

Sign up Half Price for the Philadelphia Games

More than 500 participants are expected to compete in the Philadelphia Games Saturday, June 6 and Monday through Friday June 8 to 12. Philadelphia residents 50 years of age and older compete in sports such as swimming, bowling, golf, basketball, pickleball, darts, table tennis, bocce, track and field, and a triathlon and duathlon. Participants also have a chance to try various types of exercise such as Zumba, muscle toning, and self defense at the Healthy Lifestyles Expo on opening day. One of the biggest changes in recent years has been the addition of billiards, chess, checkers, scrabble and pinochle in recognition that it is just as vital to healthy aging to keep the mind alert and stimulated.

On Saturday, April 18 Philadelphia residents 50 years of age and older will have the opportunity to sign up for the Philadelphia Games for a discounted price of \$5.00. The sign-up event will take place at Simons Recreation Center, 7200 Woolston Avenue, Philadelphia PA 19138 from 10:00 a.m. until 12:00 p.m. Come to the sign-up event and learn about the Games, register for half price, meet some of the athletes, grab some refreshments, and save some money!

Whether you're a seasoned athlete who has been competing for years or an eager rookie who is ready to try, the Philadelphia Games offers you an exciting experience. The Philadelphia Games are coordinated by Philadelphia Parks & Recreation in cooperation with the lead sponsor Independence Blue Cross. Other major sponsors include the Philadelphia Corporation for Aging, Cigna HealthSpring, Lincoln High School and the Maramont Corporation.

For information about the Games, visit the website: www.philadelphiagames.org.



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