Philadelphia Department of Public Health Environmental Health Services Lead and Healthy Homes Program

CHILDHOOD LEAD POISONING

Surveillance Report

2017



Contents

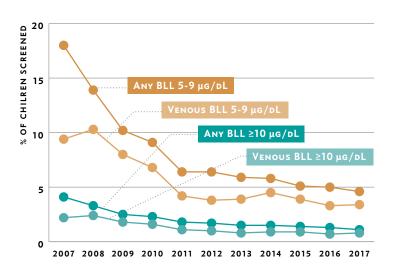
Introduction	1
Lead Poisoning	1
PDPH Lead and Healthy Home Program	1
Tracking Lead Exposure, Risk Factors, and Outcomes	2
Explanation of the Data	2
Screening Recommendations	4
Philadelphia Lead Paint Disclosure & Certification Law	4
Screening Rates for Lead Exposure Remain High	5
Lead Exposure is Occurring in Fewer Children Each Year, but Remains a Concern	7
Lead Exposure Identified through Venous Blood Samples	7
Lead Exposure Identified through All Types of Blood Specimens	9
Services Provided to Children with Elevated BLL	12
Poverty and Age of Housing are Associated with Elevated Blood Lead Levels in Children	13

NUMBERS AT A GLANCE

Among Philadelphia children under the age of 6 years old in 2017, there was a decrease in newly identified children with venous blood lead levels ≥10 µg/dL from 2.2% of children screened for lead poisoning in 2007 to 0.8% in 2017.

FIGURE 1.

Trend of lead exposure by venous and any blood specimen type among children <6 years old living in Philadelphia, 2007-2017.*



*5-9 & \geq 10 µg/dL categories are mutually exclusive

INTRODUCTION

LEAD POISONING

Even small amounts of lead can cause very serious harm to the brain and other parts of the nervous system. Lead in a child's body can:

- · Slow down growth and development
- Damage hearing and speech
- Cause behavior problems
- Make it hard to pay attention and learn

Due to their increased hand-to-mouth activity and developing neurological and digestive systems, children under the age of 72 months are at an increased risk of the effects of lead exposure.

Some of the health problems caused by lead exposure may never go away. The best response to the problem is to prevent a child from becoming lead poisoned in the first place.

By far the major source of childhood lead exposure in Philadelphia is lead paint and the dust it produces. Many homes in Philadelphia built before 1978 have lead paint on the inside and outside of the building. When old paint cracks and peels, or when it is ground between surfaces such as around windows, it makes lead dust. Children can be exposed to lead from ingesting flakes of paint or paint dust that gets on their hands and toys. Some examples of other sources of lead exposure include contaminated water or soil, folk medicines, certain kinds of cosmetics and jewelry, and imported spices.

PDPH LEAD AND HEALTHY HOMES PROGRAM

The Philadelphia Department of Public Health's (PDPH) Lead and Healthy Homes Program (LHHP), formerly known as Childhood Lead Poisoning Prevention Program, addresses conditions that cause childhood lead poisoning and educates social service and childcare providers, clinicians, families and children about the importance of preventing lead exposure and performing lead screening.

For more information about LHHP and access to educational materials, please visit:

phila.gov/health/ChildhoodLead/index.html

These activities include:

- Providing education and outreach to families and healthcare providers
- Offering private in-home services to eligible families, including home inspections and remediation to reduce lead hazards
- Enforcing lead laws and regulations in collaboration with the Philadelphia Department of Licenses and Inspections and the Law Department
- Conducting surveillance on childhood lead exposure to monitor trends and identify high-risk populations

TRACKING LEAD EXPOSURE, RISK FACTORS, AND OUTCOMES

In situations where a child is already exposed to lead, LHHP works to prevent further exposure by educating families, inspecting homes, and providing remediation services when applicable.

LHHP staff members regularly monitor laboratory tests to identify children with high BLLs. When LHHP becomes aware of a child with a BLL $\geq 10 \mu g/dL$ who has not already been identified, LHHP contacts the child's parents or guardian and initiates services. If a child has a BLL between 5-9 $\mu g/dL$, LHHP offers education services to help educate the parent or guardian about how they can ensure the child is not further exposed to lead.

In this report, we have added a new section called "PDPH Services Provided to Children with a Newly Identified High BLL in 2017", which reports on the outcomes for children with a newly identified BLL ≥10µg/dL in 2016.

It is also important to determine how the trends of lead exposure are changing over time in Philadelphia as a whole, among certain demographic groups, or within specific geographical areas. Therefore, LHHP routinely analyses data to monitor characteristics of children with higher BLLs and which areas of Philadelphia are most affected.

EXPLANATION OF THE DATA

Childhood lead exposure in the State of Pennsylvania is a reportable condition, which means that healthcare practitioners, laboratories, and healthcare facilities must report the health concern to Pennsylvania Department of Health (PA DOH). PA DOH receives reports of all blood tests for lead, even those with no lead detectable.

Blood lead tests are reported individually. Therefore, one child may have multiple test reports. This document summarizes data for each child rather than by tests. For example, if one child had multiple lead tests with results $\geq 10 \ \mu g/dL$ within a calendar year, that child would only be counted once for that year.

The most reliable way to test for lead is with a venous blood specimen, that is, blood that is taken from a vein. Blood tests using capillary blood specimens (taken by finger stick) may falsely identify tests as being elevated. Therefore, capillary blood specimens are not considered as reliable as venous blood specimens. For some tests, PDPH does not receive information about the source of blood specimens, so they are classified as unknown specimen type. In this report, we present data in two ways - venous samples only and all samples - in order to show the range of potential childhood lead exposure.

DEFINITIONS

For this report we use the following definitions:

Blood lead level (BLL):	Micrograms per deciliter of lead from a blood specimen. Elevated BLLs (EBLLs) in this report are classified as either 5-9 μ g/dL or \geq 10 μ g/dL.
Screening rate:	Screening rate is calculated by dividing the number of children under the age of 72 months (6 years) who were screened by the total number of children under the age of 72 months living in Philadelphia, multiplied by 100.
Newly identified case rate:	This rate is calculated by dividing the number of children under the age of 72 months with a newly identified EBLL by the total number of children under the age of 72 months who were screened, multiplied by 100.
	# children with a newly identified EBLL x 100 # children screened for lead exposure
	Rates with newly identified children with EBLLs, rather than all current EBLLs (prevalence, as described below) provides a more precise estimation of how lead exposure is changing from year to year. Most EBLL rates in this document will be reported as newly identified case rates.
Existing cases:	Numbers listed using this term means we are presenting all children under the age of 72 months with an existing EBLL. Rather than showing the newly identified cases, existing cases includes children who were first identified with an EBLL is previous years, but still had a higher test result in the year measured. We use this measure to present the distribution of the amount of lead detected in blood overtime.
Birth cohort:	A birth cohort is defined as children born during specific calendar year in Philadelphia. These children are followed to track rates of screening. For example, children born from January 1st, 2012 through December 31st, 2012 are included in the 2012 birth cohort.

SCREENING RECOMMENDATIONS

PDPH recommends that all children be screened for lead exposure between the **ages of 8 to 12 months**, and **again at the age of 24 months**. It is recommended to use venous blood specimens when conducting lead screening for better accuracy in detecting lead in the blood.

If a child's blood lead level is elevated, PDPH recommends that the child should receive a follow-up test within the following time frames:

Result (µg/dL)	Time to Initiate Follow-up Test
5-9	3 months
10-14	3 months
15-19	1 to 3 months
20-24	1 to 3 months
25 or higher	Seek medical attention as soon as possible

PHILADELPHIA LEAD PAINT DISCLOSURE & CERTIFICATION LAW

Despite years of progress, each year significant numbers of children in Philadelphia suffer harm from exposure to deteriorated lead paint and lead dust in their homes. More than half of these children live in rental units.

The Philadelphia Lead Paint Disclosure & Certification Law (Philadelphia Code Section 6-800) is designed to prevent lead exposure to children by requiring landlords to certify that a property occupied by young children is "lead safe" or "lead free".

For more information about this law, please visit:

phila.gov/health/ChildhoodLead/LeadPaintLaw.html



SCREENING RATES FOR LEAD EXPOSURE REMAIN HIGH

45000

FIGURE 2.

More than 90% of Philadelphia children receive at least one lead screening test before they turn 6 years old. In addition, 76% of children born in 2015 received at least one test before they turned 2 years old, compared to 58% of children born in 2005. However, only 28% of children born in 2015 were tested fully in accordance with PDPH's recommendations (i.e., at age 1 and again at age 2).

TABLE 1.

Screening rates among children born in 2005 through 2015.

39,146 37,703 37,703 37,575 37,751 38,106 35,456 38,433 36,646 36,319

2007 2008 2009 2010 2011 2012 2013 2014 2015 2016 2017

Children <6 years old screened by year, 2007-2016.

Year of Birth	% Screened by 2 Years Old (<24 months)	% Screened at 1 & Again at 2	% Screened by 3 Years Old (<36 months)	% Screened Twice by 3 Years Old (<36 months)	% Screened by 6 Years Old (<72 months)
2005	57.5	15.0	72.5	30.9	86.4
2006	70.6	18.2	80.3	36.6	91.8
2007	72.0	19.1	80.9	37.4	91.4
2008	72.3	20.7	81.8	38.1	91.5
2009	73.6	21.4	83.1	39.9	91.9
2010	73.1	21.6	82.4	39.7	91.8
2011	70.4	22.3	81.1	38.8	91.0
2012	71.9	23.4	82.3	38.2	
2013	72.0	24.9	82.4	38.3	
2014	74.2	28.7	83.9	45.0	
2015	76.5	27.9			

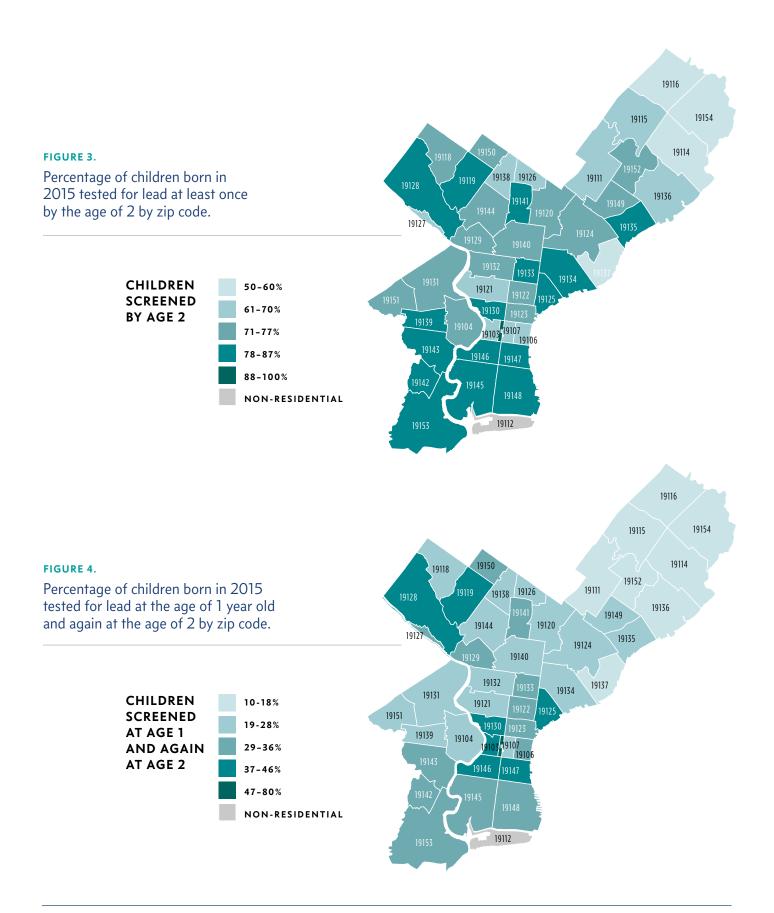
25000

Notes:

Screening rates are shown by birth cohort (i.e. children born in a given year). The number of children born during 2005 through 2015 is based on PDPH's 2015 Vital Statistics Report, Vital Status Events by Zip Code – Supplemental Tables.

Medicaid and PDPH recommend that children get screening at age 1 and again at age 2.

Various screening parameters were chosen to determine at what ages and how often children are getting screened for lead exposure, and how screening is changing over time. In the table above, we defined screening at age 1 as those with a test between ages 9-15 months, and at age 2 as those with a test between ages 21-27 months. This varies slightly from children being tested twice by the age of 3.



LEAD EXPOSURE IS OCCURRING IN FEWER CHILDREN EACH YEAR, BUT REMAINS A CONCERN

Rates of lead exposure among all blood specimen sources continued to decline in 2017. There was a slight increase in venous EBLLs from 2016 to 2017. However, there was no increase in EBLLs of any specimen type during the same time (see section "Lead Exposure Identified through All Types of Blood Specimens"). This information combined with further investigation of the data suggest that increases in venous BLLs are associated with changes in laboratory reporting.

LEAD EXPOSURE IDENTIFIED THROUGH VENOUS BLOOD SPECIMENS

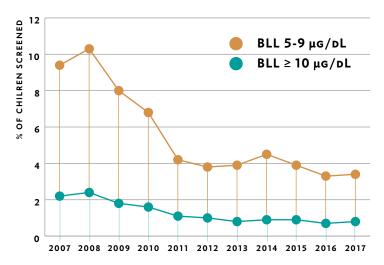
The following tables and figures show BLLs among blood specimens derived from the vein, the most reliable measure of lead exposure in the blood.

Nonetheless, certain areas of the city-particularly North Philadelphia and some parts of the West and Southwest Philadelphia-experience higher rates than the rest of the city.

In the following tables and figures, numbers associated with lead exposure are reported by either those identified through a test using venous blood specimens or any type of blood specimens (i.e., venous, capillary, or unknown). Using venous blood tests to calculate rates of lead exposure gives us a more precise estimate. However, by including children identified through any type of blood specimen in overall numbers, PDPH's Lead and Healthy Homes Program can target prevention efforts to all children possibly affected by lead exposure.

FIGURE 5.

Trend of newly identified EBLLs using venous blood specimens among children <6 years old, 2007-2017.



*5-9 & ≥10 µg/dL categories mutually exlcusive

TABLE 2.

Number and percentage of newly identified BLLs using venous blood specimens among children <6 years old, 2007-2017.

Year	Number of Children Screened	Number of Children with BLL 5-9 µg/dL	Number of Children with BLL ≥ 10 µg/dL	Percent of Children with BLL 5-9 µg/dL	Percent of Children with BLL ≥10 µg/dL	Geometric Mean in μg/dL
2007	37,675	3,536	843	9.4	2.2	3.8
2008	37,703	3,894	914	10.3	2.4	3.4
2009	37,751	3,007	693	8.0	1.8	3.3
2010	39,146	2,655	634	6.8	1.6	3.1
2011	38,106	1,601	407	4.2	1.1	2.5
2012	37,206	1,426	363	3.8	1.0	2.2
2013	36,646	1,431	295	3.9	0.8	2.1
2014	35,456	1,608	331	4.5	0.9	2.6
2015	36,319	1,430	328	3.9	0.9	2.6
2016	37,110	1,235	272	3.3	0.7	2.5
2017	38,433	1,305	318	3.4	0.8	2.1

Calculated using the highest venous blood lead level a child had in a given year.

Geometric mean is an average that is often used to measure BLLs because it may be more accurate. It uses calculation slightly different from the traditional (arithmetic) mean to adjust for outliers. The geometric mean is based on BLLs with detectible amounts of lead in their blood. Therefore, this number represents the average BLL among those with any detectible amount of lead exposure.

TABLE 3.

Distribution of existing BLL levels (venous) by category, 2013-2017.

BLL Category	2013	2014	2015	2016	2017
<5	23,766	24,002	25,253	24,117	26,422
5-9	1,838	2,056	1,816	1,625	1,564
10-14	195	230	216	174	199
15-24	81	83	88	84	100
25-44	22	26	21	21	21
45+	7	<6	6	<6	8

For each child, their highest prevalent (any existing, not restricted to new) BLL in a given year was identified and categorized.

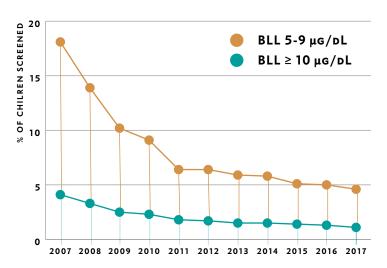
These numbers do not necessarily represent newly identified BLLs. Some children may have had a newly identified BLL in a previous year, but continued to get tested in the following years for monitoring purposes. Please see the section titled "Explanation of Data" for more information.

LEAD EXPOSURE IDENTIFIED THROUGH ALL TYPES OF BLOOD SPECIMENS

The following tables and figures show BLLs among blood specimens derived from any source (i.e. venous, capillary, or unknown blood specimen type).

FIGURE 6.

Trend of newly identified BLLs using any type of blood specimens among children <6 years old, 2007-2017.



*5-9 & ≥10 µg/dL categories mutually exlcusive

TABLE 4. Number and percentage of newly identified BLLs using all types of blood specimens among children <6 years old, 2007-2017.

Year	Number of Children Screened	Number of Children with BLL 5-9 µg/dL	Number of Children with BLL ≥ 10 μg/dL	Percent of Children with BLL 5-9 µg/dL	Percent of Children with BLL ≥10 μg/dL	Geometric Mean in μg/dL
2007	37,675	6,827	1,544	18.1	4.1	3.8
2008	37,703	5,250	1,251	13.9	3.3	3.4
2009	37,751	3,833	957	10.2	2.5	3.3
2010	39,146	3,560	900	9.1	2.3	3.2
2011	38,106	2,454	679	6.4	1.8	2.6
2012	37,206	2,388	632	6.4	1.7	2.4
2013	36,646	2,173	560	5.9	1.5	2.2
2014	35,456	2,050	537	5.8	1.5	2.5
2015	36,319	1,845	494	5.1	1.4	2.4
2016	37,110	1,850	475	5.0	1.3	2.3
2017	38,433	1,771	435	4.6	1.1	2.1

Calculated using the highest venous blood lead level a child had in a given year.

Geometric mean is an average that is often used to measure BLLs because it may be more accurate. It uses calculation slightly different from the traditional (arithmetic) mean to adjust for outliers. The geometric mean is based on BLLs with detectible amounts of lead in their blood. Therefore, this number represents the average BLL among those with any detectible amount of lead exposure.

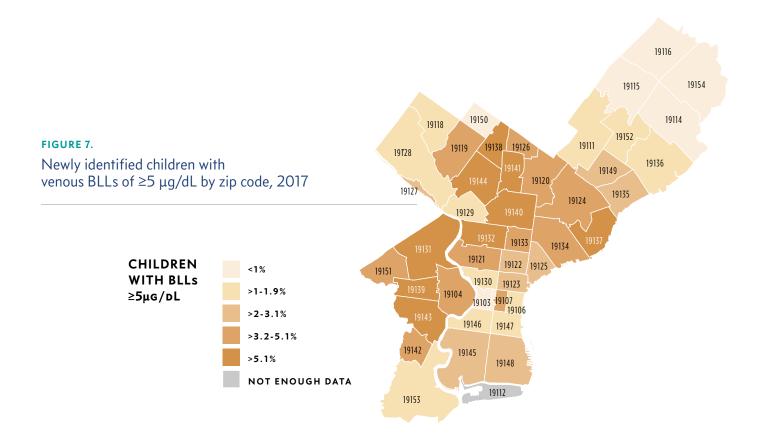
TABLE 5. Distribution of existing BLL levels (all specimen types) by category, 2013-2017.

BLL Category	2013	2014	2015	2016	2017
<5	33,237	32,223	33,443	34,208	35,818
5-9	2,828	2,666	2,373	2,413	2,160
10-14	381	369	326	299	275
15-24	143	142	134	148	139
25-44	39	44	35	35	30
45+	7	<6	7	7	11

For each child, their highest recorded BLL in a given year was identified and categorized.



These numbers do not necessarily represent newly identified BLLs. Some children may have had a newly identified BLL in a previous year, but continued to get tested in the following years for monitoring purposes. Please see the section titled "Explanation of Data" for more information.



SERVICES PROVIDED TO CHILDREN WITH ELEVATED BLL

TABLE 6.

Services provided by the Department of Public Health to children with newly identified elevated BLLs ≥10 µg/dL in 2017.

Services Type	Number of Children	Percent (%)
Educational visit	317	72.9
Inspection	246	56.6
Remediation	160	36.8
Proceeded to Lead Cour	t 74	17.0
No PDPH services provi	ded 122	25.7

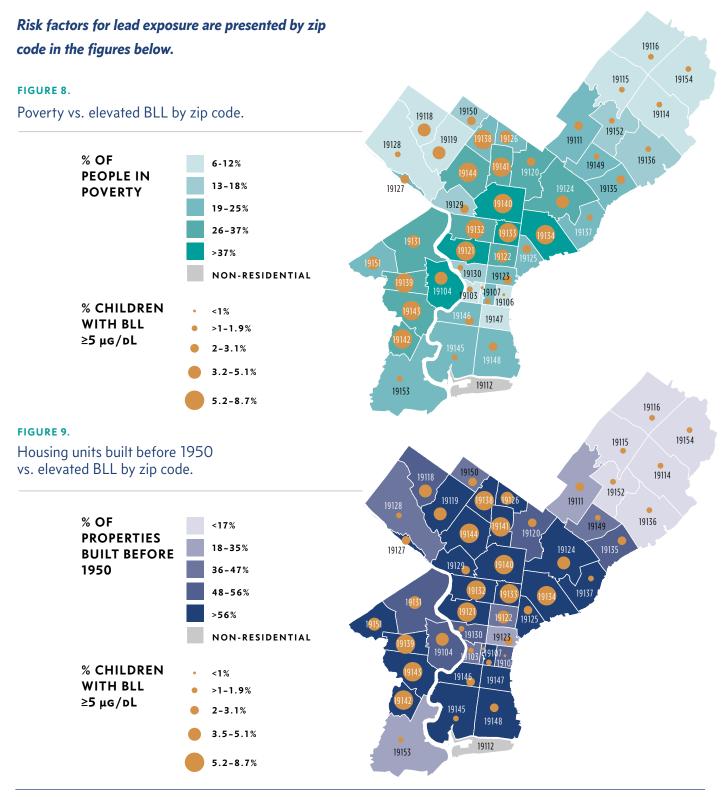
Notes:

Total count (N=435) includes children with newly identified BLLs by venous or unknown specimen types. For case management purposes, these cases are considered eligible for PDPH services.

Services such as educational visit, inspection, remediation, and Lead Court are not mutually exclusive.

Reasons for no services are mutually exclusive.

POVERTY AND AGE OF HOUSING ARE ASSOCIATED WITH ELEVATED BLOOD LEAD LEVELS IN CHILDREN





For more information, please contact:

Lead and Healthy Homes Program
Philadelphia Department of Public Health
2100 West Girard Avenue, Building #3
Philadelphia, PA 19130-1400

Tel: 215-685-2788