



# PHILADELPHIA PARKS & RECREATION

## 2018 Summer Rowing Camp at Lloyd Hall



### **R owing is fun... Friends, Fitness, Fantastic!**

Have you ever dreamed of rowing on the river? Are you interested in learning how to row? Well, here is a great opportunity for local teenagers to do just that.

Philadelphia Parks & Recreation will offer four (4) two-week sessions, for youth ages 13 to 17 years old, beginning on Monday, June 25, 2018. Encampments are \$25 per session. **(Please make checks payable to Lloyd Hall Advisory Council.)** During each session, campers will be taught the basics of the sport. Camp is held at Lloyd Hall on historic Boathouse Row. The camp hours are 9 a.m. to 3 p.m. Breakfast and a snack will be provided. Campers must bring their own lunch.

Safety is a top priority; we emphasize and teach personal safety to each camper through lessons on equipment handling, equipment maintenance and boat/water safety. Camp staff is comprised of veteran Crew Coaches, experienced rowers and certified Lifeguards.

Campers must be able to:

- **Swim and pass a swimming test on the first day of camp.**
  - This test includes swimming multiple laps & treading water
- **Be physically fit and able to participate in running and exercise drills.**
  - Please note: 1-3 mile runs are common during a camp week.(weather depending)  
Some other activities include: Rowing Machines Challenges, running of the Art Museum Stairs, Volleyball, Yoga, dodge- ball & a variety of different gym activities
- **Participate in other camp activities when not on the river.**
  - A tour of Boathouse Row, The Fairmount Waterworks
  - Guest Speakers

Every day, campers should bring the following: a bathing suit, sunscreen, and a towel. Campers should wear old summer clothing and old sneakers. Hats or sun visors are optional but highly recommended. **The camper can pack a lunch or lunch can be purchased at Cosmic Café located at Lloyd Hall.**

There will be space to secure personal items but Campers should not bring jewelry, portable electronic devices, or any valuables that could be lost, stolen, or dropped in the water. Philadelphia Parks & Recreation is not responsible for the loss of any such items under any conditions.

**IMPORTANT: Your child must complete the swim test (1<sup>st</sup> day of the session) before being allowed on the river. Please make sure the child has a bathing suit for the first day of camp.**

Questions? Call 215-685-3936/Email [lloydhall.staff@gmail.com](mailto:lloydhall.staff@gmail.com)

## Register Now!

We have a limited number of spots available and applications are processed in the order that they are received...so apply early!

**Please note: If your child has attended this camp in the past, they may not attend again, except if the camper was 13 years old during the 2017 camp. (\*Depending on demand)** This is to ensure that as many children as possible can have the Rowing Camp experience.

**\$25.00 per session. Parents may register their camper for one session only.**

Please place a 1 by the session you wish to attend, a 2 by your second choice, and a 3 by your third choice:

\_\_\_ Session 1: June 25<sup>th</sup> – July 6<sup>th</sup>\*

\_\_\_ Session 2: July 9<sup>th</sup> – July 20<sup>th</sup>

\_\_\_ Session 3: July 23<sup>rd</sup> – August 3<sup>rd</sup>

\_\_\_ Session 4: August 6<sup>th</sup> – August 17<sup>th</sup>

**\*No camp Wednesday, July 4, 2018 (Independence Day Observed)**

**IMPORTANT: If you have an email address, please be sure to include it on the application.**

**\*\*A COPY OF BIRTH CERTIFICATE IS REQUIRED WITH APPLICATION\*\***

**Rowers will not be registered without first submitting a copy of a birth certificate or passport**

***IMPORTANT: Keep page 1 for your records and send all other pages and checks made payable to Lloyd Hall Advisory Council to:***

**Lloyd Hall  
1 Boathouse Row  
Philadelphia, PA 19130**

- **Payments can also be made via PayPal to [lloydhall.staff@gmail.com](mailto:lloydhall.staff@gmail.com)**
  - When paying with PayPal, choose “Friends” to avoid fees

## **Additional rowing opportunities for select campers who have first completed the LLOYD HALL Rowing Camp:**

In partnership with Philadelphia Parks and Recreation, St. Joseph’s University will conduct 3 one-week camps starting *July 9th* with sessions running from 9 a.m.-12 p.m. daily. **Please note that only campers who have completed current or previous LLOYD HALL Rowing Camps are eligible for these encampments.**

Please indicate which session would be your first preference:

\_\_\_ July 9<sup>th</sup> - July 13<sup>th</sup>

\_\_\_ July 16<sup>th</sup>-July 20<sup>th</sup>

\_\_\_ July 23<sup>rd</sup> - July 27<sup>th</sup>

Philadelphia Parks & Recreation Rowing Camp is a program of the City of Philadelphia; Jim Kenney, Mayor, and Philadelphia Parks and Recreation; Michael DiBerardinis, Deputy Mayor for Community and Environmental Services. Participating sponsors include: The Philadelphia International Dragon Boat Festival, Saint Joseph’s University, Thomas Eakins Head of the Schuylkill Regatta, Dad Vail Regatta, the Fairmount Rowing Association, and Access to Rowing and Paddling Philadelphia (AXS2RP).

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