



## After School Professional Development 2013-2014

### Basic Training Descriptions

Below is a list of the workshops offered for After School Staff. RSI/GSIs who have completed less than three years are required to attend 24 hours of training (12 mandatory, 3 elective). RSI/GSI's who have completed more than 3 years are required to attend 12 training hours (9 mandatory, 1 elective).

Only those who are **HIRED** by Philadelphia Parks & Recreation will be paid for attending training.

Workshop	3 +	-3	Description
***After School Administration	YES	YES	Basic information needed to successfully run a Philadelphia Parks & Rec. After School Program.
***Social Emotional Curriculum	YES	YES	These intentional lessons help program staff & children understand the direct connection between their feelings, attitudes, and behaviors. They challenge children to not only learn new social skills but enhance their thought process and about making better behavior choices for themselves & for the impact on everyone around them.
***Physical/ Nutrition Guidelines	YES	YES	Basic physical activity instruction along with an introduction to the new Nutrition Guidelines.
**"Tough Kid" Classroom Management	NO	YES	To help staff to motivate & manage even the toughest-to teach students. Learn to implement effective behavior management strategies
*School Age Mind in the Making	NO	NO	Participants will explore how relationships, confidence, curiosity, temperament, memory, stress, etc. influence children's learning.
*Classroom Management	NO	NO	HIGHLY RECOMMENDED for all who have never had it. Tips and strategies for how to lead activities and lessons in a stress-free way.
*Using the 40 Developmental Assets to Build Resiliency in Youth.	NO	NO	Find out how you can become an intentional asset builder & help youth make healthy choices that will inoculate them against a wide range of risk-taking behaviors, including substance abuse, violence, and school failure
Literacy and the Arts in Afterschool	NO	NO	Learn how to build literacy skills in young readers through story telling reader's theater, skits and creative word games.
Links to Learning: Engaging Families	NO	NO	Focus on the importance of family engagement in afterschool with regard to children's learning and development.
Planning to Make it Happen in School Age Care	NO	NO	How to shape interest into meaningful program activities.

Nature and Children's Health	NO	NO	Explore research on how exposure to the natural environment can promote increased physical activity, healthy development and overall well being for children.
Inspiring Habits of Mind Through Project-Based Learning	NO	NO	This session will help practitioners link the 16 habits of the Mind" Focus will be on how practitioners are currently engaging their children in problem solving activities and how they could employ the project-based learning activities.

Workshops \*\*\* are required for all.

Workshops \*\*are required for those with less than four years experience.

Workshops \* are not required but are HIGHLY RECOMMENDED for all.