

Save The Date!

The Senior Strut: A Health Event in the Park

Tuesday, June 18th 9:30 a.m. to 11:30 a.m.

One mile Walk along Kelly Drive, Boathouse Row

Includes a Health Fair: Free screenings, fitness activities and demonstration stage, healthy snacks, door prizes and more!

*Check out the Milestones May issue for more information
or www.pcaCares.org*

