

# Medicaid and Smoking Cessation Coverage in Philadelphia – Information For Health Care Providers

## Did you know?

- Nearly one-third of adults in Philadelphia covered by Medicaid are smokers.
- Most smokers have tried to quit in the last year but have not used assistance (e.g., medications or counseling).
- Smokers are twice as likely to quit successfully if they use assistance.
- You can write prescriptions for smoking cessation aids for your adult patients covered by Medicaid.

## Covered Medications:

With a prescription, your patients can receive the following medications for as little as \$1.00 per month:

- Nicotine patches
- Nicotine gum
- Nicotine lozenges
- Bupropion (Zyban)

## When providing care to a smoker, remember to:

<i>ASK</i>	Identify tobacco users at every visit.
<i>ADVISE</i>	Talk with the patient about tobacco use and urge them to quit.
<i>ASSESS</i>	Determine if the patient is willing to make a quit attempt.
<i>ASSIST</i>	Prescribe a medication unless contraindications exist.
<i>ARRANGE</i>	Arrange follow-up including counseling.

## Resources:

### The Pennsylvania Free Quitline (1-800-QUIT-NOW)

- The Quitline provides free, individualized counseling for patients before, during and after their quit date.

[www.smokefreephilly.org](http://www.smokefreephilly.org)

- SmokeFree Philly provides information on the harms of tobacco use and quit-smoking resources, including free community-based cessation classes.

[www.phillycopd.com](http://www.phillycopd.com)

- Philly COPD provides training (including CME) for physicians who want to improve the care of patients with COPD, including smoking treatment and counseling.

