



Get Healthy Philly: Tobacco Quit Smoking Programs

The Philadelphia Department of Public Health (PDPH) recently expanded quit smoking services with the addition of the *Get Healthy Philly* Tobacco Policy and Control Initiative. The Initiative seeks to build on existing resources to transform the social and policy environments in Philadelphia to decrease smoking initiation and promote successful quit attempts.

The Challenge

- ❖ Philadelphia has the highest smoking rate of the 10 largest U.S. cities, accounting for nearly 300,000 smokers citywide.¹ According to the 2008 Pennsylvania Household Health survey, more than 1 in 4 Philadelphians use tobacco products.
- ❖ Philadelphia's smoking rates vary by race and ethnicity: 29% of African Americans, 27% of Whites, 26% of Latinos, 14% of Asians and 31% of Other race/ethnicity are smokers.
- ❖ The largest disparities in smoking rates are by income: 41% of the low-income are smokers.

The Action Plan

Community - based quit smoking programs provide group counseling and one-on-one support. All programs offer free nicotine replacement therapies (NRT) to eligible adult enrollees. Our partners are:

- ❖ Council of Spanish Speaking Organizations (CONCILIO) – Provides Spanish-language quit smoking program for the adult (18+) Latino population in Philadelphia. Call 215-627-3100.
- ❖ Drexel University – Provides quit smoking programs for high risk young adults (18-25), women and pregnant women in the Philadelphia region. Call 215-255-7893.
- ❖ Health Federation of Philadelphia - Offers group and individual quit smoking services at eight City Health Centers and at many Federally Qualified Health Centers located city-wide. Call 215-246-5584.
- ❖ Mercy Hospital – Provides quit smoking services to adults in: Center City, South Philadelphia, West Philadelphia, Southwest Philadelphia, Germantown, and Roxborough. Call 215-748-9600.
- ❖ Southeast Asian Mutual Assistance Associations Coalition (SEAMAAC) - Provides community-based group and individual quit smoking counseling to adult (18+) Chinese-Speaking smokers in Philadelphia. Call 215-467-0690.
- ❖ University of Pennsylvania - Comprehensive Smoking Treatment Program - Provides quit smoking services to adults in: Northeast, Kensington, Frankford, Hunting Park, Tacony, Fox Chase, and parts of North Philadelphia. Call 888-PENN-STOP.

For more information, visit [www. SmokeFreePhilly.org](http://www.SmokeFreePhilly.org) or call 215-683-LIVE (5483).

¹ Centers for Disease Control and Prevention. *Behavioral Risk Factor Surveillance System Survey Data*. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2007.