



# SENIOR STRUT, A Health Event in the Park

Presented by Fairmount Park Conservancy, Philadelphia Corporation for Aging (PCA) and Philadelphia Parks & Recreation

**One mile kick-off walk led by Mummers • Free t-shirts  
Health information, free screenings and fitness activities  
Demonstration stage • Nutritious snacks • DJ Patty Pat**

**Meet Mike Quick, former Eagles wide receiver & Eagles radio sports analyst**

**Friday, October 9<sup>th</sup> • 9:30 a.m. to 12 p.m.**

**Lloyd Hall, 1 Boathouse Row, Kelly Drive**

**TICKETS ARE \$3 AND MUST BE PURCHASED IN ADVANCE.**

**Participants must be age 60 or older. Free parking. Accessible by SEPTA bus routes 32 and 38.**



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