

Increasing Access to LARC in Philadelphia

**Sara B. Kinsman, MD, MSCE, PhD
Division of Maternal, Child and Family Health
Philadelphia Department of Public Health**

**Board of Health Meeting
July 9, 2015**

Thank You

- **Board of Health Members and Commissioner**
- **Guest Presenters**
- **OB Chairs**
- **AHS Pediatricians**
- **Providers throughout the city who are working to increase access to LARC**
- **Women of Philadelphia who put their trust in us to provide the best care possible.**

Board Of Health Presenters

Aletha Akers, MD, MPH

Medical Director, Adolescent Gynecology Consultative Services
Children's Hospital of Philadelphia

Courtney Schreiber, MD, MPH

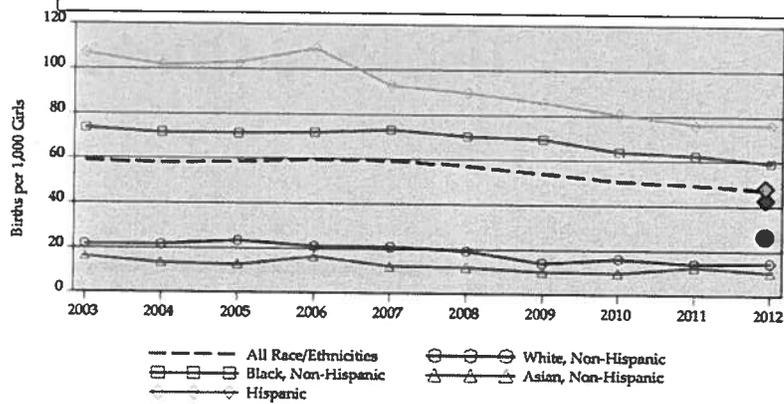
Director, Penn Family Planning and Pregnancy Loss Center
Director, Fellowship in Family Planning
Hospital of the University of Pennsylvania

Melissa Weiler Gerber, JD

President & CEO of AccessMatters

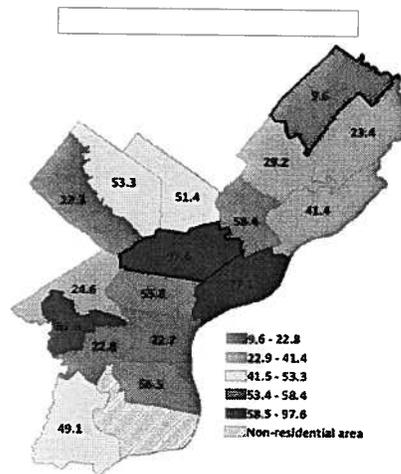
Adolescent Reproductive Needs

Births to Teens, 15-19 yrs, by Race & Ethnicity (2003-2012)



PDPH Community Health Assessment
www.phila.gov/health/pdfs/CHASlides_11513.pdf

Births to Teens, 15-19 yrs (2010)

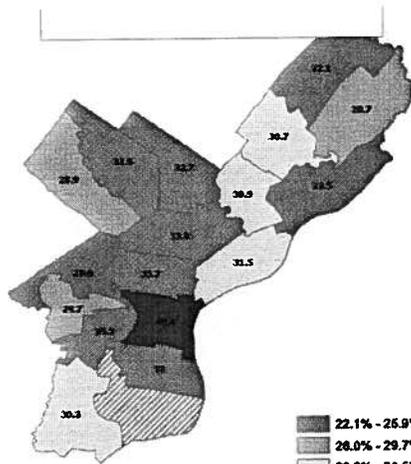


Source: vital statistics

PDPH Community Health Assessment
www.phila.gov/health/pdfs/CHASlides_11513.pdf

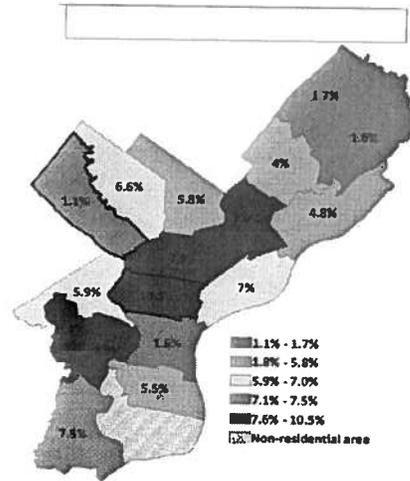
Unplanned Births

Interpregnancy interval < 18 months (2010)



Source: Philadelphia Vital Statistics, 2010

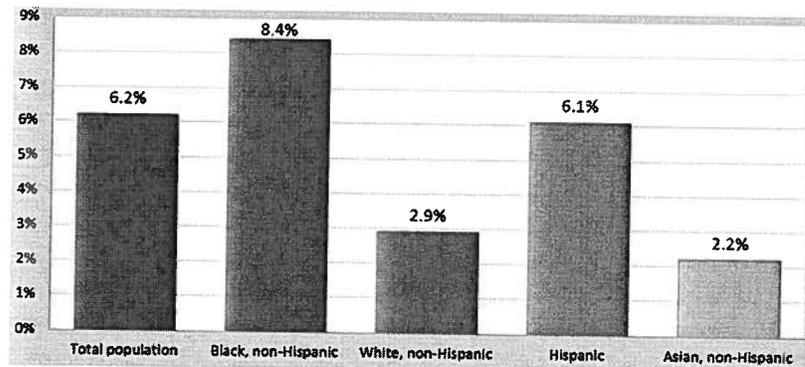
Higher Order Births ≥ 5 (2010)



Source: Vital statistics, 2010

PDPH Community Health Assessment
www.phila.gov/health/pdfs/CHAslides_11513.pdf

Higher Order Births ≥ 5 by Race/Ethnicity



PDPH Community Health Assessment
www.phila.gov/health/pdfs/CHAslides_11513.pdf

Intergenerational Opportunity

- **Unplanned Pregnancies**
 - Births to Teens
 - Repeat Births to Teens
 - Close Birth Spacing
 - Having 5 or More Children

- **Associated Challenges**
 - Child Development
 - Maternal and Infant Physical Health
 - Emotional Wellbeing and Mental Health
 - Neighborhood Mobility
 - Intergenerational Economic Mobility

Chetty, R., Hendren, N., Kline, P., & Saez, E. (2014). *Where is the land of opportunity? The geography of intergenerational mobility in the United States* (No. w19843). National Bureau of Economic Research.

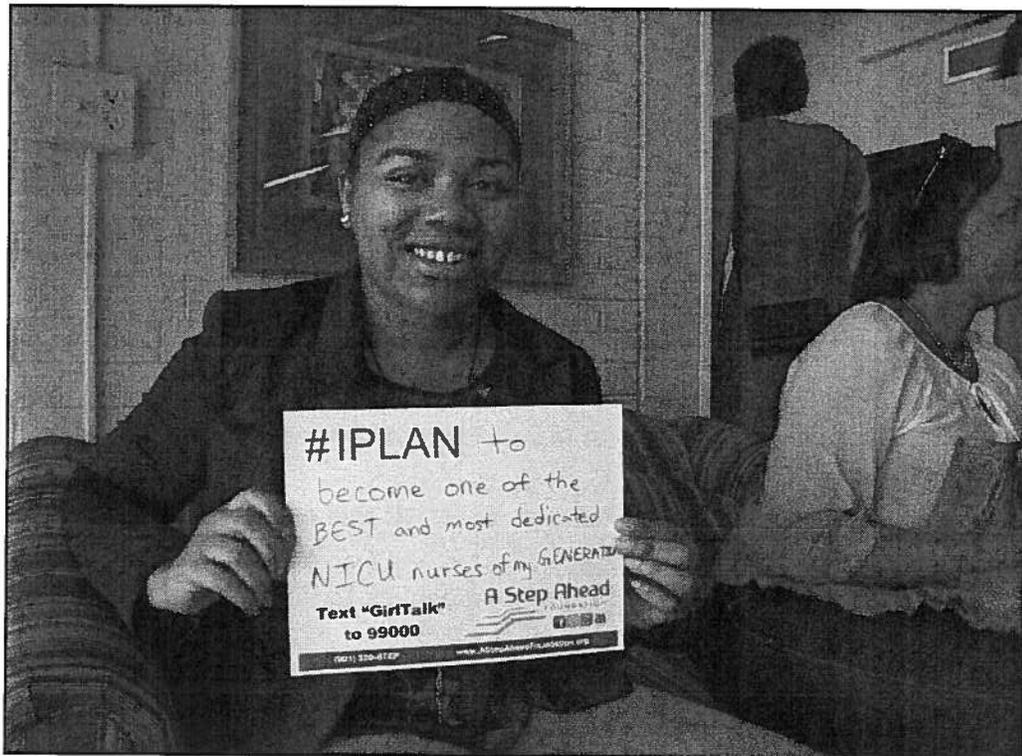
Reimbursement and Access to LARC

Access to All Methods of Contraception

"Plans and issuers must cover without cost sharing at least one form of contraception in each of the methods (currently 18) that the FDA has identified for women in its current Birth Control Guide. This coverage must also include the clinical services, including patient education and counseling, needed for provision of the contraceptive method."



<http://www.dol.gov/ebsa/faqs/faq-aca26.html>
Coverage of Food and Drug Administration (FDA)-approved Contraceptives

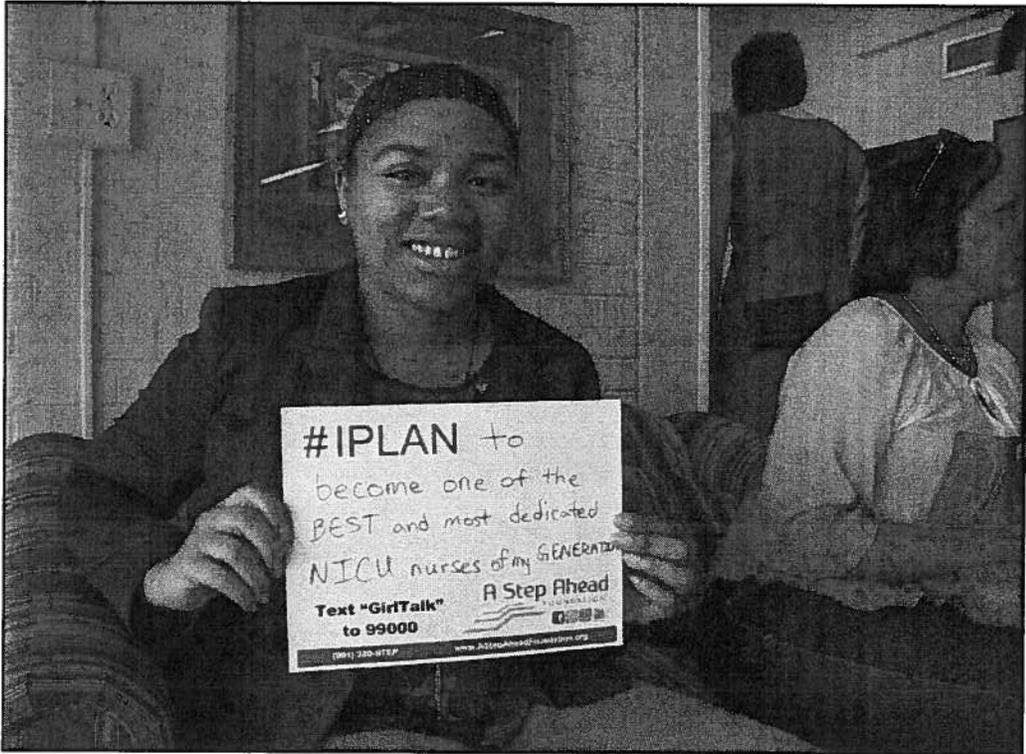
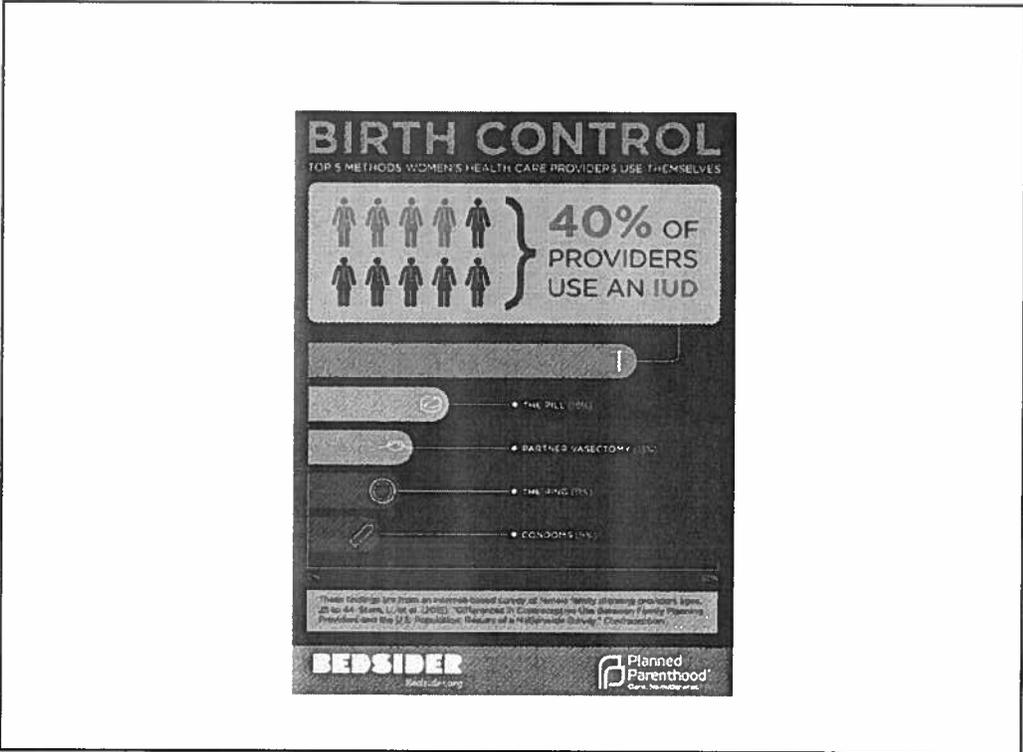


Recommendations

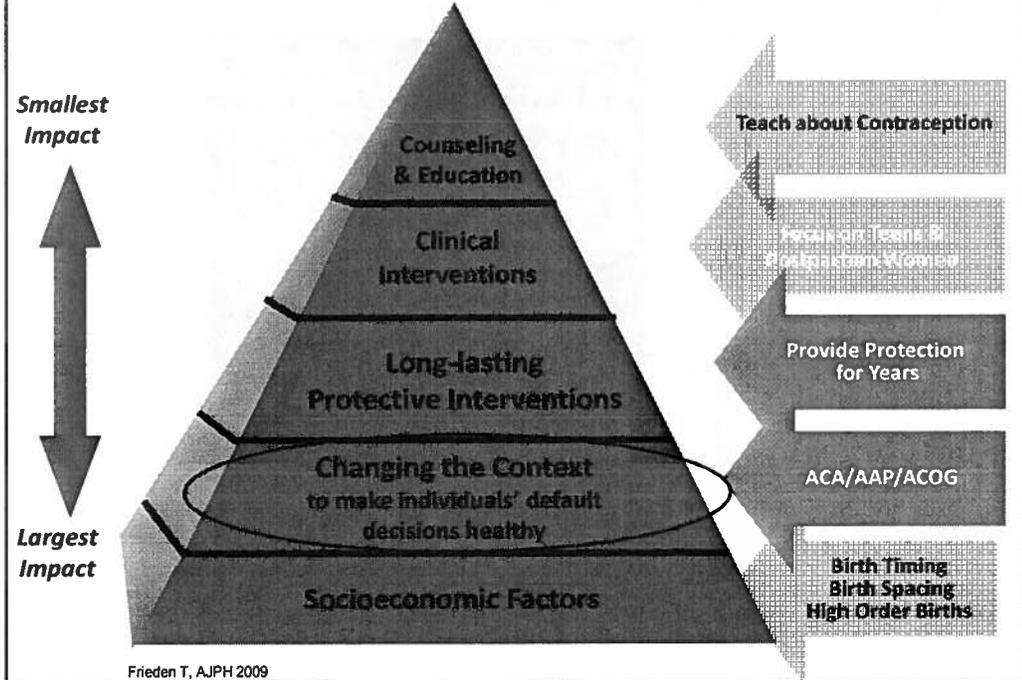
- **LARC is a safe, effective and long-lasting.**
- **Access to LARC is vitally important for Philadelphia women.**
- **Providers should inform Philadelphia teens that LARC is safe and the most effective birth control to prevent pregnancy.**
- **Women who are planning to achieve adequate birth spacing should receive post-delivery LARC in Philadelphia.**
- **Provider training needs to be comprehensive and include the required supervision period in Philadelphia.**

Recommendations

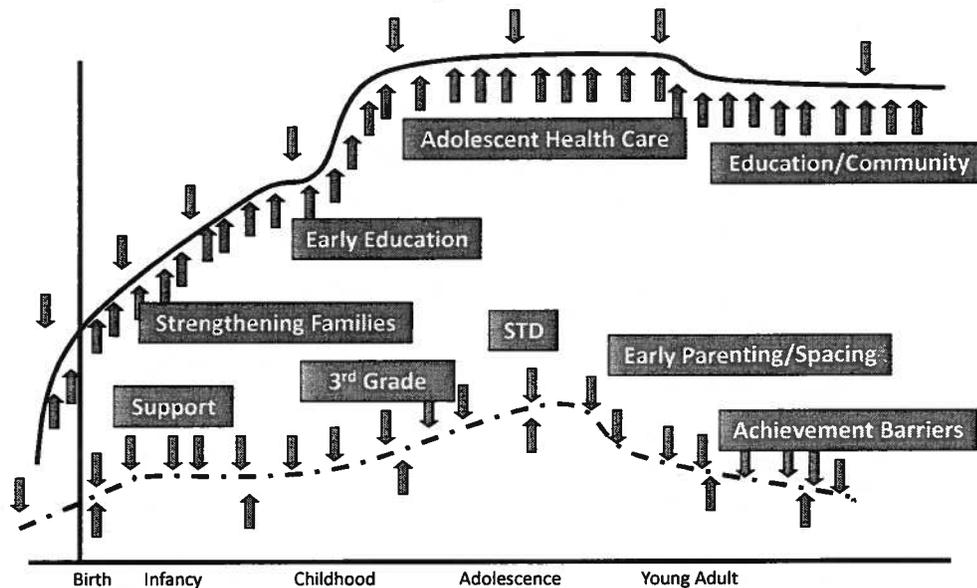
- **ACA mandated all insurers to cover 1 choice of 18 FDA approved.**
- **ACA mandated insurers to cover devices, insertion & counseling.**
- **Medicaid in PA can increase access to LARC by addressing coding solutions for inpatient/post-delivery insertion.**
- **PDPH will monitor access to LARC and related health indicators.**
- **PDPH will support increased access to LARC for all women in Philadelphia.**



What Can We Do in Philadelphia?



Effects of Poverty Across the Life Course



(Lu MC, Kotelchuck M, Hogan V, Jones L, Wright K, Halfon N. Closing the black-white gap in birth outcomes: A life-course approach. *Ethn Dis.* 2010;20 (1 Suppl 2):562-76.)