



FREE Breastfeeding Help at Philadelphia Health Centers

CALL: Ana Tapia at 610-203-9840 or Marlene Gawarkiewicz at 267-226-4884

	Monday	Tuesday	Wednesday	Thursday	Friday
Health Center 2 1930 South Broad St.		Marlene Gawarkiewicz IBCLC 9 am – 1 pm			
Health Center 4 4400 Haverford Ave	Marlene Gawarkiewicz IBCLC 1 pm – 4 pm				
Health Center 5 1900 N. 20 th St.	Marlene Gawarkiewicz IBCLC 8:30 am – 12 pm				
Health Center 6 321 W. Girard Ave.		Ana Tapia CBC* 8:30 am – 11:30 am			
Health Center 9 131 E. Cheltenham Ave.				Marlene Gawarkiewicz IBCLC 8:30 am – 12 pm	
Health Center 10 2230 Cottman Ave.				Ana Tapia CBC* 8:30 am – 11:30 am	
Strawberry Mansion 2840 Dauphin Street			Marlene Gawarkiewicz IBCLC 9:30 am – 12 pm		
CONGRESO 216 W. Somerset St.	Ana Tapia* 8:30 am – 5 pm	Ana Tapia* 1 pm – 5 pm	Ana Tapia* 8:30 am – 5 pm	Ana Tapia* 1 pm – 5 pm	Ana Tapia* 8:30 am – 5 pm

*Bi-lingual (English and Spanish)

Ana Tapia's Breastfeeding and Family Support Groups: Congreso on the **third Wednesday** of the month; Health Center # 10 on the **third Thursday** of the month