

PHILADELPHIA  
**PARKS &  
RECREATION**

Play, Learn and Grow



*Professional Development Opportunity for Permanent Staff*

*Children and Nature Certificate Series*

*At Pennypack Environmental Center*

*8600 A Verree Road, Philadelphia 19115 (215-685-0470)*

Nature is all around us...*even in the city*...come discover ways to connect children in your programs with the nature they may be overlooking everyday...

<b>Friday, Sept. 14th</b>	<b>9AM-12PM</b>	<b>Nature &amp; Children's Health</b> Time spent outdoors supports many aspects of children's health. Review research on how exposure to the natural environment can promote increased physical activity, healthy development and overall well being.
<b>Friday, Sept. 21st</b>	<b>9AM – 12PM</b>	<b>Nature in the Playground</b> Outdoors is where a child can become part of the natural world...watching it and wondering about it. Keep it simple, low cost and share the message that nature explorations can and should happen right outside a child's own backyard.
<b>Friday, Oct. 5th</b>	<b>9AM-12PM</b>	<b>The Planet Protectors: Going Green</b> Going green is more than a slogan...it's a lifestyle. Learn how to empower children to Bring It, Bag It, and Protect It...by participating in the green movement.

**Certificates will be awarded to anyone who attends all three sessions**

(If you can't attend all three, you may register for individual sessions)

**Call Kathi Muller to register at 215-683-3636 before Mon. Sept. 10, 2012**



Philadelphia Parks & Recreation \* 1515 Arch Street, 10<sup>th</sup> Floor \* Philadelphia, PA \* 19102