

## Lower Mayfair Gymnastics News



A future generation of talented gymnasts was on display at St. Timothy's Hall on April 16 for the annual Lower Mayfair Playground Gymnastics Show. The season ending event, performed before a jam-packed arena of family and friends, capped a season full of practices, instruction and competitions for the young gymnasts.

The girls, in several different skill levels groups, shone brightly as they put on a dazzling display of tumblers, tucks and hand springs set to the background music of some of today's music stars. The girls ranged in age from 4 to 14.

The night was capped by a performance from the team competitors. The nine-member teams, which include a member as young as 5 years old, had an especially strong showing in their competitions this year. The squad captured 59 medals, including 30 first place awards.

"We mostly want the girls to have fun and to learn, but also to develop team spirit and confidence," said Jess Galdo, director of the Lower Mayfair Gymnastics program. "It combines agility, dance, balance and being light on your feet, as well as competitive spirit. We want to show the girls how to cheer for each other and show love and support for one another."

For more information on the Lower Mayfair Gymnastics Program, please call the office at (215) 685-1227. The staff would like to thank all involved for a memorable ending to a great season.



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