new Doula Support Program!

- Serving pregnant women and families with a history or current substance use disorder.
- Providing support throughout pregnancy, childbirth and up to one year postpartum.
- For more information, contact Arielle Narva, Program Manager at arielle.narva@phila.gov, call (215) 685-5269 or (443) 593-9864 (cell)
**What is NAS and how can we help?**

- Neonatal abstinence syndrome (NAS) is a group of conditions that may occur as a result of a baby’s exposure to certain drugs and substances while in the womb.

- NAS is treatable, requiring an average hospital stay of 17-23 days.
  - The treatment for NAS ranges from basic soothing techniques to medication, such as morphine or phenobarbitral.

- While there is still much to learn about NAS, health professionals and advocates are working to gain more insight into best care practices for both the babies and their moms.

- Please talk with your provider about the risks and symptoms of NAS.

<table>
<thead>
<tr>
<th>How we can help:</th>
</tr>
</thead>
<tbody>
<tr>
<td>★ The Outreach Specialist will reach out about 1 month after birth to provide an introduction to the program and offer the opportunity to participate.</td>
</tr>
<tr>
<td>★ Once mom confirms participation, a 1 time home visit will be scheduled with the Outreach Specialist and Nurse at a place and time that's most convenient for her.</td>
</tr>
<tr>
<td>★ During the visit, we will provide harm reduction tips, naloxone training, and help connect mothers to services. The nurse can check baby and answer most clinical and parenting questions.</td>
</tr>
</tbody>
</table>

**NOTE:** Participation in this program is completely voluntary; the mother can opt out at any point.

---

**Who we are**

Above & Beyond is a new outreach program created in December 2018 by the Philadelphia Department of Public Health.

The program is a service specifically for mothers of infants diagnosed with NAS and their families, to provide harm reduction training and linkage to a variety of treatment and social services in Philadelphia.

---

**Questions & Answers**

**Is an Above & Beyond visit required by the City? How many times will Above & Beyond return for a visit?**

Participation is voluntary and you can opt not to continue at any time. A typical visit can last between 60 to 90 minutes based upon the needs of each family. A meeting can last as short or as long as the family likes. This is not a continuous home visiting program; however, if you would like additional follow up, we can link you to a partner organization that provides more in-home services.

**How will my participation with Above & Beyond affect me and my family?**

Our program primarily exists to assist you and your baby through this postpartum period. Mothers who do not have custody of their babies can still participate in Above & Beyond. We are not affiliated with the Department of Human Services (DHS) and there is no reason to worry when you participate.

**Will information I provide be shared?**

No, any information Above & Beyond collects, or any information that you provide is protected and always confidential. With your permission, information will only be shared with those service providers to which you are referred.