

Becoming a Breastfeeding Friendly Child Care Program

Schedule a **no-cost** Supporting Breastfeeding in Early Childhood Education Workshop for Early Childhood Education staff.

WHY?

Early Childhood Education programs play an important role in supporting breastfeeding mothers and their infants by welcoming breastfeeding mothers and making sure staff members are trained to handle breast milk and follow mothers' feeding plans. Increasing access to Early Childhood Education programs that support breastfeeding families will help women start and continue breastfeeding.



By the end of the workshop, Early Childhood Education Providers will obtain **2 Pennsylvania Quality Assurance System (PQAS) credits** and increase their awareness relating to:

- The benefits of breastfeeding to mothers, babies and their families.
- How to safely prepare, store and feed mothers' milk and formula.
- Resource materials and safe milk preparation and storage techniques that are encouraged by the American Academy of Pediatrics.

WHEN?

A **2 Hour** Workshop can be scheduled at your agency or
1101 Market Street 8th Floor Training Room Philadelphia, PA 19107

WHO TO CONTACT?

Nikki Lee RN, Lactation Consultant
PQAS Certified Specialty Discipline Instructor
Philadelphia Department of Public Health, Division of Maternal Child and Family Health
Email: nikki.lee@phila.gov or call 215-685-5225