



PHILADELPHIA PARKS & RECREATION

2015 5K Run, Walk or Roll

On October 17, Philadelphia Parks & Recreation was present at Lloyd Hall to assist with the [Spina Bifida Association of the Delaware Valley](#)'s 5K Run, Walk or Roll.

SBADV has been holding this event since 2010 to raise money and awareness for people affected by Spina Bifida in the Delaware Valley region. The main event is a 5k race, in which participants of all ages have the option to run, walk, or use a mobility aide such as a wheelchair or hand cycle. There is also a one-mile fun walk for people who do not want to do a 5k. At the conclusion of the race, there is a 50/50 drawing and chances to win several raffle prizes.

PPR staff participates in this event in a variety of ways. Peggy Jastrzemski, Jim Marino, and former PPR Program Director, Stuart Greenberg, play an especially big role in coordinating the event throughout the year. John McBride has also served as the emcee for the last several years. Other staff members from various districts do things such as assist with set up, clean up, registration and monitoring food stations and mile markers. When asked what her favorite aspect of this event is, Peggy said, "getting to support a great cause and seeing all the people who participate, especially the kids."

This year's event was the largest to date. A total of 168 people participated, which is double from last year's total!