

Opening Day

Saturday, June 8, 2019

8:00 am - 3:00 pm
Registration & Expo

9:00 am
Opening Ceremony

9:00 am - 3:00 pm
Senior Health Expo

9:30 am - 12:00 pm
Fitness Demos

9:30 pm - 10:30 am
Zumba

10:30 pm - 11:00 am
Tai Chi

11:00 am - 12:00 pm
Self Defense Clinic

12:30 pm - 1:30 pm
Line Dancing

Fee For Events:

\$15 for three sports, \$5 each additional sport

Must have a minimum of 10 people registered for each sport. Less than 10 could cause cancellation of that sport.

For non-physical events (billiards, pinocle, scrabble, darts) there will be 2 age groups 50-69 and 70 over.

Outdoor Events

Saturday, June 8

Father Judge High School
Choose up to three running events.

Track & Field

10:00 am start

1. ___ 100 Meter Dash
2. ___ 200 Meter Dash
3. ___ 400 Meter Dash
4. ___ 1600 Meter Walk/
Women
5. ___ 1600 Meter Walk/Men
6. ___ 4 x 50 Meter Relay
(All Age Divisions)
7. ___ 1600 Meter Run/
Women
8. ___ 1600 Meter Run/Men

11:00 am start

9. ___ Football Throw
10. ___ Horseshoes

11:30 am start

11. ___ Softball Throw:
Pitch, Hit & Run

Awards Banquet

July 26, 2019

Cannstatters
Banquet Hall

11:00 am

Indoor Events

Saturday, June 8

Father Judge High
School

1:00 pm start

12. ___ Basketball Hot Shot
13. ___ Basketball Foul
Shooting Contest
14. ___ 3 on 3 Half-court
Basketball
15. ___ Table Tennis
16. ___ Stationary Bike

Swimming

Lincoln High School
3201 Ryan Avenue

2:00 pm start

Choose up to three events

17. ___ 25 Meter Freestyle
18. ___ 50 Meter Freestyle
19. ___ 25 Meter
Breaststroke
20. ___ 50 Meter Backstroke

Monday, June 10

West Oak Lane Senior
Center
7210 Ogontz Ave.

10:00 am start

21. ___ Womens Billiards
Tournament

V & S Lanes
7235 Elmwood Ave.

7:00 pm start

- check-in starting at 6:00 pm
22. ___ Evening Bowling

Tuesday, June 11

West Oak Lane Senior
Center

10:00 am start

23. ___ Men's Billiards

Wednesday June 12

Thunderbird Lanes
3081 Holme Ave.

11:00 am start

check-in starting at

10:00 am

24. ___ Daytime Bowling

Thursday, June 13

John F. Byrne
9500 Leon St.

8:00 am start

25. ___ Putting, Golf and
Driving Contest

Friday, June 14

West Oak Lane Senior
Center

10:00 am start

26. ___ Game Day: Pinochle,
Scrabble, Darts
27. ___ Dominos

Northeast Older Adult
Center
8101 Bustleton Ave

28. ___ Game Day: Pinochle,
Scrabble, Darts

29. ___ Dominos

Registration Form

Complete both sides of this form and submit with entry fee
Same-day registration acceptable (please type or print
clearly)

Name _____

Address _____

City _____ State _____ Zip Code _____

Telephone _____

Email _____

Age _____ Date of Birth _____

Gender ☐ Male ☐ Female

Questions? 215-685-2736

Registration Fee:

\$15 for 3 sports and \$5 for each additional sport

Make check or money order payable to:

PPR 6c's Central Advisory Council

Mail to: Philadelphia Senior Games For Adults 50+

c/o Barbara Gillette
PO Box 2676
Philadelphia, Pa 19130



Liability & Photo Waiver

In consideration of my entry being accepted into the Philadelphia Senior Games for adults 50+ I, on behalf of my heirs, executors, administrators, and assignees release, indemnify and hold harmless the City of Philadelphia and the Philadelphia Senior Games for adults 50+ sponsors and co-sponsors from any and all injuries suffered by me as a result of my participation in the Philadelphia Senior Games for adults 50+

To the best of my knowledge, information and belief, I have no physical restrictions that would prohibit me from participating in the events that I have selected. I hereby authorize at my expense, any first aid or medical treatment deemed necessary for my health, welfare, and safety.

I certify that I have sufficiently trained for each event that I have selected, and my good physical condition has been verified by a licensed physician in the past six months.

I give permission for my photograph to be used by the Philadelphia Senior Games for adults 50+ for advertising, promotional efforts, publicity and other legal purposes. I waive all claims for compensation or damages in connection with such use.

Please type or print clearly

Name _____

Signature _____

Date _____

Person to contact in case of emergency

Name _____

Phone _____

Philadelphia Senior Games for Adults 50+

c/o Barbara Gillette
PO Box 2676
Philadelphia, Pa 19130
www.PhiladelphiaGames.org

Awards Banquet

July 26, 2019

Cannstatters Banquet Hall
9130 Academy Rd
11:00 am



The Philadelphia Senior Games

June 8 - June 14, 2019

Registration Form



Father Judge High School

3301 Solly Avenue
Philadelphia, Pa 19136

