



WANT TO TRY ROWING OR PADDLING?

BOOK YOUR FREE LESSON TODAY! *
**AT THE THIRD ANNUAL
LEARN TO ROW AND PADDLE DAY
AND HEALTHY LIFESTYLES EXPO**

CHECK ALL DETAILS ON LINE
AND PRE-REGISTER TODAY AT

www.access2rowingphila.com

OR SCAN THE QR CODE ABOVE WITH YOUR SMART PHONE (SCANNER APP REQUIRED)

**SATURDAY
AUGUST 11, 2012**
ON-SITE CHECK IN OPENS 8:30 AM
AT LLOYD HALL, BOATHOUSE ROW

** Lessons Grouped
In Three Two-Hour Sessions
Starting at 9:00, 10:15 and 11:30 AM*

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